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7 Tips To Enjoy Walt Disney World On A Hot Summer Day

By Valerie Tay

Orlando is a hot part of the earth and come summer the humidity and temperature can reach triple

digits. Worse still, weeks of heat occur exactly when school is out and families head to Walt Disney World. No one in her right frame of mind considers heat, humidity and crowd a great combo, but with some planning, your family's summer vacation to Disney World can still be fun.

Staying at an on-property Disney hotel is a good start. You can commute to the parks in air-conditioned comfort using Disney bus, monorail or water transportation. This is definitely a better choice than driving a car that has been baking in the sun for hours.

Another incentive for staying on a Disney property is that you can take advantage of the Extra Magic Hour. On designated days, a Walt Disney World theme park will open an hour early for Disney Resort guests only. With that extra hour, you have time to take a break during the afternoon for a swim or a nap. Some resorts even have water activities, such as water skiing and surfing lessons, which are perfect for a hot day.

Pack a few water-mister fans. These little gizmo's are life-savers. It's fun to buy the Mickey version in the park, but why pay \$15 a pop if you can get them at Wal-Mart for \$4.95 each? Kids will be fighting over them, so getting a few of them cheaply and packing additional batteries to go is a smart choice.

If you have a Park-Hopper Pass, cool down by visiting the water parks. Both Blizzard Beach and Typhoon Lagoon offer lots of fun for the whole family in the form of slides or raft rides. The water parks get crowded in a hot day pretty fast, so if you arrive at 11 am or after, expect plenty of queuing in the hot sun.

This is obvious, but crucial to mention nonetheless: dress light and wear sandals. Most theme-park guidebooks advise proper shoes and socks, but with the heat and humidity, wrapping your feet in socks isn't actually going to help.

Remember to drink plenty of water. If someone in your group does get dehydrated, get to the First Aid Station. Each Disney theme park has one.

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This is the best tip, which is why I'm saving it for the last. If you have tots, let them set the pace. Kids get cranky easily in the heat. This is more so considering that while you are looking at castles, they are in a hot stroller with nothing interesting at eye level. So if the kids are tired, head to somewhere with air-conditioning, have a break in a restaurant, or do anything that allows everyone to cool down.

Valerie Tay is the webmaster of

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and she rejoices in showing you

tips and tricks to make your Disney vacations all the more magical.

Planning Tips For Disney World Vacations

By Rosalie Carson

When planning a trip to Walt Disney World the first thing you must consider is what time of year you wish to visit. Walt Disney World is a very popular vacation destination, so no matter when you go, you can expect it to be quite crowded. The difference in visiting during a non-peak, less crowded time versus a peak time, like July 4 can be the difference of a fun family vacation and a stressful, frustrating one.

Walt Disney World is visited by millions of people each year, with the highest crowds descending on the parks during the summer months, holiday weeks (Christmas, Easter, July 4) and spring break vacations. It is not suggested that you visit during these times, unless you have no choice in the matter. If you must attend at these times, you should plan your park touring well in advance and be willing to modify your park visits to include a reasonable amount of must see attractions. This will prevent you from being disappointed if you are unable to see everything the parks have to offer.

Another consideration when planning a trip to Walt Disney World is the weather. During the summer months, the temperatures and humidity in Orlando can reach very uncomfortable highs that make touring the parks all day quite difficult. During the months of September and October you will be in hurricane season, which brings heavy rains - also not great for touring the Disney parks. Ideal months for the best Orlando weather would be April through June and November and December.

The best times to visit Walt Disney World would be the non-peak times of the year; early January until Easter - except during Spring Break, late August until first weeks of December - except week of Halloween and week of Thanksgiving.

Planning to visit during a non peak, less crowded time will allow you to visit the parks at a relaxed pace, with less stress. A good way to prepare for your days at Walt Disney World is to become familiar with the parks, their layouts and policies. Review the attractions at the parks to see what your family would like to visit.

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Choosing a time to visit Walt Disney World is one of the most important steps in your vacation - it can help you on your way to your best vacation ever!

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Rosalie Carson runs

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