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A Brief History Of Basketball

By Keith Kingston

Dr. James Naismith is known world-wide as the inventor of basketball. He was born in 1861 in

Ramsay township, near Almonte, Ontario, Canada. The concept of basketball was born out of his early school days when he played a simple game known as duck-on-a-rock outside his schoolhouse. The game involved attempting to knock a "duck" off the top of a large rock by tossing another rock at it. This is the beginning of a brief history of basketball as we know it.

Naismith served as at the YMCA Training School in Springfield, Massachusetts, USA in 1891, and this is where the sport of basketball was born. Naismith was faced with the challenge of finding a sport that was suitable for play inside during the winter for the students. Naismith wanted to create a game of skill that could be played indoors in a relatively small space. The very first game of basketball was played with a soccer ball and two peach baskets used as goals. The history of basketball started right here.

James Naismith devised a set rules for these early games as follows:

„« The ball may be thrown in any direction with one or both hands.

„« A player cannot run with the ball, but instead the player must throw it from the spot on which he catches it.

„« The ball must be held in or between the hands, not any other body parts.

„« No shouldering, holding, pushing, striking or tripping in any way of an opponent is permitted. The first infringement of this rule by any person shall count as a foul; the second shall disqualify him until the next goal is scored.

„« If either side make three consecutive fouls it shall count as a goal for the opponents (consecutive in these rules means without the opponents in the meantime making a foul of their own).

„« A goal is scored when the ball is thrown from the ground into the basket and stays there. If the ball rests on the edge of the basket and the opponents move the basket, it shall also count as a goal.

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„« When the ball goes out of bounds, it shall be thrown into the field and played by the first person touching it.

„« The umpire shall be judge and have the power to disqualify or foul players as required.

„« The referee shall be the judge of the ball and decide when it is in play in bounds, to which side it belongs, and shall keep the time.

„« The time shall be two 15–minute halves with five minutes' rest between.

„« The side scoring the most goals in that time shall be declared the winners.

Today basketball has grown to become one of the world's most popular sports, all thanks to Dr

Naismith.

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3 Little Known Tips Of Basketball Hoop Shopping

By Richard Menzel

I've got a confession to make. I play basketball. I play it very poorly and can't make very many of the shots that I shoot at the basketball hoop. I have a feeling that I am not alone in the world at being a rather poor basketball player. However, one thing that I'm not bad at is comparison shopping. I've mastered the ancient art of comparing prices between merchants and can usually ferret out a fairly good deal with a little bit of leg work. Basketball hoops are no different than other items when it comes to shopping for them. There are some tips you should know before embarking on your journey to shop for a basketball hoop.

1)New or Used. You really might consider buying a used basketball hoop if you are interested in value. However, make sure you are buying one that hasn't been banged up too bad. Years of basketball practice can only make your rim bent and dirty. Ebay can be a great place to buy used equipment and basketball hoops are regularly for sale on Ebay.

2)Do your homework by comparing different merchant offers on different search engines and different websites. Just because something is advertised for sale on Google doesn't mean its also advertised for sale on Yahoo. Some merchants advertise their good strictly through the Amazon partners program and don't do any other advertising anywhere else. Price vary drastically and the only way you will know

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that you are getting a good deal is to examine what the different people are selling the same goods for on different websites. Basketball hoops are no exception.

3) Learn about the different types and styles of basketball hoops. Without the knowledge of what you are buying, points #1 and #2 are nearly worthless. Buy your hoop the right way and get a great deal on one by being an informed consumer. Learn how to buy a basketball hoop and you can guarantee that you got a better deal than everyone else.

Tim Jeffries is author of "The Basketball Hoop Guide." Get your copy at

<http://www.basketballhoopers.com>



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