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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**101 Reasons To Take A Cruise.**

**By Thomas DeSimone**

101 reasons to take a cruise.

1. Be waited on hand and foot.
2. Ride a helicopter over a waterfall.
3. Visit five ports, but unpack just once.
4. Cool off with a frozen margarita.
5. Take a yoga class.
6. Enjoy scrumptious food around the clock.
7. Dance under the stars.
8. Parasail high above the ocean.
9. Jump into a pool.
10. Shop onboard for French perfume and Swiss watches.
11. Treat yourself to a facial.
12. Hold a family reunion.
13. Get married in your favorite port.
14. Have Baked Alaska en route to Anchorage.
15. Disco 'til dawn.
16. Take your toddler to day-camp at sea.
17. Sleep 'til noon.
18. Go to a wine tasting.
19. Make new friends, reminisce with old friends.
20. Take a themed cruise: bingo, movies, sports, ...
21. Renew your wedding vows.
22. Laugh 'til it hurts at a comedy show.
23. Hold a business conference (maybe tax deductible) onboard a ship.
24. Dine in a tuxedo or formal gown.
25. Relax in a hot tub.
26. Go to a fashion show.
27. Be a star on Talent Night.
28. You don't need a designated driver.
29. Study at sea – genealogy, marine biology, ...
30. Turn your day from 9 to 5 to 9 to Ah-h-h!
31. Consume Caspian Caviar.
32. Snorkel in crystal clear, coral-filled waters.
33. Enjoy the best of Broadway.
34. Send your teenager to a "rock the boat" party.
35. Flex your pecs at the health club.
36. Doze in the sun.
37. Try your hand at electronic blackjack.
38. Polish your golf swing with the pros.
39. Shoot craps.
40. Capture dazzling sunsets on film.
41. Walk a mile on deck.
42. Scuba dive along a reef.
43. Get a full house under a full moon.
44. "Spike" with all your might in a volleyball tournament.
45. Watch for a green flash.
46. Play a fast game of racquetball.
47. Request a song at the piano bar.
48. Indulge in a massage.
49. Swing to the beat of a big band.
50. Eat gourmet food every night and never see a price.
51. Meditate at sunrise.
52. Meet your favorite sports stars.
53. "Disappear" during a magic act.
54. Escape from reality.
55. Play bridge or backgammon.
56. Shoot "hoops" surrounded by blue sky and sparkling water.
57. Sip a mint julep while listening to ragtime.
58. Browse through a well-stocked library.
59. Golf – by computer or in person – on the world's best courses.
60. Spot an exotic bird or flower.
61. Wander through ancient ruins.
62. Ride horseback through jungles.
63. Be-bop with top jazz musicians.
64. Rent a moped at the dock.
65. Paddle down river in a kayak or canoe.
66. Explore a centuries-old castle.
67. Mingle with celebrities.
68. Be tempted by world-famous chefs.
69. Jet ski across turquoise waters.
70. Picnic under a palm tree.
71. Take sailboarding lessons.
72. Take your sweetie on a second honeymoon.
73. Call home from your cabin.
74. Learn Italian, French, or Spanish.
75. Charter a sailboat.
76. See whales, dolphins, and flying fish.
77. Water ski in clear blue water.
78. See America – down its coastlines and up its rivers –

## 101 Reasons To Take A Cruise.

or take in some of these: 79. The Greek Islands. 80. Australia / New Zealand. 81. Africa. 82. Alaska. 83. The Bahamas. 84. Baltics. 85. Bermuda. 86. Canada. 87. The Caribbean. 88. Europe 89. Far East / Orient. 90. India. 91. Indonesia / Southeast Asia. 92. The Mediterranean. 93. Mexico. 94. The Panama Canal. 95. The South Pacific. 96. Scandinavia. 97. Seychelles. 98. South America. 99. Tahiti. 100. The United Kingdom. 101. Then try around the world !

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### **Plan Your Cruise For Convenience And Fun**

#### **By Barney Garcia**

In order to ensure that you have fun and relax on your cruise, it is essential that you plan your cruise meticulously. You go on a cruise to have fun on water. The cool sea breeze and the spectacular view of the vast expanse of water in front of you can really intoxicate you with pleasure. Since you spend so much on a cruise, you should ensure that you enjoy every minute of it. Planning is the first thing you should focus on if you are going on a cruise.

**Pick the Best Cruise Liner** The first step in planning a cruise is to choose the best cruise line and the destination. Study the offerings of the various cruise lines and base your decision on what you really want from the cruise. It is also important to decide the duration of your cruise.

You can choose from any of the world famous cruises such as the panama cruise, Mediterranean cruise, carnival cruise, Caribbean cruise, Europe cruise, Alaska cruise, and Norwegian cruise.

**Check with People Who Have Gone On Cruise** Check out with other people who have experience in such cruises and then decide on the cruise line. You should also check the facilities being offered by them and whether these are in consonance with your aspirations. The next step is to check if the cruise that you select operates to the destination that you want to visit.

**Booking the Cruise** Having selected the cruise line and the cruise, you should make the booking for the cruise either through a travel agent, or through online sources. You should also select the type of room that you would like to have and book the same with the cruise booking. If you want to avail of shore excursions or other off-ship activities you should also book these early.

A good planning will really stand you in good stead and you can have all the fun in the world on your cruise. A good planning will ensure that you come rejuvenated from the cruise and ready to face the

realities of life once again.

Barney Garcia writes about many different topics. He is a proud contributing author and invites you to his websites.

<http://www.cruises-for-you.info>

and

<http://www.cruises-galore.info>

and

<http://www.perfect-resorts.info/sitemap.php>



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