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Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

A Parental Game Of Chess

By Valerie Zilinsky

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On a recent winter day, our son came home from school proclaiming a new-found love of the game of Chess. We were pleasantly surprised, as my husband has been trying to persuade him to try it for six years now. It seems that all it took was the knowledge that his classmates liked to play, and all of a sudden, he has dreams of being a master of the game.

As a parent, we encounter this over and over throughout our children's lives. We try to be the role model, setting a good example, leading them in the direction we'd like them to go. But our little darlings usually have other plans. And that usually consists of whatever their peers are doing at the moment.

When the new behavior is a positive thing, like playing a game of Chess, we can enjoy watching our children pursue the new hobby. But, we must always be on alert for the other habits that come from outside influences.

For example, another recent habit that my son came home from school with is a heavy dose of sarcasm. He isn't getting it from someone in our home, so it's safe to assume that someone in his class might be giving lessons during recess. If I have my way, whoever it is will soon have one less student to teach.

No matter how frustrating it gets to watch our children model themselves after their friends instead of their parents, we will continue to set a good example for them.

For our son, that means discouraging the sassy "know it all" attitude, and repeatedly reminding him how to talk with respect and kindness to all.

But it also means many games of chess accompanied by good conversation. It doesn't matter who wins or loses. Either way, we still win – it's time that we know our son is doing something that we approve of, while safe at home, spending quality time together as a family.

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Peers will always teach our kids both good and bad. But the ultimate responsibility lies with us at home, with parents helping children to recognize which habits are worth keeping, and those that should be put into a permanent "checkmate".

A parent-child relationship is quite like a game of Chess, actually. We are always watching each other to see what the next move will be. Our children learn from the moves that we choose. And when we see our children take a move, we are always looking ahead, trying to predict any possible outcomes before they occur. It's just hard to keep track of who's move it is!

Valerie Zilinsky is a married mother of two young children, and 'WebMom' of <http://www.RaisingOurKids.com>

Correspondence E-mail or Postal Chess

By Michael Kanehl

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Correspondence Chess or E-mail Chess might be for you if can't spend a lot of time playing without interruptions because you also have a life

E-mail chess is an evolution from the postal chess which was very popular in the late 19th century. Both can be categorized under the term Correspondence Chess

Unlike postal chess where time is measured in days, online e-mail messages can be delivered almost instantaneously

Correspondence chess allows people or clubs geographically distant to play one another without meeting in person. The length of a game played by correspondence can vary depending on the method used to transmit the moves – a game played via server or by e-mail might last no more than a few months, but a game played by post between players in different countries might last several years.

Correspondence chess differs from over-the-board play in several respects. While in OTB chess only one game is played at a time (the exception being in a simultaneous exhibition), in correspondence chess several games are usually played at once. All games in a tournament are played concurrently, and some players may have more than a hundred games continuing at the same time

The time limits in correspondence play are usually between 30 and 60 days for every 10 moves. This allows for far deeper calculation, meaning that blunders are very rare. The use of any kind of assistance including chess databases and chess programs is allowed, although many hobby players voluntarily do without them

The international governing body of correspondence chess is the International Correspondence Chess Federation (ICCF) which organises postal and e-mail events. There are numerous national and regional bodies for postal chess, as well as a number of organisations devoted to organising e-mail

play (such as the International Email Chess Group (IECG) and International E-mail Chess Club (IECC)).

Discover all aspects of chess at <http://www.art-of-chess.com>



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