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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

A Guitar Lesson to Help You Develop Your Vision.

By Craig Bassett (The GuitarSolutionsExpert)

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GuitarSolutionsExpert)**

Have you ever done any of the following?

1. Made excuses for not practicing because you "didn't have time"?
2. Practiced the same licks and exercises that you did last year?
3. Felt like you had hit a brick wall in your progress?
4. Felt unsure as to what to practice?

Unless your name is Steve Vai, chances are you've done at least one of the above!

They are all symptoms of having a lack of vision.

What do I mean by vision? Vision in this context is having a clearly defined picture in your mind's eye of how you would like to play. It must be a crystal clear, exciting and inspiring picture!

Without an absolutely clear picture of what you would ideally like to sound like, you will not know what you need to practice in order to realise that vision. You will also probably lose the drive and motivation to practice daily for many years until you can play like your vision. You may even start using the loser's mantra which is "I don't have time to practice".

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Exercise One:

Think about how you would like to play in 10 years time. Close your eyes and try to see yourself playing exactly how you would like to play. Write down what you see now.

Make sure that it is detailed. What techniques are you a master of? What songs can you play? What bands are you in? How many students do you teach? How does it feel when you play like you do?

Exercise Two:

Now write down what areas of your playing you will need to start working on in order to reach your vision. What techniques do you need to start practising? What chords do you

need to learn? What music theory do you need to start learning about? Do you need to start doing ear training? What books, teachers, CDs and other tools will help you realise your vision? How much time every day do you think you will need to practise in order to play like you want to play?

Exercise Three:

Spend 10 minutes a day for the next 30 days imagining yourself playing exactly how you would like to play. Do this with your eyes shut. Don't worry, it won't make you want to start eating tofu or go around the neighborhood hugging trees! At the end of every time you do this, write down one small new detail about your vision. By the end of 30 days you should be feeling so excited that you'll want to practice 24/7!

Craig Bassett is a professional guitarist, guitar tutor and author from New Zealand.<http://www.Pentatonic-Guitar-Lessons.com>

Learn to Play Guitar Online – Discover Guitar Lesson Tools.

By Anna Rowe

You can learn to play guitar online – and it's never been easier.

Whether you wish to become a jazzy crooner, a country strummer or a jamming rock star, the guitar is one of the easiest instruments to learn. There are a variety of lessons, tools and help out there in cyberspace. And, you can learn enough to strum along with your first song after only one lesson!

To learn how to play guitar online, you need several tools in addition to your guitar. Some guitar lessons and tools designed to assist you in learning how to play guitar online, include:

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- Step-by-step guitar lessons.
- Chord lessons and chord charts.
- Guitar tab lessons.
- Song lyrics with chords.
- Guitar lesson ebooks and software programs.
- Sheet music
- Sound files and guitar jam tracks.
- Online guitar site forums.

If you are a beginner, look for online guitar lessons directed toward the new guitar player. These lessons should include the basics, such as; how to hold a guitar, choose a guitar, basic chord instruction, learning frets and how to choose guitar accessories.

Of course, the beginning guitar player will need charts for learning the various chords, so, at the very least, look for these visual aids. With practice, it won't be long before you'll be ready for intermediate guitar lessons.

The intermediate guitar player can also benefit from quality online guitar lessons and resources which illustrate the many chords. Furthermore, intermediate guitar players will be interested in learning to read guitar tablature.

There are many websites that offer free guitar lessons, but you may choose instead to get help with an online guitar lesson program. Although there's nothing wrong with teaching yourself guitar for free, many beginners find that it's easier, and faster, to learn to play guitar from a pro.

With professional guitar instruction, you'll learn how to play guitar the correct way, while learning which mistakes and bad habits you must avoid. It's truly a highly effective way to learn to play guitar. You'll learn valuable tips and techniques designed to reduce the confusion and frustrations that many people experience when learning to play a new instrument.

By choosing a guitar lesson program, developed by a professional guitarist, you'll get all levels of training needed. Most professional online guitar lesson programs are very affordable, and come with all the "bells and whistles" of proper guitar learning.

In Closing:

It's never been easier to learn to play guitar online. Of course it takes practice, but many of the greatest guitarists taught themselves most of what they know about guitar playing. Because of the Internet, you can play along with guitar jam tracks, learn unusual chords, find chords and lyrics for songs you want to learn, and even learn to read guitar tablature.

You can even join an online guitar players forum to get one-on-one help, support and to ask questions. And because of the high demand of learning guitar online, if you choose to invest in an online guitar

course, the prices have never been lower than they are today.

Article by Anna Rowe. Visit her

site to compare the best

programs. Get free guitar lessons and guitar playing tips.



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