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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**A Time for Every Season**

**By Joyce C. Lock**

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There's a time for every season,  
Sorrowing when death gives its' call,  
A reality of living that  
Eventually come to all.

But, unless one dies to themselves,  
It's a life never lived;  
A life with selfishness,  
A heart that never learned to give.

The things we held on to,  
We thought we couldn't live without;  
Were the very lies Satan fed us,  
To keep us trapped in death's cloud.

For when we die to the flesh  
And live by the MASTER'S rule,  
We find we never lost anything,  
But Satan; vicious and cruel.

The path to peace and victory is God's will; God's way, every time. Because, God is for you, knowing your need better than you know yourself and only He knows which path will meet it and defeat Satan.

The reasons we serve God graduate the more we come to know Him; for our safety and benefit, it's exciting to see what God wants to do next, His plan is better than ours, because we love Him, for who He is. With each step of obedience, we discover life more abundantly and a God who loves beyond measure.

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As God ministers to the soul; He replaces Satan's lies with truth, heals, sets us free, teaches about who He is (a process of restoring our innermost self to its' original creation, separate from evil.) In so doing, God gives light to the darkness within, gradually indwelling us ... as, once we know the truth, we choose Him.

Devotedly, we, then, begin to serve God (having experienced His perfection) for what He's already done for us, for who He is, out of love alone. He is worthy to be praised.

By the time we've reached this far in our own spiritual journey, knowing the depths of Satan, we know beyond a shadow of a doubt that God's instruction is the path to life.

If our desires don't match God's will, we're not in our right mind.

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<http://my.homewithgod.com/blessingsandlessons/>

<http://www.aspecialplace.net/ChristianityMadeSimple/>

<http://groups.yahoo.com/group/HeavenlyInspirations-originalwritings/>

<http://our.homewithgod.com/heavenlyinspirations/heavenlyinspirations-intro.htm>

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In addition to being a published author and poet, Joyce C. Lock created the religion column, "Christianity Made Simple" for Peru Daily Tribune, continues to write inspirational articles for area newspapers, and shares further in online and e-mail ministries.

## **Camping Tents – What The Tent Ratings Mean**

**By Chris Morris**

Been shopping for a new camping tent? Wonder what 3-season or 4-season means? Confused about what a family tent or convertible tent classification means? Let's try to cut through all the marketing lingo and get down to what you should really look for when you see camping tent ratings or classifications.

When you get right down to it, you should think of a camping tent as either 3-season or 4-season. So what's in a name?

Generally speaking your average 3-season tent is built to hold up well in light to moderate weather conditions. They are built to be comfortable in Spring, Summer and Fall in most any location, hence the name 3-season.

Three-season tents are generally more affordable than 4-season. You will find a vast range of 3-season tent quality from the cheap units found in big retail stores to expensive models found in

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specialty camping stores.

The downside of 3–season tents? These tents do not hold up well in high winds, torrential rain and heavy snowfall. 3–season tents are generally not the tent of choice for backcountry expeditions through Alaska in January.

The best 3–season tents generally come with a waterproof rain fly and a breathable canopy. Ideally you want to find a three season tent with a waterproof floor. The rugged "bathtub" floor is generally reserved for the more expensive four season tent (but not always).

Four season tents are great for just about any weather condition that you may encounter, assuming its winter. The 4–season rating really should be classified as 1–season. Why? Because a quality 4–season tent performs great in winter conditions but may suffer from over–insulation in the summer months.

Structurally 4–season tents generally have at least four aluminum poles for strength (the more the better) to withstand sleet and snow. They are aerodynamic in design and typically they are dark colored in order to absorb heat. And they are generally much lighter.

The roof lines on four season tents are fully defined and very strong so water and snow cannot collect on top of the tent. Most four season tents can be utilized free standing in the event there is no place to pound stakes into the ground such as on the side of a mountain or in frozen terrain.

Four season tents have a fully encompassing rainfly to combat the elements. They also have excellent waterproof floors that are called "bathtubs" as they come up to about six inches on the side of the tent. Additionally the seams are very hardy and strong throughout the tent.

The downside to the 4–season tent? Price. You can end up paying a hefty sum for the technology built in to keep you protected.

Also, as I alluded to above, if you are camping in the middle of summer you will want air movement

through your tent to keep things cooler. 4–season tents are generally made to inhibit the elements from cutting through the camping tent, which is great in the winter and not so great in balmy summer.

So where does a family tent fit into these ratings? A family tent is simply a 3–season tent.

What's going on with a convertible 3–4 season tent? This kind of tent generally has some sort of built in airflow ventilator. I would not take this type tent into the backcountry where survival was important. If the ventilator malfunctioned and it would not close, you could become an unhappy camper pretty fast.

Bottom line: The 3–season tent is the recommended choice for the majority of campers. It is the most cost effective tent and will allow the user to camp in a variety of conditions up to, but not including, severe winter weather conditions.

If you camp from Spring, Summer and Fall, a 3–season camping tent will fill your needs. If you camp

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where severe winter weather is possible then you should be getting a 4–season camping tent.

A father of two daughters, Chris loves the outdoors and counts camping, skiing and bicycling as his favorite pursuits. Chris is the owner of

, a website for camping tent information,

camping tips and outdoor adventure discussion.



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