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8 Simple Easy Ways On How To Potty Train Your Child

By Robert Michael

How on Potty Training Your Child

Is potty training your child not going well? Some children are very interested in being potty trained while other children will fight you all the way. You will know when your child is ready to start potty training. Hopefully these tips will help both you and your child make potty training easier.

1. Around the age of two start introducing your child to the potty. Buy a potty chair or a potty seat that will fit over your normal sized toilet. Make sure it has a shield in front if you are potty training a boy so you do not end up with urine everywhere. Pick a weekend that you will have lots of extra time and move the potty chair into the room where the child will primarily be. If the child wants, let them run around in just a shirt and leave the diaper off. You can put underwear on the child if they feel more comfortable that way. The child will never catch on if you keep them in a diaper. They need to feel the urine running down their legs see that they are making a mess.
2. Your schedule needs to be cleared before the child has started the potty training process. When you know that you don't have any upcoming trips, houseguests, or a move to a different house planned then that would be a great time to start potty training your little one. Consider starting the training process on a long holiday weekend when you are able to clear all other plans.
3. Knowing what words you are going to use with your child when describing their body parts, urine and bowel movements is important. Using words such as "dirty", "unclean" or "naughty" can have a negative effect on your child. You don't want them to feel bad or ashamed. Use matter-of-fact terms when talking about urine and bowel movements.
4. Explain "the baby is going to use the potty" by using your child's favorite action figure or doll on a make believe potty chair. Use diapers on a stuffed bear they really like and then use underwear when the bear has graduated to that level.
5. Help your child understand the positive things about being potty trained. Explain how they won't have diaper rashes any longer, they will not have to lose any playtime to have their diaper changed and how great it will make them feel to be dry and clean all the time. Potty training is an important part

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of growing up and you need to help your child realize that.

6. Potty training can be better understood by your child if you use videos and books to help explain the process. Use the internet as a tool to find one of the many books or videos out there. To help pass the time let your child look at their favorite book while using the potty chair.

7. A positive way to start potty training is to declare a potty day. Your child has chosen this day to start being potty trained. Circle that day on the calendar with marker and keep letting your child know that "potty day" is coming soon.

8. Do you have problems with your little one unrolling the toilet paper? It is suggested that you crunch the cardboard inside so it is not longer circular. This prevents your child from unrolling the toilet paper so easily.

It will take several tries for your child to get the hang of what they are supposed to be doing. Don't get frustrated and know that your child will soon successful at the potty training process.

Robert Michael is a writer for

<http://hbbabies.com>

which is an excellent place to find babies links,

resources and articles. For more information go to:

<http://www.hbbabies.com>

5 Important Points For A Successful Potty Training

By Adwina Jackson

Potty training should not be an exasperating moment for both the parent and the child. As a parent, you know it's not easy to potty train your child. Sometimes it's even more frustrating for the child himself. You need to learn important things that are necessary to obtain a successful potty training.

These things include whether your child is ready to potty trained, which time is the best to begin it, and the most fun way to potty training. Read the details below:

1. Pre-Potty Training

Before starting to potty train your child, it's best to get to know about the things that can make potty training successful. You can call it pre-potty training, which means finding out and recognizing the signs whether your child is ready for the training or not. These signs include:

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- The ability to hold urine for long periods of time
- The ability to follow 1–2 directions at a time
- Knows when urination or bowels movements are about to start

When he shows these signs, it means you may start the training now. During this time -or better earlier– you need to set up a plan for the training process. Though there are some different opinions of how to potty train, it's important that you choose the best method most effective for you, your child, and the family.

2. Knowing When Your Child is Really Ready for Potty Training

It can be difficult to find out when is the best time to potty train your child. It is as if the child who has the decision for it. Generally, children are ready to begin potty training between the ages of 18 and 24 months. You'll know when they are ready because the signs will be there.

These are some of signs to look for:

- shows an interest to use the toilet
- tries to imitate other people in the house using the potty
- is able to tell you that they need to go potty or tell you they went already
- is able to pull their pants up and down by themselves

When they show the signs, it's time for you to begin introducing them to the potty. It's important to get a comfortable potty chair for your children so that potty training becomes a fun activity for them.

3. Start a Night Potty Training When Your Child is Ready

After you've finished your child's day potty training, you can try to introduce him to the night training. This process can happen quickly for some children and more slowly for some others. Don't push them to do it, as potty training should not be frustrating. Letting him stay dry during the night could be a harder effort for parents. As the first step, tell your child that he is allowed to wear a diaper or pull-up during night sleep, but take him first to the bathroom and let him to potty. Tell him to not to drink too much water before sleep. Putting the potty in his bedroom is also a very good idea, in case he needs to use it when he wakes up in the middle of the night.

4. Make Potty Training Fun

Making the training fun is easy if you can take some time to be creative. Children love things that are fun and interested to them. One of the tips to create a fun potty training is by using Potty Training Doll. It is a drink & wet doll, which can be used to help make toilet training fun and easy by demonstration.

5. Important DON'Ts in Potty Training

Make sure your child is well supported during the training. You should also maintain a positive attitude toward him if you want to ensure success. Here are some of DON'Ts in potty training your child:

- Don't start the training before he's ready.
- Don't put too much pressure on the child.
- Don't try it in a stressed environment.
- Don't yell at the child or punish him if he makes mistakes.

Hopefully those points are effective for you and your child. Enjoy your potty training experience!

Adwina Jackson is a working mother of a gorgeous young boy. Join her free e-mail guides about Easy Potty Training Tips at

<http://insparenting.com/reports/potty-training.php>

Visit her daily blog now where

you can get helpful parenting stories and tips on:

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