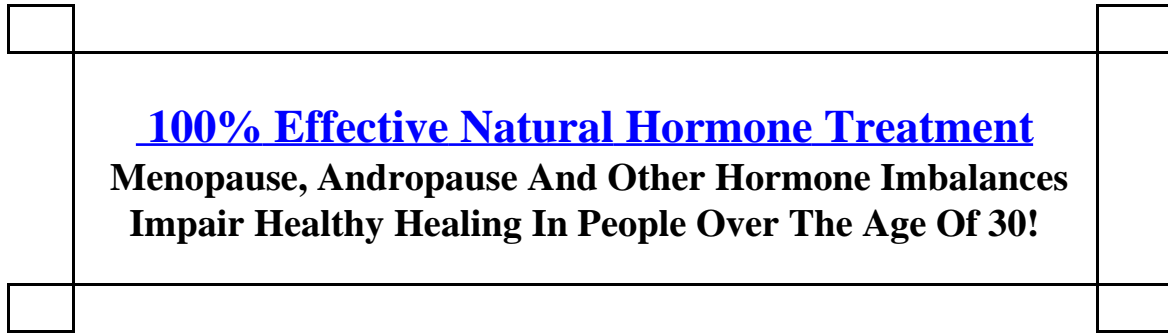


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6 Easy Gifts with Gourmet Food

By Merrie Schonbach

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Thank you for reading this article, we will explore 6 low cost gifts sets you can make with gourmet food. The below gifts are designed to be hand delivered, if you plan on shipping them add additional packing materials to cushion the items.

1 – Tea Gift

Items Needed: Two small boxes of gourmet tea, a teaball, bow, gift tag and 1" decorative ribbon.

Stack the two boxes of tea and carefully tape the teaball to the top box using clear tape. Wrap the ribbon four ways around the box ending at the top and tie or add a bright bow and gift tag.

2 – Coffee Gift

Items Needed: Large decorative coffee cup, small bag of gourmet coffee, 3 or 4 packs of flavored creamer that you do not have to keep cold, empty coffee can and a bow.

File the edge of the coffee can till smooth, place the coffee cup inside the coffee can, add the packets of creamer inside the coffee cup and the bag of gourmet coffee on top. Use white tissue paper around coffee cup to keep it from breaking. Put plastic lid back on coffee can, add a gift tag and bow to the top.

3 – Salsa Gift

Items Needed: Large plastic snack bowl, individual serving size of chips and a bottle of gourmet salsa.

Place chip bags into bowl, wrap the salsa bottle with tissue paper, tie off the top with curling or decorative ribbon, place in bowl. Place bowl in a large decorative gift bag or wrap with gift wrap tie off top with ribbon, add a bow and gift tag.

4 – Pretzel Gift

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Items Needed: Individual serving size bags of pretzels, a large empty pretzels bag, a bottle of pretzel dip.

Wrap dip in decorative paper tie off with ribbon, place bags of pretzels into large bag add the pretzel dip. Trim off the top, gather the top and ties off with decorative ribbon. Add a bow and gift tag to the front of the bag.

5 – Salad Dressing Gift

Items Needed: Small box or bag of croutons, gourmet salad dressing, jar of dried bacon, salad bowl, large gift bag or gift wrap and salad thongs.

Wrap salad dressing and jar of bacon in decorative paper and tie off with ribbon. Add bag or crouton, dressing and bacon into bowl. Wrap bowl in gift wrap, separately wrap thongs and attach to the top of the bowl, add ribbon and gift tag.

6 – Chocolate Spoon Gift

Items Needed: 3 or 4 chocolate spoons, fabric ribbon, curling ribbon, old chocolate tin or small gift bag.

Carefully gather the spoons together and tie them with the fabric ribbon. Add decorative curling ribbon. If you have the old chocolate tin place the spoons inside the tin and close with the plastic lid. Add bow and gift tag.

If your using a gift bag, use a smaller one so that the top of the spoons stick out, use curling ribbon tied around the spoons to flow over sides adding color. Add gift tag.

Heart Warming Goodness – Offering Delightful Gourmet Foods.

<http://www.heartwarminggoodness.com>

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Merrie is the business owner of Merrie's Business Announcement Service offering low cost, unique business promotion packages for small Internet Businesses. <http://merriesbiz.com>

Easy Gourmet Recipes you and I can do!

By Mike Yeager

So, you don't think you can find easy gourmet recipes? Yes, you can! While most people think that gourmet recipes are hard to make, time consuming, or too expensive, you can find things that are gourmet and easy to make. You just need to look in the right places and know what you are looking for! First of all, finding information on gourmet recipes on the Internet is easy to do. Just search your

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favorite recipe websites or just use a search engine like Google or Yahoo. If you do not have web access, going to the library for the information will also work. The library contains many types of books or even CD ROMs on cooking. Most importantly, both of these options result in free recipes!

The next question to ask yourself is what type of gourmet cooking are you looking to do. Are you looking to spice up a crockpot recipe you already have? Are you looking for special cookie recipes or Christmas recipe? Maybe even a gourmet chicken recipe? Are you planning on dining on a special day or for a special reason? All these questions will give you an idea of what you are looking to make or do. Make sure to know the tastes of those you are cooking for as well. Many people like to go to restaurant solely because they love the way a certain chef prepares their food and wish they could do the same thing at home. You can! You just need to knowledge of how to do this! Sometimes, gourmet meals are made from specialty store bought foods. But, in the day and age we live in, gourmet foods can be found in most large supermarkets across the country.

Spices that were hard to find even 10 years ago are available regularly. Many times you can also find gourmet meals already prepared at these same supermarkets. You can perhaps purchase a nicely made New York Style Cheesecake or Chocolate Mouse from your local bakery. But, if you are wanting to purchase your own produce and meats, do so knowing what cuts are correct for the recipe you have chosen. For instance, a chicken recipe may call for boneless thigh pieces or only white meat. Picking produce that is fresh, ripe, and the tastiest will contribute to the overall flavor of the finished food.

In order to know what to use and what to buy, make sure to choose recipes that give enough details. If they don't, research on the Internet or your local library for more information. You can make good, but easy gourmet recipes if you know what you are looking for and have the knowledge of what you need and want. Researching information you do not have is the most important first step.

Mike Yeager
Publisher

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