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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Sachets

By MalaMaal.com

Sachets

S A C H E T S

Recipe 1

Combine 2 cups of rose leaves with 1-3/4 cups vetiver root, 1-1/2 cups patchonly herb and 3/4 cup mace. Fill little cotton bags with the mixture and tie with a ribbon.

Recipe 2

Combine 3/4 cup calamus root, 1/2 cup caraway seeds, 1/4 cup ground cloves, 2 cups lavender flowers, 1 cup marjoram, 1 cup mint, 2 cups rose leaves, 1/2 cup rosemary and 1/4 cup thyme. Mix well.

Recipe 3

Combine 1/4 cup orrisroot, 4 cups lavender flowers, 3 cups patchonly herb, 1/4 cup ground cloves, 1 cup deerstongue leaves and 1/2 cup ground allspice. Add 10 drops oil of rose, 10 drops oil of lavender, 12 drops oil of neroli and 1/4 tsp. oil of sandalwood. Mix well.

Recipe 4

Combine 4 cups cassie flowers, 1/4 cup orrisroot powder and 1/2 cup starch. Mix well.

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Make Sachets With Potpourri And Essential Oils

By Katelyn Thomas

Do you have potpourri and essential oils coming out your ears? If so, you may want to consider using them to make simple sachets as gifts. Sachets are great for tucking into bureau drawers to make your clothing smell wonderful and also can be used in closets.

To make a sachet, you will need muslin, ribbon, and some potpourri. Cut a four inch by eight inch piece of muslin. Fold it in half with the right sides together so that you make a four inch by four inch piece. Sew the two side edges and turn the muslin sack right side out.

Next, fill the sack two thirds of the way with your potpourri. Add a few drops of your favorite essential oils. Then, gather the top edges of your sack and tie them off with the ribbon. If you will be giving the sachets to people who will be hanging them in closets, make a hanging loop in the ribbon. Otherwise, make a pretty bow. Add decorative elements such as fabric flowers, buttons, or bits of lace to dress up your sachets.

If you want to make the sachets a bit fancier, you can use decorative cotton fabrics or even lace to make your sacks instead of using simple muslin.

For a fun variation on the sachet, make scented kitchen hot pads as gifts. You can use store bought hot pads or make your own. If you use store bought hot pads, open a few inches on one seam and add a few drops of essential oil or herbs and spices like cinnamon or nutmeg. Then, sew the seam back up. When a hot plate of food or a cup of tea sits on the hot pad, the warmth will release the scent.

Sachets

Whether you make sachets or hot pads as gifts, you will be able to give useful presents that smell fabulous.

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our forum to talk about aromatherapy and soapmaking.

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