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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**10 tips to make your home child-proof**

**By Berry Everitt**

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Accidents in the home are a major cause of unplanned hospital or clinic visits, and homeowners with young children need to take special care to guard against mishap. Here are the top 10 actions that safety experts recommend they take to "child-proof" a home:

- \* Power points. Ensure that all unused plugs have plastic safety guards inserted to keep out little fingers.
- \* Blind cords. These should be wound round a fixture relatively high on the wall, as trailing loops can choke and even hang a small child.
- \* Bookcases. Make sure these are firmly fixed to the wall with brackets so that they cannot fall over when used as standing aids or "stairs".
- \* Stairs. Safety gates should be installed at the top and bottom of staircases – and kept properly closed at all times.
- \* Decks and balconies. Railings should be close enough together to ensure that a child cannot squeeze through them. If they are not, plastic mesh at least 1m high should be firmly fixed to the vertical railings and the floor.
- \* Medicines and chemical cleaners. They should be stored in closed, preferably locked cupboards, well out of reach of any climbable furniture.
- \* Stove. Ensure pot and pan handles do not project over the edge of the stove and do not leave a climbable chair or stool near the stove.
- \* Bath and shower. Place a non-slip mat or adhesive strips on the bottom of the bath and floor of the shower cubicle.
- \* Glass doors. Place stickers or decorative decals on the glass to ensure that the door is clearly visible when closed.
- \* Garage. The best strategy is to keep all children out of the garage, but, just in case, keep the cars locked, store dangerous pesticides and herbicides in a locked cupboard and ensure that the automated door switch and remote controls are placed out of reach.

Berry Everitt is the Managing Director of Chas Everitt Real Estate, property specialists throughout South Africa.<http://www.everitt.co.za>

## **Child Safety Tips**

**By Monique Dyer**

### **Child Safety Tips by Monique Dyer**

#### 6 Ways to Prevent Child Abduction

1. Never leave your child alone in a public place, car, or stroller.
2. Point out a safe house or houses in your neighborhood, where children can go if they are in trouble.
3. Check older friends of your child and all potential babysitters.
4. Do not use clothing and toys with your child's name on it. A child will less likely to fear someone who knows his/her name.
5. Always accompany your child into a public restroom.
6. Keep an up-to-date color photograph of your child, a Child ID, and medical and dental history, and have your child fingerprinted.

Child abduction is a growing concern and there are simple precautions that you can take to help safeguard your children.

Monique Dyer, President of Accurate Drug & DNA Testing, a Atlanta-based company selling on-site drug testing kits to businesses and DNA Testing services to consumers. She currently has a bi-weekly child safety tips newsletter, promoting safety with Children's identification, fingerprinting, and DNA Kit to parents. To subscribe go the website at the bottom of the page  
<http://www accuratedna.com/childrenSAFEGUARD YOUR CHILD!>



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