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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

7 Reasons Why Your Child Should Help

By Deanna Mascle

The other day was a busy one at our house. Several rooms needed tidying, vacuuming, and dusting. Several errands needed to be run. Food needed to be prepared. My 4-year-old and I got through it all as a team. I straightened while he returned items to the proper place. We both dusted, vacuumed, and loaded the dishwasher. He tidied his arts and crafts and wiped down the table and counters while I handwashed the remaining dishes. At the post office Noah mailed our package off. At the pharmacy he collected a prescription. At the grocery store he helped locate various items on our list and transfer our intended purchases from the cart onto the conveyor belt. When we returned home he helped measure ingredients for spaghetti sauce and then add them to the crockpot. Then he helped mix and shape cookie dough.

How much does your child help at home? If the answer is "not much" then you might want to rethink that choice. Children as young as 2 can be a help and certainly by the age of 4 can take on many simple tasks. There are several reasons why you should enlist your little helpers.

1. It gives you more time together. The one regret every parent expresses is the wish for more time with their children. Why not make the most of all those tasks you have to do and share them.
2. It teaches your child to be a good citizen. Most of the time my son is eager to help, but sometimes he'd rather do something else. However I remind him that being a part of our family brings responsibilities as well as privileges.
3. It teaches life skills. My child can prepare his own breakfast, load the dishes into the dishwasher, and then clear the table and floor when he is done. He can dress himself and put his pajamas away. He is not fully independent and certainly requires supervision, but he can take care of himself in many ways. I am proud as he masters each new skill because I know I am raising a person, not a child, who will eventually need to take care of himself.
4. It teaches important lessons. Our various tasks during the day involve reading, counting, math, and shapes, to name just a few essential skills. In addition, my son is learning to listen and follow instructions. The acquisition of all these skills will help in school and in life.

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5. It is more fun. I loathe cleaning, but when I clean with my son we make it more fun with games, songs, dances, and jokes. Just about everything is more fun with help and the only thing more depressing than cleaning (to me anyway) is cleaning alone.

6. The TV is off. We all know our children watch too much TV and we are all the more likely to let them watch when we are focused on some task. If they are involved with helping then that is that much less TV watching they will do that day.

7. You are creating a good habit. As children grow older they are much more able to help, but they are also much less likely to want to help — especially if they haven't been required to before. If you get your children started young when they want to help then you can make helping a good habit.

There are a number of advantages to encouraging your children to help. Sure in the early years it will

take more time to accomplish tasks with help than it would if you did them alone, but in the end the long-term benefits will make it well worthwhile.

Deanna Mascle shares other family articles at

<http://officialfamily.us>

and

<http://answersforyourfamily.com>

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Child Safety Tips

By Monique Dyer

Child Safety Tips by Monique Dyer

6 Ways to Prevent Child Abduction

1. Never leave your child alone in a public place, car, or stroller.
2. Point out a safe house or houses in your neighborhood, where children can go if they are in trouble.
3. Check older friends of your child and all potential babysitters.
4. Do not use clothing and toys with your child's name on it. A child will be less likely to fear someone who knows his/her name.

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5. Always accompany your child into a public restroom.
6. Keep an up-to-date color photograph of your child, a Child ID, and medical and dental history, and have your child fingerprinted.

Child abduction is a growing concern and there are simple precautions that you can take to help safeguard your children.

Monique Dyer, President of Accurate Drug & DNA Testing, a Atlanta-based company selling on-site drug testing kits to businesses and DNA Testing services to consumers. She currently has a bi-weekly child safety tips newsletter, promoting safety with Children's identification, fingerprinting, and DNA Kit to parents. To subscribe go the website at the bottom of the page <http://www.accuratedna.com/childrenSAFEGUARD YOUR CHILD!>



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