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How To Protect Yourself On City Streets

By MalaMaal.com

How To Protect Yourself On City Streets

Street crime is on the increase in most large U.S. cities. It is also becoming more prevalent in small communities. The following list of "safeguards" will help protect you – and may even save your life! 1. When leaving home, make sure that all doors and windows are locked – including the garage door. 2. Watch for loiterers and do not carry large sums of money. 3. If possible, travel with another person. This is especially true after dark. 4. When carrying a purse, women should have only 3 or 4 one dollar bills placed inside. Credit cards, currency, driver's license, keys and jewelry should be carried in a coat or sweater pocket or concealed on your person to reduce the opportunity of large losses. If you do carry a purse, don't wrap the strap around your shoulder, neck or wrist. If your purse is grabbed, a strong strap will not yield easily and you may be injured. Some purse snatch victims have been thrown off balance & received concussions, broken hips, arms or legs. Don't carry anything more valuable than you can afford to lose. Always leave all unnecessary credit cards at home. When you shop and carry a purse, put it in your shopping bag. 5. At night, travel only well-lighted and well-traveled streets. 6. Never hitchhike or accept rides from strangers. 7. Walk on the side of the street nearest to oncoming traffic. If accosted by someone in a car, run in the direction opposite the way the car is headed. 8. Beware of people who approach asking directions; keep a polite but safe distance. 9. A good suggestions for men is to carry a second wallet containing a few \$1.00 bills and old expired credit cards, which are normally destroyed or discarded. If confronted at knife or gunpoint, give the suspect the second wallet and concentrate on a good physical description to help the police in making the arrest. 10. Upon returning home, particularly after dark, do not linger at the entrance of your residence. Make a quick check for mail or newspapers, and enter immediately. If you feel something is strange, don't enter but go elsewhere and call for police assistance. 11. If you feel someone is following you, go to the nearest occupied residence or building, and ask for assistance.

If you are confronted with a dangerous situation, cry out for assistance. Yelling "FIRE! FIRE!" instead of "Help!" will generally bring faster attention.

Two more important reports worth reading: "How To Protect Yourself When Traveling" – available from the above publisher for \$1.00 and a long, self-addressed stamped envelope . . . and "How To Stop Mail Order Crooks" tells how to put dishonest mail order firms out of business without expensive legal

assistance.

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3 stars hotel in Rome

By stefano sandano

Rome is a reality. For Rome, more than for most cities, this always has been the central dilemma of city life: how to maintain its priceless heritage while improving the lot of its cheerfully inhabitants. Certainly the 2000 year Jubilee inspired efforts of recent years and have made a difference. Transport has been boosted, new museums have been opened and old ones renovated, and the long awaited Auditorium has opened to universal praise. The city hasn't re–found the heady days of la dolce vita, but it's looking good and it's feeling better than it has for a long time. Pride also informs much of the typical Roman character: romans are first and foremost Roman and only then italian.

In a country of unparalleled beauty, both natural and architectural, Rome remains the jewel in the crown. In no other city you can see so much in such a short space of time and yet merely scratch the surface. About 10 feet below ground level exists another world, with traces of other settlements deep still. In Rome every period has left a mark. In fact from the time when it was a caput mundi (center of

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the world), through the development of Christianity to the present day (a period of more than 2.500 years), Rome has become an unsurpassed anthropological and archaeological archive of Western culture. And it's enough to wander the streets to see this.

The art of Michelangelo, the sculptures of Bernini, the palaces and the cobbled streets, the perfectly formed piazzas, Rome is all this. Nothing is hidden, it's all there waiting for you much as it has been for hundreds of years. Rome is yet the capital of the world:it's a city of palaces and temples, more glorious than those which any city contains. And it's also a duty of the Rome hotel owners to keep efficient this immense heritage.

Stefano Sandano is an archaeologist of Rome and is the owner of the website

<http://www.hotelsaroma.com>

where you can find more informations about Rome.



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