

A person's health is their most valuable asset

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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**A person's health is their most valuable asset**

**By Morag Bevan**

We should have a lot of healthy people in our society. We live in a time where medical research is abundant and new advancements are being made every day. There is more knowledge than ever before and more medications and treatments to help with any health condition. So why is it that we have so many cases

Each generation learns new and better ways to care for their bodies and their health. We learn new ways to improve our health and take care of ourselves. So why is it that health costs are rising and more and more people seem to be getting sick? It seems that with all this knowledge, we would have smarter and healthier people but still almost every person you meet has a health problem.

So why is the health of people different now from how it was years ago? We know that basically the same diseases and conditions that we have now existed many years ago. So why are we faced with so many health ailments when the same ones have been around for so long? It may be more that people are more concerned than they were before.

We hear so much more about health issues today because the information is much more readily available to even the average person. Research is being conducted every day and the results of that research are made available for the public. There are many books out there on different health conditions and the treatments for them. There is also a ton of information to be found on the Internet. All of these sources of information are being updated often so you always get the best information on a particular topic. Past generations were not able to have access to all of this information and they did not know as much about their health and certain medical conditions.

It makes sense that there are more health conditions today because there are much more people on the earth. The population has increased by a lot and this makes more people with conditions. Another reason is because more people are visiting the doctor and informing themselves of their health. We don't just go to the doctor when we are sick. We now also go for regular checkups and for preventative care. There are vaccinations for many conditions that once resulted in death. It is also easier to spot the signs of a disease or condition now before it has progressed for too long.

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You know that these many positive changes in the health care industry have affected our society in a great way. We are now much more informed. There is no reason why you cannot find out any information you need in regards to a certain health condition or having a healthier life. But that is no reason to get yourself overly stressed out about a health condition or getting cancer. There are so many things out there that you might not be able to control and people make themselves sick from worry. The most important things that you actually can control are what you eat and the amount of exercise you get. These are the things you should stay on top of to be sure you have the healthiest life possible.

Morag Bevan is the owner of RH

Health

which is an amazing source of information about Health. For

more information, go to:

<http://rhhealth.com>

## **The 3 Ps Of Picking An Asset Management Team That Is Right For You**

**By Jennifer Harper**

Becoming successful in business is not a "my way or the highway" type of deal. Finding the perfect investment firm to manage your assets shouldn't be either. Because there are so many industries, so many investors, and so many different strategies of success, picking the right asset management team can be an overwhelming task. However it doesn't have to be.

You can find the right team to manage your physical assets by evaluating three essential areas of any investment firm. These essential areas are philosophy, process, and performance.

Investment philosophy is extremely important in choosing the right asset management team. Different investors have different philosophies on asset management. Some investors focus on small assets with high growth potential. Other investors focus on large assets that are extremely valuable. It is up to you to decide which investment strategy best suits your needs.

Next to philosophy on asset management is process. How does your asset management team approach investing? Are portfolio management decisions made by a single person or by a collective group? What criterion is being used to base asset management decisions off of? Is this criterion being researched by competent experienced analysts? The answers to these questions give valuable insight into the processes used by your asset management team.

The last essential area you should be aware of when choosing a firm to manage your assets is performance. Look at the performance record of your asset and investment manager. Find out the risk levels and earning potentials of your portfolio and compare your findings with the performance level of

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your investment manager.

Does your asset manager have a performance history of taking mid–level risks that have optimized earning potential for previous clients? Does she believe that a well diversified blended portfolio is the best way of maximizing your investment for the long haul? Is your financial advisor available to answer your questions when they arise?

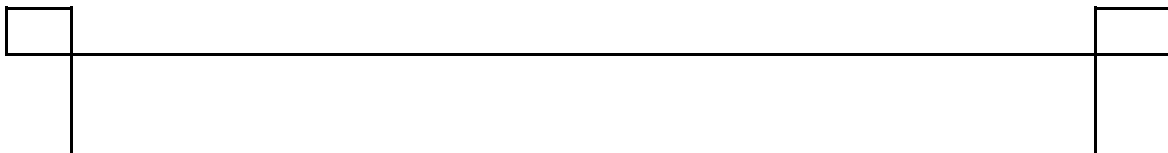
Understanding what you are looking for in an asset management team and balancing that knowledge with an investment firm's philosophy, process, and performance will help ensure that your asset management team has your best interests at heart. By doing this basic research and examining these three areas, you can rest assured knowing that your assets are in capable hands.

Jennifer Harper is author of "Everything Home" and "Money Management for Millionaires." You can find additional material on asset management by browsing the informative asset management resources available at

<http://www.asset--management.info>



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