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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**5 Movies From Your Childhood To Share With Your Kids**

**By Nicole Dean**

Brand new movies are great! It's so much fun standing in line at the theater, breathing in the buttery popcorn smell, giddy with anticipation when a new movie is released.

My children love watching the latest and greatest movies, but I just grin when I hear my children singing the songs I used to sing as a kid - "Supercalifragilisticexpialidocious" or "Tomorrow". Hearing their little off-key renditions is the best music to my ears.

Have you introduced your children to the movies you enjoyed when you were younger?

Swiss Family Robinson (1960) The Robinson family gets shipwrecked near an island. With hard work and togetherness, they build a majestic tree house. They are faced with many trials – wild animals, weather, and pirates, but their ingenuity carries them through. Great family values!

The Parent Trap (1961) Twin daughters are raised not knowing about each other, each living with one parent. They unexpectedly bump into each other at summer camp, put two and two together, and work out a scheme to get their parents back together again. This movie is just plain good fun.

Mary Poppins (1964) Mr. and Mrs. Banks are both so preoccupied with their own interests that their children, Jane and Michael are unhappy. When the magical nanny, Mary Poppins enters their lives, she brings the family closer. Between the penguin scene, the chimney sweep dance, and the magic, your children will be entranced.

The Sound of Music (1965) The hills are alive with the sound of music. Your home will be alive with the sound of music once your kids watch this one.

Annie (1982) Oh, how we love Annie! The music, the dancing, the wealthy Mr. Warbucks, and a happy ending. It doesn't get much better than that!

These five movies are a must in every family library. Share the memories, and sing the tunes. It's ok if you're a little off-key. I won't tell.

## 5 Movies From Your Childhood To Share With Your Kids

Nicole Dean invites you to visit

<http://www.ShowKidsTheFun.com>

–a fun site to inspire parents to keep

the lines of communication open with their children, making memories that last a lifetime.

### **Rediscovering Childhood: An Exercise for Childhood Sexual Abuse or Rape Survivors**

**By Candace Cook**

I believe that, while it may not be possible to recreate childhood, it is possible to rediscover childhood. As older teens or adult prevailers over childhood sexual abuse or rape, we may feel we were cheated out of our childhood. Our innocence was torn apart as we were introduced to lewd, dishonorable, irresponsible, corrupt, manipulative behavior by child abusers, molesters, and rapists. This cannot be undone.. but, we can re-introduce ourselves to the youthful innocence of play, genuine honesty, and light heartedness. For some, it's easier to do than for others.. but, in this forum, we're going to work on being kids – because that's one of the most important parts of growing up!

I will periodically be posting new, innovative methods of rediscovering childhood – while, not allowing that to interfere with the adult world in which we must function! I hope others will join me in this experiment, exercise or whatever you wish to call it! To participate, just visit the Prevailers Community: <http://prevailer.true.ws>

24 year old mother/guardian of 5 children. Founder of internet support community for sexual abuse & rape survivors. <http://prevailer.true.ws>

Rediscovering Childhood: An Exercise for Childhood Sexual Abuse or Rape Survivors

5 Christmas Movies For The Whole Family To Enjoy!

How To Help Kids Deal With Stress

TEN WAYS TO GET KIDS EXCITED ABOUT THE FAMILY TRIP

Childhood Friendships

People Finder Software

The Alphabet of Birds

Online Dating Secrets Revealed!

Control your Headache!

Scams Exposed



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