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6 Things You Must Do If You Want To HaveThe Secret To Catching More Trout

By Robin Shortt

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by: **Robin Shortt**

It has always been my private conviction that any man who pits his intelligence against a fish and loses has it coming. ~John Steinbeck

1. How Fish Think

When you hunt for deer, and any other animal for that matter, there are some set rules you have to follow if you are going to catch some very wary Brook and Brown trout. Will the rules for hunting somehow help with Trout Fishing.

2. Study and Research

Understanding how a trout thinks, will increase your chances of success. You could go to a local bookstore as well as the library. Within a week you will know more about Trout than 99.9% of the world's population.

3. Trout Tips

Trout have monocular vision. This means that each eye can focus on an object independently of the other eye, giving them an all-around panoramic field of vision. Research has confirmed that fish, to some extent, can see color, above and beyond some practical uses of color. The fact that most strikingly colored species use their pigmentation for attracting mates; or they use color to hide from and scare off would be predators.

4. Hearing

Sound travels more than four times faster through water than it does through air. Trout can hear sound through the vibrations in the water, through a porous lateral line along the sides of its body. As it picks

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up water vibrations, the fish becomes aware of feeding frenzies or other fish fleeing that happens nearby.

5. Touch

There are many species that have taste receptors on the skin, which send food messages to the brain, and prompts the fish to go towards the source of the food taste. There are also fish that have receptors on their heads, mouths, lips, and on barbels like that of a catfish.

6. Smell

Many species of fish have nostrils with which to smell odors coming from food and mating partners. Their nostrils have sensors that detect the odors from the water and send signals to their brain.

To understand how Trout think, what spooks them, what excites them, when they feed, when they travel, and a number of other factors really is very important if you want to fill your creels full of fish consistently.

Luckily for you, there's a man who has captured the essence of fishing and put his expertise into a Book, which is titled "How To Catch A Trout Every Time - When Spinner Fishing Your Favorite Stream Or River."

Robin Shortt is a father of five children and five step children and thoroughly enjoys the outdoors. He is also a Cub Scout leader, who sees the big picture when it comes to helping our children to love and explore the great outdoors. Visit:

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Trout Species - Rainbow Trout and Brown Trout

By Brett Fogle

Rainbow Trout: Few freshwater fish can match the fighting spirit and beauty of a Rainbow Trout.

The Rainbow Trout is a well-traveled species of fish. Originally, the Rainbow Trout was found in the coastal rivers in the United States on the west coast but today, Rainbow Trout are found throughout the United States, as well as in the cold-water streams of South America, Europe, New Zealand and even Australia.

The reason for the wide range of Rainbow Trout in the U.S. is that Rainbow Trout are relatively easy to transplant. Virtually all areas that Rainbow Trout now inhabit are due to environmental transplants - both intentionally or unintentionally.

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Regardless, Rainbow Trout are the most popular types of trout found in the world today, and are also the most sought after trout by fly fishermen.

The Rainbow Trout is equally famous for its acrobatic aerial displays and very long runs to avoid being caught.

Rainbow Trout are also well-known for being highly selective in what they eat. While at other times, they seemingly gorge themselves on just about everything in sight.

Rainbow Trout are easily distinguished by the red stripe that travels the length of the fish, from the gill plates to the tail. Rainbow Trout also have hundreds of black spots that cover the dorsal of the body (the dorsal part of the body of a trout refers to the "back side" of the fish).

Brown Trout : Brown Trout are the "smartest" of the trout family, frequently frustrating beginners and professionals alike.

To read the full article, click here:

Brett Fogle is the publisher of Fly Fishing Secrets, an insiders guide to flyfishing tips and techniques of the pros. To sign up for free flyfishing tips and other articles, please visit

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