

A True Hero is Gone but will not be Forgotten

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By Louis Victor

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We lost a true American hero this past weekend, Christopher Reeve, He was the real "Man of Steel", he had incredible vision, he used his powers to save people and nothing could stop him. But before he became all of that he was known as the actor who played "Superman" in movies.

He was a great actor and the most powerful mouthpiece for spinal cord injuries. He became the real "Superman" after his tragic accident in 1995 when he refused to feel pity for himself and made the choice to increase public awareness and more action toward spinal cord research. He gave hope to those with disabilities due to spinal cord injuries and his courage was an inspiration to millions worldwide.

The true measure of a person comes at their darkest hour, in his darkest hour he shed light on the world. There are still many hurdles to overcome in spinal cord research and with the path that was paved by the Christopher Reeve Foundation and the American Paralysis Association, now known as the "Christopher Reeve Paralysis Foundation", we have hopes that something may be done in the future to allow those that are wheelchair bound to stand up and walk again.

This cause is a personal one for me having recently lost my brother due to a spinal cord injury. So for several years I had hope that a cure would come and though it may be too late for those that lost their lives it's not too late for those that still have hope.

Here are some sites of organizations to visit that could give you more information on spinal cord injury and paralysis.

<http://www.christopherreeve.org>

<http://www.apssci.org/>

<http://www.asia-spinalinjury.org/home/index.html>

<http://vet.purdue.edu/cpr/main.html>

<http://www.paralysis.org/>

<http://www.campaignforcure.org/>

<http://www.spinalcordinjury.org/>

There are many others, too many to list.

Louis Victor - New Age Media Concepts

None

THE HERO IN YOU

By Onaefe Umenu Edebi

So much we look up to higher places for help and encouragement. We all want someone who comes to us when we fall, when we are down. Someone to hold on to. But this hero is not always there, and as a thought "an angel has broken my heart".

But there's a hero, who's always there in joy, sadness, laughter and pain. Always there, he comes through for me. It's funny, when within me, I say "I don't see my hero", because though I may not see Him, I know He is there. Like an angel, He watches over me.

But you know what? We all have that hero. He is available to all of us— including you. We see Him, on the dawn of each new day; when we look through the image in the mirror. Even at night when we lay our head to sleep, our hero is always there; forgetting the past, concentrating on the present and seeing a bright future.

It's really simple.

"The Hero Lies in You"

Writer of the Inspirational "THE A TO Z I BEHELD" Onaefe Edebi is a motivational instructor and writer. He is also into computing technology.

THE HERO IN YOU

Mass Wyvern Double Expand

Dream Archetypes

Courage

5 Tips to Help You Win Big & Become a Village Hero

Wonderful Wedding Favors and Wedding Gifts

Favicon Creator

Handywoman's Home Repairs

If I Can, Anybody Can!

Name Branding Syndicator

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