

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

A Conspiracy of Kindness

By Steve Goodier

A CONSPIRACY OF KINDNESS

My friend Randy Jessen tells this true story of love and kindness. It is a little longer than our usual fare, but I think you will find it well worth reading!

If you had to choose one word to describe Kevin, it might be "slow." Kevin didn't learn his ABCs as fast as other kids. He never came in first in the schoolyard races. However, Kevin had a special rapport with people. His bright smile and big heart won him plenty of friends.

When Kevin discovered that the pastor at his church, Randy Jessen, was putting together a boys basketball team, his mother let him participate. And soon basketball became a center of Kevin's life. He worked hard at practice. While the other boys practiced dribbling and lay-ups, Kevin shot baskets. He had a special spot near the free throw line. He threw and threw the ball, and it occasionally went in! When that happened, Kevin raised his arms and shouted, "Look at me, Coach!"

The day before their first game, Coach Randy gave each player a bright red jersey. Kevin was number 12. He scrambled himself into the sleeves and wore that jersey almost every day. One Sunday morning, the church service was interrupted by Kevin's excited voice. "Look, Coach!" He lifted his gray wool sweater to reveal the red jersey underneath with number 12 on the front. Nobody minded the interruption; the church knew Kevin and loved him.

I'd like to be able to tell you that the team did well. Actually, they never won a game that season — except for the night it snowed and the other team never showed up. At the end of the season, the boys played in the church league's tournament. As the last-place team, they drew the unfortunate spot of playing against the first-place team — boys who had never lost a game all year.

The game went as expected, and near the end of the fourth quarter Kevin's team stood nearly 30 points behind. It was then that one of the boys called timeout. "Coach," he said, "this is our last game and Kevin's never made a basket. I think we should let him make a basket." The team agreed. Kevin was instructed to stand at his special place near the free throw line and wait. He was told that when he was given the ball, he should shoot.

A Conspiracy of Kindness

Kevin was ecstatic. He ran to the floor and waited. When the ball was passed to him he shot — and missed. Number 17 from the other team snatched the rebound, dribbled down the court for an easy lay-up. But a moment later Kevin got the ball again. He shot — and missed. Number 17 repeated his performance for another two points. Kevin shot a third and fourth time with the same result.

But then the other team seemed to figure out what was going on and the next time they snatched the rebound, they threw it to Kevin! Kevin shot...and missed. But now every rebound came to him and he threw and threw toward the basket.

BOTH teams had circled Kevin by this time and all of the boys were shouting, "Kevin! Kevin!" The crowd took up the chant. Soon everyone in the gym was shouting for Kevin! Coach Randy was sure the game should have been over by this time and he glanced at the clock. It was stopped at 4.3

seconds! The timekeepers were standing by their table shouting with the crowd, "Kevin! Kevin!" The world had stopped for Kevin. He shot and shot and finally one of his shots took a crazy bounce on the rim and...went in! Chaos reigned! Everyone stood and cheered as if one boy had single-handedly won a world championship. Kevin's arms sprang up in the air and he shouted, "I won! I won!" His team escorted him off the court, the clock ticked down and the game was over.

That day an undefeated team retained their perfect record. But everybody won. Everybody! Because everybody had participated in a crazy conspiracy of kindness, a simple act of mercy, that was so compelling, so powerful, that I'm sure all of heaven rejoiced!

Steve Goodier

Publisher@LifeSupportSystem.com

is a professional speaker, consultant and author of

numerous books. Visit his site for more information, or to sign up for his FREE newsletter of Life, Love and Laughter at

<http://LifeSupportSystem.com>

Kindness

By Rev. Sue Borg

There is an inherent generosity in the human spirit to be of help, to be of service to others. What is it that makes us decide to be of service. What is it that inspires us and encourages us to be of support to others? What is it that makes you want to serve others.

A Conspiracy of Kindness

The dictionary describes service as "work done for, and benefit given to another; an act of kindness." As an Interfaith Minister, I have studied the world religions and found the common thread in all religions is The Golden Rule. Treat each other in the exact manner in which you would like to be treated.

His Holiness, The Dalai Lama says, "My religion is very simple; my religion is kindness." After the events of the past year, I believe it is kindness that will help the world return to a more loving place. Kindness is what will bring us back to feeling safe and loved and loving.

Thoughtful communication, loving words and feelings of unity are kindness in action. Being kind inspires us to be more loving, which in turn inspires us and leads us to be of service to others. When we are being of service because it is our heart's desire, things come to us in a very loving way. Spirit shows up for the task at hand. When spirit is at hand, all tasks become easier.

When our focus is on helping, our minds move away from fear and problems to a place of peace and clarity. There is no place where love and fear can exist simultaneously, so if peace is your goal, you must find a place to share your kindness and service as then watch how things change.

One way to do this is to bring to mind one who has made an important contribution to your life - anyone who actually made you feel loved and supported. When you feel loved and supported, then you can easily go forward to be of service in the world - no matter what form it takes. Being of service happens naturally as you live and express gratitude for all that has been given you.

I'm sure you have experienced loving thoughts and deeds from others many times. Remember how it felt. The greatest gift you can offer anyone is kindness and full appreciation. When we are kind and take the time to be grateful, then God rushes in with more. This is the way in which we move forward to help others in a very kind and rich manner.

With gratitude in my heart, I bless you all today with a heart full of kindness, a mind full of gratitude, and a joyful spirit to nurture yourself by nurturing others. Teach and nourish our children with lovingkindness. This is the way in which we celebrate all that is good and true and beautiful in the world. God Bless You.

Get information regarding 2005 International A Course In Miracles Conference at

www.iammiracle.com

Reverend Sue Borg has been teaching and speaking on spiritual truths for almost 20 years. Her humor and delight have impacted hundreds of individuals seeking to find "a better way." Reverend Sue has a profound awareness of human potential through "simple truth." Many individuals have experienced spiritual freedom and increased peace of mind by participating in the retreats, seminars and study groups she has conducted. She also does spiritual counseling on a personal level.

sueborg@xmission.com



This Free E-Book has been brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!