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How You Can Dry Flowers/How You Can Wax Fresh Flowers

By MalaMaal.com

How You Can Dry Flowers/How You Can Wax Fresh Flowers

You can enjoy the freshness of a flower garden throughout the year by cutting and drying your favorite flowers. The two easiest and least expensive methods are sand-drying and air-drying.

Sand-drying can be used to dry a wide variety of flowers, such as roses, tulips, dahlias, marigolds and snapdragons. Flowers which last only one day, like day lilies, do not dry well. Do not dry asters, azaleas, chrysanthemums, geraniums, petunias, phlox, pinks, poppies or violets. But feel free to do your own experimentation.

To prepare for sand-drying, cut the flowers at the peak of their show as any imperfections will be exaggerated by drying. Pick the flowers after the dew has fully evaporated. Make sure the stems are dry.

Prepare the flowers by reinforcing the stems and blossoms with florist's wire or with white glue. For daisy-type flowers and flowering shrubs, push a 6" piece of wire through the stem and right through the flower head; bend the end of the wire into a hook over the flower head and then pull it down, thus securing the head to the stem.

For flowers such as roses and tulips which are dried face-up, cut off most of the stem except an inch or so and insert the wire as above.

For many-petaled flowers, use glue instead of wire. Diluting the white glue with a drip of water and using a toothpick, dab a thin coat of glue at the base of each petal, working the glue into the base of each flower to attach each petal to the base. Dry completely.

To dry the flowers, slowly cover them with white sand in deep, open boxes. Cup-shaped or rose-shaped flowers should be dried face-up. Make the sand deep enough to hold the flowers in an upright position, position the flower carefully and slowly pour the sand around the base of the flower, then around the sides and under and over the petals. Pour the sand evenly and slowly in order to preserve the natural shape of the blossom.

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Daisy-type flowers should be dried face down. Make an even base of sand in the box and make a little dip in the sand the same shape as the flower. Hold the flower steady and carefully build up the sand around the blossom until it is fully covered.

Snapdragons, lilac, elongated flowers and flowering branches should be positioned horizontally in the sand, flowering branches face up. Carefully pour the sand around and between the flowers and into individual blooms. A soft artists' brush will help you in lifting the blossoms slightly as you pour the sand so that they won't be flattened by its weight.

When all the flowers are completely covered with sand put the drying box in your drying area and leave undisturbed for one to three weeks. Rapid drying in a very warm, dry and brightly-lit place will produce bright blossoms; slower drying in a more humid spot will produce more muted colors.

Removing the sand should be done very carefully, tipping the container slightly, allowing the sand to flow slowly from one corner of the box. As each flower is released from the sand, lift it gently out.

If you wish to store your dried flowers for later use, seal them in airtight containers such as tins or plastic boxes sealed with masking tape, or in sealed cardboard boxes enclosed in airtight plastic bags.

Air-drying can be very successful with herbs, everlastings and ornamental grasses. Choose perfect plants with long stems, removing the lower leaves. Put the flowers in small bunches, fastening them together with an elastic band; then open each bunch into a fan shape. Hang the flowers head down from nails in a dry, dark place for one to three weeks until they are completely dry. The colors will usually be muted. Display your flowers in the house or store them as above.

You may want to experiment with waxing fresh flowers. This too is simple; just melt some paraffin wax and plunge each individual flower into the wax. Remove and shake the excess wax off each flower. Put it into the refrigerator to set and harden.

Having dried, preserved flowers in your home year-round can really brighten it up. You may want to give dried flower arrangements as Christmas gifts. It is a wonderful, satisfying hobby to preserve your own flowers. You can also make lovely cards by pressing your flowers and covering them with clear mac-tac on a piece of construction paper. It's easy to do and looks lovely.

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How To Check If Cut Flowers Are Fresh

By Gerry Belvedere

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Fresh flowers should feel crisp or firm. Before you buy, run your hand under the flower heads from stem to petal tip. Proceed gently under the petals so as not to bruise them.

If the flower vendor objects, give them a withering look and enquire in a loud voice, "Are these flowers fresh?"

If the flowers feel soft, cool or damp, don't buy them.

Keep testing the other bunches until you find a good one. Often there are only one or two bunches older than the others. Look and listen. Really fresh flowers will make a soft rustling sound as you stroke them.

As flowers age:

- the foliage will start to yellow from the bottom upwards
- the stems will discolor from the bottom up as bacteria spreads from the cut
- seeds or pollen on the flower head will open and shed spores
- the petals will fade in colour, lose moisture, dehydrate and eventually collapse

Remember:

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Change the water daily, recut the stems often and enjoy your flowers longer.

Gerry Belvedere is a former artist who now runs her own online florist service at <http://www.rosaflora-flowers.com>. Rosaflora delivers flowers Australia wide and overseas and offers tips on getting the most out of your cut flowers.



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