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5 Proven Relation Tips For Keeping Happy Long Lasting Perfect Marriage Life

By Yulianto Chandra

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There is no real secret to a perfect marriage. Marriage could give you a glimpse of heaven in one side or as much of hell at the others side. There is a famous wisdom saying where the perfect marriage can only be found between a deaf and a blind couple, because the deaf husband cannot hear the nagging of his wife, while the blind wife cannot see the shortcomings of her husband.

Certainly, there are also those couples who are fortunate enough to be soul mates. Being truthfully and totally in love with each other is more than what most people could ask for in a relationship. But even love is not enough to prolong a relationship. There are other factors that come into play.

Why then you still want to get married? Is it to have a family? Is it to have someone to grow old with? Is it for wealth and security? All of these counts, but there's a bigger motivation. Marriage is when you present so much of yourself and yet, you feel whole.

Something as special as marriage should be nurtured everlastingly. So what do couples could do with to keep it? Faith, be devoted to, esteem, empathy, and patience are all important. But even the best marriages can run into nuisance. This is because couples tend to take the simplest things for granted. Would you like to know some of these things? Then read on.

5 Proven tips for a happy long lasting perfect marriage life:

Tip 1: Be independent.

Just because you marry, it doesn't mean you must hold in your arms everything about your partner. Sometimes, you forget about how different you two are because you've been together for so long. Don't lose your uniqueness because it's the same thing that attracted both you and your partner in the first place. Try to take on diverse interests and cheer your partner to do so too.

Tip 2: Never be angry at the same time.

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When you're angry, you hear nothing else and you don't be concerned about anything else. If you find that both you and your partner are angry, try to have some breathing space. Settle down. Then talk. Be responsive to each other's ups and downs. Converse through the problem and hear each other out. Abandon the whole world rather than each other. And never go to sleep without settling the disagreement. Most importantly, never yell at each other unless the house is on fire.

Tip 3: If you have to disagree, do it devotedly.

There will be lots of times when you and your spouse won't have the same opinion at all in some aspects. Don't make your point sound like a criticism to your partner. It doesn't matter who is in the wrong or right. Always bear in mind that an argument doesn't need a winner or a loser.

Tip 4: Never bring up mistakes of the past.

Whenever something goes wrong, do not rub past issues in. Don't dwell over the past such that you become sightless with the wonderful things ahead of your relationship.

Tip 5: At least once every day, try to say one attentive or admiring thing to your partner.

When a couple always spends time with each other, they often forget about politeness. "Take the trash out. Do the laundry." Isn't there something missing in those phrases? Perhaps putting "Please" before each sentence would make it sound so much better. Never take each other for granted.

Persistently showing that both of you like each other to help keeping your relationship fresh. Even something as simple as complementing on your spouse's looks or buying little surprised gifts can help. Look for the things that would make your partner feel cherished.

How do you live by the plan stated earlier? Lower your self-importance. But don't get me wrong. Pride is a good thing. It keeps your head high in community. It's not an awful thing to have pride in someone or something. But in private, when you're with your partner, keep the pride level downward; because it becomes a barrier your partner would have to overcome.

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Secrets Of Happy And Long-Lasting Marriage – Sound Difficult? Not So...

By Sarah Williams

Do you still remember the moment you together with your husband or wife swear in front of the altar that you will be keeping your marriage vows in sickness and in health, for better or for worse, and until death do your part? Good for the two of you if you still keep that scared vows you have made when

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you were married. Unfortunately, there are couples who happen to be filing divorces for different grounds.

Why there are couples who are making separate ways after they have taken that marriage vows? There are many reasons to mention, but the gravest of all is the loss of love and trust to one another. All the problems are rooted from this reason. How will you trust your partner if you do not love him/her? How will you love your partner if you do not trust him/her? These two questions will lead you to a very serious one, "How will I make our marriage happy and long-lasting?"

That is not a new question for every couple. Before marriage, they are exactly asking the same question. But this time, it is really serious. Remember that you have sworn before God that you will love and take care of each other until death, or even after death.

As mentioned earlier, the gravest reason of divorcing couples is the lack of love and trust. So what will you do to maintain or in case lost, return it in your relationship?

First thing to do is to have an open communication. One of the reasons of lack of trust is miscommunication. For instance, there will be an instance where you will not be revealing your problem to your partner even though he or she already noticed it. First thing that will come to his or her mind is that you do not trust her anymore because you are not revealing your problem.

Find ways of opening your communication. Have a talk every night before you sleep. You can confer to your partner experiences of the previous day. Let your partner know that you want him or her to be a part of everything you are experiencing with, most especially on cases when you have problems.

Another is to make sacrifices on some circumstances. It is one of the secrets to have a happy and long-lasting marriage. Both of you should be prepared to put your partner's happiness ahead of your own from time to time.

There are instances that small problems become large problems if you will be showing that you are the boss of the relationship. You must learn to give way, after all a happy marriage is allowing your partner to be satisfied with your relationship. For instance, you can volunteer yourself on washing the dishes after dinner. Just see the smile on the face of your wife if you will do such small things for them. In addition, it also shows that you care for your partner.

Always be careful with your finances. If you do not handle your financial situation carefully, it can destroy your marriage. When financial crisis arise, it is important that the two of you should discuss the problem so that you are both aware of the situation you are facing and at the same time finding solutions. Working together on this particular issue will make each other feel that each of you is an integral part of the decision making process.

There are so many variables that affect your marriage. Just remember that love and trust will bind you together. Make each other realize that the two of you must continuously work on all of these aspects to ensure that your marriage will be happy and long-lasting through the rest of your lives.

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