

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

2 Little-Known Profit Boosters!

By Michael S.L Bombard

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Ready, set, go!

1. Increase your profits by 25% or more in 10 minutes or less. How? Simple. On your web site's order forms, make just one teeny, weeny little change...

- Find the absolute *best* testimonial for your product or service.
- Add this enchanting array of words to the top of your order form.
- Watch as your responses go from meager to magnificent!

"Credibility counts, especially online."

2. Pop-in for subscribers, pop-out for instant revenue. Okay, I know. Pop-ups are everywhere and increasing in numbers. Some people despise them. But hey, you can't be everything to everybody. You're in this game to make some money right? Right!

The harsh truth is that those little annoyances work wonders. I'm sure I've been drawn in by 100's of them. Haven't you?

How to get 'em pulling max cash-flow for your web site...

- Pop-in. Use this event to collect subscribers for your ezine. Got it?
- Pop-out. Now here's the twist. I've seen pop-out's used

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successfully by only a small handful of web marketers.
Here's the skinny...

- a. Find, create, or affiliate with 2–3 products that are *very targeted* to what your web site offers.
- b. Write a 10–15 word "benefit-packed ad" for each of your chosen products.
- c. Create a pop-out with your 2 or 3 small ads offering these new targeted products. If these exit visitors aren't interested in your site's main offer, this is the perfect time to show them what else you've got.

"Market additional targeted products to exit traffic."
(Need help with this? Feel free to email me personally or contact the publisher of this ezine. We love to help!)

Now, if you have your own web site, get busy and implement these quick and easy tactics right now! Like my favorite motivational quote says: "The only time success comes before work is in the dictionary." Oh so true.

Can Growth Hormone Boosters Enhance Muscle Growth?

By Rick Mitchell

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Many experts feel that supplementation with growth hormones offers exciting possibilities to adult bodybuilders, especially those aged over thirty. They should not be taken by anyone aged under twenty. In the past growth hormone was available only in injectable form but recent years have seen the development of HGH precursors and more advanced delivery systems. The most popular means of taking growth hormone boosters today include sub-lingual spray, homeopathic pills and capsules containing HGH secretagogues.

That's all very well, but do these supplements have any place in bodybuilding? To answer this, we'll need to look first at what growth hormones actually do.

Human Growth Hormone is responsible for the regulation of insulin, protein synthesis, transportation of amino acids across cell membranes and fat metabolism. Clearly, these are processes that are of relevance to serious bodybuilders. Users have reported higher energy levels, enhanced libido and greater cardiac output. In addition, superior immune function, lowering of blood pressure and improved cholesterol levels have been documented. Add in other potential benefits like improved sleep, shorter recovery times, quicker regeneration of damaged muscles and you can begin to understand why some experts are excited by the possibilities offered to bodybuilders.

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No adverse side effects have been reported when used as directed but persons aged under twenty should not use growth hormone boosters without consulting a health care professional familiar with HGH therapy.

Rick Mitchell is the creator of the bodybuildingadvisor.com website that provides guidance and information to athletes at all levels of bodybuilding experience. Go to

to learn more

about the issues covered in this article.



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