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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

## **A Baby Is Born With Several Reflexes**

**By Tony Luck**

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### **A Baby's Reflexes..**

A baby is born with certain reflexes to protect them during the first few weeks. These reflexes will disappear after a few weeks and be replaced with voluntary movement during baby's development.

Doctors will check these reflexes to ensure his central nervous system is working correctly.

### **Walking Reflex**

If you hold baby in an upright position with his feet touching the floor, his legs will seem to be trying to walk. This reflex will last for about 3–4 weeks, and he won't actually walk until he is around 12 months.

### **Crawling Reflex**

Place baby on his stomach and he will take up a crawling position with his bottom in the air and his legs bent. This lasts for about two months when he will then be able to lie flat.

### **Search Reflex**

Touch baby's cheek with your finger or breast and he will turn towards the source and open his mouth in search of food. This reflex will last for about 12 weeks.

### **Grasp Reflex**

Place your finger in the palm of baby's hand and he will grasp it. This involuntary movement will persist for about 3 months.

### **Sucking Reflex**

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Put your (clean) finger in baby's mouth and he will suck on it. This reflex ensures he will be able to feed.

### **Diving Reflex**

If baby is placed in water – either during a water birth or in a swimming pool – his throat will close so that he does not swallow the water. This means that baby will not drown if born in water, and he will also be a natural swimmer. This reflex will last for about 2 months, or longer if you take him swimming.

### **Babinski's Reflex**

Stroke the sole of baby's foot and his big toe will curl up and the other toes will spread out. This lasts for about two years.

Tony Luck who runs a site with advice for moms-to-be and new moms, including the fascinating which is supposed to tell you whether the baby you are expecting will be a boy or girl, and a to tell you when baby is expected.

## **Your Baby At Three Months Of Age**

### **By Chris Hinde**

Three months – three months have passed so quickly and you are still thinking your dear baby has just arrived at your home. Suddenly you see he is getting to understand what is happening around him, he has now diminished a bit his dozing off bit every other minute. A whole new person is revealed within him to your delight.

His growing up – physical

You notice that your baby's movements are nowadays more organized. He can't control his hand properly though. He tends to get hold of everything that you have in your hand when you took him in your arms. He is up and awake to every sound he hears. He gazes at new things especially if it is colorful. He enjoys the world around him, responds to people's talking to him by smiling at them or even laughing out loud! He often gets into unending giggles. Even he is learning slowly to make a way into the society! You wonder how. He is delighted when he makes one smile– the tactics of give and take policy.

But you observe that he gets startled or jumps when he hears something very noisy or when you are carrying him and you sit all of a sudden. This shows that he still feels insecure. This is due to his still

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weak nervous system. The reflexes that were notices when he was new–born have not disappeared even at this age.

Feeding your baby – now your baby is 3months old, you don't have that much difficulty in feeding him as you used to have when he was new–born. Now it's easier for you, the so difficult task is now a pleasure for you to do – your baby grinning at you when you are feeding him. Actually he has adapted himself to a feeding routine. His physical growth is so explicit at this age. But he is still not suitable for solid foods. So it is better to increase breast feeding. Nurse the young kid for 2/3 days.

Entertaining your baby– at the month of three, the baby does not need anything special to keep him entertained. You will see he himself is discovering new things in which he enjoys himself. Observe that he is getting to learn how to roll off the bed. So keep watch on him to avoid accident. When you lay him on a flat surface put one of your hands on him always.

Usually all the babies love to see someone around him. So spend time with him as much as possible. Talk to him. This way you will make him entertained. Your talking to him with intermittent smile and giggle will make him imitate your gestures.

This age is a sheer delight for your baby as well as you!

Chris Hinde is an author and mother. See more of her articles at



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