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9 Ways To Cope With Wedding Speech Nerves

By Carol Howard

If you're not used to public speaking, then making a wedding speech can be very daunting. With this in mind, I have prepared a few important tips to help you overcome your nerves and deliver a great wedding speech.

1. Remember these people are on your side. They aren't secretly hoping you'll mess things up. The reason you're there giving a speech is because you are connected with the people there, and so are the audience. Bearing this in mind, you can rest assured that anything you say in your wedding speech will be listened to and respected fully.

Also, people listening to speeches at weddings are wanting to laugh as this breaks the tension. So any vague attempt of a joke will get you a response.

2. Practice your wedding speech thoroughly. The more your practice, the less nervous you'll feel on the actual day. Remember to practice the intonation of your voice and the pauses. By showing you've put effort into your preparation, any mistakes you may make on the day will be easily forgiven.

3. Learn your speech by heart. Whenever you have some spare time, in the car on the way to work, in the shower or wherever...practice your speech. Repeat it over and over again as many times as you can before the big day. You will feel much calmer on the big day as you'll know the whole speech inside out.

4. Remember to breathe. As simple as this sounds, it is often overlooked. Practice where you'll take a breath in the speech, and learn to breathe correctly. Diaphragmatic breathing, as used by singers and public speakers, will help you here. If you're unfamiliar with this, a quick search on Google will show you.

5. Think of a funny story before you stand up. Nothing so funny that you lose your focus, but something mildly titillating that will bring a smile to your face. This will loosen you up, and give a nice energy to your wedding speech that will improve the delivery immensely.

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6. Have a banana 20 minutes before you make your speech. This tip is often used by professional public speakers, and helps the nerves of many people. It also gives a nice energy boost which helps reduce your nerves.

7. Speak slowly and clearly. If you are nervous, you will feel the urge to speed up and your speech will become unclear. So try to consciously slow yourself down and speak clear so people can hear what you say.

8. Make eye contact with people in the audience so it feels like your just chatting with everyone who is there.

9. Lastly, remember to simply enjoy yourself! Your life isn't going to end if you make a few mistakes...and it will be over in just a few minutes. Have fun!

To learn more making a wedding speech, visit carol's site at:

<http://wedding-speech-info.blogspot.com>

Wedding Speech Templates

By James Nardel

As the best man, you are an integral part of the wedding process. It was up to you to throw the perfect bachelor party. On the day of the wedding, you not only made sure the groom was looking sharp, but also made sure he got to his wedding on time with his bride's ring. Now, as you're sitting to the groom's left at the reception, you stand and say, "I would like to propose a toast." Although you've done all your duties perfectly up to this point, the wedding toast determines how you will be remembered by everyone in attendance. The last thing you want is to look into the crowd at hundreds of blank stares as you stumble over your words. Not to worry, by following some simple tips and guidelines, you'll have an instant wedding toast that will impress the bride and groom and leave your audience with tears in their eyes.

The ideal wedding speech should be between two and four minutes. Normally, in addition to the best man's wedding toast, the father of the bride, the groom, and the maid of honor should all be prepared to give a wedding speech. The father of the bride speech is should be given first. It consists of a congratulations to the groom for becoming part of the family, and wishes of good luck to the bride and groom. The groom speaks next, taking time to thank his family and friends for coming to the wedding and bringing gifts. The best man's speech follows the groom's wedding speech. The best man's speech should be a funny speech, which is why its so memorable to the audience. Finally, the maid of honor's speech is the a quick, concise wedding speech that signals its time to get back to dancing at the reception.

If you've read this far and still feel lost or overwhelmed, here are two words for you: don't be. You don't have to be a world renowned writer to write a memorable wedding speech. If you don't know where to

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start, InstantWeddingToasts.com has the answer for you. They provide over hundred wedding speech templates for immediate download. All you need to do is add your personal information about the bride and groom into the wedding speech template, and before you know it, you have a memorable instant wedding toast. Whether you're giving a father of the bride speech, the groom speech, the best man toast, or the maid of honor speech, there is a template for you.

You may be asking yourself, "Why should I use a wedding speech template?" The answer is simple. Weddings are a stressful time, and by using a wedding speech template, you're freeing up time to use on all your other wedding duties. Instant Wedding Toast templates are also the easiest way to guarantee that you'll give a speech that's memorable to everyone in your audience, including the bride and groom. You'll know that on the wedding day, whether you're the father or the groom, the best man or the maid of honor, you can stand up and say "I'd like to propose a toast" with confidence, because you know that you're about to put a tear in every eye in your audience.

Article by James Nardel, expert author at

<http://www.easyweddingtoasts.com>

where you can find tons

of free toasting tips and wedding speech samples, wedding jokes and famous marriage quotes. Instantly download over 101 complete wedding speech templates plus 200 toasts and free bonus gifts.



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