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**Tarot Cards & Tarot Readings**

**By Mary Shadow**

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Over the years I have used Tarot cards as a tool to gain insight, clarity and achieve greater control over issues in life. Many people wonder how a deck of cards can tell us anything but as we study the cards we realize that they go way beyond the pictures that we see. As we use the cards we gain a greater understanding of ourselves and the world around us. We can see the cards as a journey that each of us must take and complete to master the lessons we are here to learn on the earth plane.

It is believed that Tarot Cards originated in the 14th–15th centuries. There are many possibilities as to where tarot cards come from including Egypt, France, Italy, Spain, China and India.

The type of Tarot Card Deck used is based upon personal preference. I have used the Rider Waite Tarot Deck and Robin Wood Tarot Card Deck in the past. More recently, I have experimented using the Goddess Tarot Deck. Many beginners like to use the Rider Waite Tarot Deck. One piece of advice I shall give to you regarding choosing a deck, is to use a NEW deck of cards. A used deck of cards may be carrying the energy of the previous owner and will interfere with your reading.

Traditionally, there are 78 cards in a Tarot Card deck and is separated into two parts; the Major Arcana and Minor Arcana. The 22 Major Arcana Cards of the Tarot deck symbolise the universal patterns of human nature. The 56 Minor Arcana cards of the Tarot deck is further divided into 4 suits– Pentacles, Cups, Swords & Wands. They represent the energy, emotions and activities of our daily lives.

As each tarot card has a unique astrological meaning and numeric significance, the cards can be used to gain insight, clarity, and achieve greater control over issues involving relationships, life changes, work and career, health, spirituality, dreams, and family.

Whilst, anyone can do a tarot reading, it takes commitment to be able to truly understand the cards.

May the Guides be with you always,

Mary

Mary Shadow has been performing psychic readings for over 10 years. Her and her team are renowned for reuniting lost lovers and showing the way to happy long lasting relationships. She has become an expert in online and phone psychic readings.<http://www.MaryShadow.com>/<http://www.PsychicGuild.com>

### **How Tarot Cards Can Help Youi;½Really!**

**By Glen Wearden**

#### What Are Tarot Cards?

Made up of no less than seventy–eight cards, each deck of Tarot cards are all the same. Tarot cards come in all sizes with all types of artwork on both the front and back i;½ some even make their own Tarot cards. The meaning and the message of each one of those seventy–eight cards, however, always remains the same.

Tarot cards were first used by the Celtic people more than two thousand years ago. Many believe that Tarot cards serve only to tell the future, but this is not true. When used traditionally, Tarot cards speak of the past and present, and are supposed to give clues and ideas about the future that you are potentially heading into.

#### Whati;½s In the Cards?

Tarot cards are made up of four suits i;½ much like any regular deck of cards. In fact, Tarot cards have all the same values as traditional playing cards: ace through king for each suit. Only one extra card is added to the royal family in Tarot cards i;½ the squire, his position is just under that of the knave (also known as the jack).

The suits are as follows: wands, which in general speak of esoteric issues such as spirituality or creativity; swords, which speak of conflicts and tensions; cups (or pentacles), which are always about money; and cups, which deal in relationship matters and love. The other twenty–two cards of the standard Tarot deck are called the Major Arcana cards, and are all very specific. Cards such as the Devil, the Tower, and Death are in the Major Arcana.

#### How Could a Tarot Card Reading Actually Help Me?

When done traditionally, a Tarot card reading can put everything into perspective in a clear and understandable way. Every Tarot card reading is prefaced by a question, one that you do not have to reveal to your Tarot card reader but that you keep to yourself. Each card will come up in the past, present, or future position and will shed some light on the topic of your question.

Whether or not you believe in spiritual or esoteric things, or even in the art of telling the future, a Tarot card reading can help you better understand your own thoughts. Youi;½ll realize potentially dangerous patterns in your life, and get a better understanding of self. Even the question that you ask in your mind can help you understand something about yourself, and in this way a Tarot card reading can truly help you.

#### Can Anyone Read Tarot Cards, Or Do I Have To Call Someone or Go Online?

## Tarot Cards & Tarot Readings

Anyone can learn how to read Tarot cards. There are many books available, both in online and physical bookstores that will tell you the meaning and message of each and every card. Every card in Tarot has a card-specific meaning, and a message or warning. The good news is, there's no secret about what these cards mean to convey so you, too, can learn how to read the Tarot.

Once you know the meaning of the cards (and it's not something you have to memorize; it's perfectly okay to keep notes by you when you try to give yourself a Tarot card reading), you can read the Tarot for yourself or for others. Any book you read about the Tarot will explain the spreads to use

the way to lay the cards out to understand their meaning and placement in the scheme of your question.

### An Ancient Mystery

Tarot cards are more ancient than religion. Tarot cards are older than most languages and most writing, and yet they are still around and are still being used today the exact same way they were used thousands of years ago. If Tarot cards didn't help people, why would they still be used and still be so popular?

I have been studying Tarot for seven years and have incorporated it in my daily meditation routine –

. My purpose for this article is to give others a free resource which can

hopefully change their lives for the better.



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