

A Simple \$20.00 Investment Can Protect You, Your Family and Your Nest Egg!

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By Diane T. Creston

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NY – 07/23/04 – What if you discovered that twenty dollars could give you access to an array of valuable information that addresses the lifestyle, needs and financial interests of people 50 and over. Well, a twenty dollar annual membership in Senior Resources of America, headquartered in West Hills, California, does just that and more.

As a member, you'll have access to the Members Only website...special events and Solutions For Life, a newsletter filled with exciting features and the latest news. You'll find insightful advice about healthy lifestyles, financial planning, consumer protection, caring for parents and a variety of difficult issues that you may face as your parents age. Senior Resources has all the answers. And, if by chance they don't, they will find the answer for you.

Upcoming newsletter topics will include: "Blended Families...His, Mine and Ours" "The Latest Medicare Revisions" "Just say no to retirement" "Age is irrelevant" "Turn the value of your home into cash with a reverse mortgage. Is it right for you?" "Share creative play with your mini Picasso grandkids!" "What is Elder Law?" "What is an A-B Trust?"

WHY SENIOR RESOURCES?

In many cases, membership in Senior Resources has resulted in major quality of life improvements. A member, who's living on a fixed income, recently called for advice about her soaring monthly prescription bills. She couldn't stop taking her medicine that was costing hundreds of dollars a month, so she was forced to choose between food and rent, or her medications. The caring staff at Senior Resources found an excellent, low cost prescription plan that makes it possible for her to purchase her medications and live an independent life.

In another case, an elderly woman was literally confined to her home by her abusive children. Prescriptions weren't being filled in a timely manner and her children did not provide her with sufficient

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food. She contacted Senior Resources and the staff contacted the authorities and legal counsel to help her with her plight.

Other members has saved thousands of dollars in legal fees for living trusts, wills and other financial matters.

MEMBERSHIP BENEFITS

The TOLL–FREE Senior Hotline gives you a gateway to information and resources impacting seniors, including: Disability planning Financial planning Grandchildren issues Long terms care insurance and planning Social Security Medicare, Medicaid and Medigap insurance Nursing home planning Geriatric care and planning Retirement living Prescription drug issues and benefits

Senior Resources Travel Program: Receive special member's rate on our inaugural

Grandparent/Grandchild Cruise Summer, 2004. Create an oral and visual family history with your grandchildren and learn much more.

Senior Financial Services Network:

Access to a list of prescreened and pre–approved companies providing services to seniors in the areas of: Real Estate Sales and Purchases Long Term Care Insurance Prescription drug issues and benefits

Seminars, Workshops and Lectures that address issues and trends affecting you and the Senior Community.

SENIOR RESOURCES BACKGROUND

Thomas R. Lee and Douglas M. Neistat established Senior Resources of America because they realize the significance of providing quality senior related services to people age 50+. Their philosophy is that this rapidly growing demographic group will continue to increase and it's vital that seniors and elders receive appropriate and skilled legal representation.

Thomas R. Lee has been practicing Senior Law since 1974 and has represented over 10,000 seniors. Mr. Lee is a member of The National Academy of Elder Law Attorneys and The American Society on Aging and the California Advocates for Nursing Home Reforms.

Douglas M. Neistat was admitted to practice in 1973 and specializes in asset planning and protection, business reorganization, bankruptcy and debt restructuring. He also served as a non–executive director for West 175 Media Group, Inc.; a public company listed on the London Stock Exchange from 1996 to 2002 and chaired its remuneration committee. Mr. Neistat is certified as a Mediator to the United States Bankruptcy Court and laws appointed by the Los Angeles Chief of Police to its financial counseling team.

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One low annual fee of \$19.95 USD...less than six cents a day...gives you a world of resources and information

CALL NOW FOR INFORMATION AND TO JOIN - -800-819-7522.

Senior Resources of America..."Solutions for Life"

Noted marketing and branding consultant, Diane T. Creston, has been responsible for creating successful campaigns for a diverse range of products and services including: Samsung, Revlon, Sony, LGB of America and Carrera Slotcars, among others.

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A Metaphor For Change – The Egg

By Silvia Hartmann

There is nothing more certain in the world and in this life than CHANGE. No matter what people might think or what they might try to believe, everything is changing all the time, as we breathe in and out, as we eat and sleep and grow and go through our own spirals of unfoldment.

So here is a simple metaphor for change. It is called "The Egg" and I hope you enjoy it.

I often have this feeling of stress and desperation because I am quite convinced nothing has changed.

I look around myself and all I see is what I always see.

Same house, same furniture, same pile of bills, same everything.

I work so hard and NOTHING is changing.

I thought that again about something the other day, and this large, beautiful golden egg came to my mind.

There it is, and it just sits there in its nest of straw.

It doesn't DO anything.

It doesn't change shape, it doesn't change colour.

It doesn't pulsate. It doesn't roll around.

You could look at it for DAYS AND DAYS and you'd come away thinking that it was just that and there was NOTHING GOING ON.

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And yet, and if one was to extend one's feelers in a different way, one might become aware of the RIOT OF CHANGE that is taking place INSIDE the egg, a storm of re-organisation, feeding and growth, of total unfoldment as a bunch of random cells become a fish thing, which in turn becomes ever more defined and more complex, more organised in every way, more mature, more fantastic with every heartbeat, every breath that passes.

One day, and we know not when, the egg that lay so motionless for so very long and seemed to be nothing but an inert shape will begin to rock, and then it will crack, and the newly born dragonet will emerge, spread its wings for the first time and take its first small steps.

Yes, there was change.

Even if we thought there wasn't.

Free Meditation MP3s and a Free Energy Hypnosis Ebook "Our Dimensions" by Lady Hypnotist Silvia Hartmann can be found on

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