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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

ABC's of Becoming an Effective Teen

By Lin Miao

ABC's of Becoming an Effective Teen

by: **Lin Miao**

A: Acquire a Strong and Positive Attitude

B: Break Out of Your Shell

C: Characterize Your Hero

D: Demand Respect For Your Standards, Yourself and Your Beliefs

E: Energize Yourself Everyday With a Goal of Making a Difference

F: Failure to Plan, is Planning for Failure

G: Go Big or Go Home

H: Humility is Power

I: Itemize Your Qualities and Seek your Strengths Not Your Weaknesses

J: Jealousy Will Always End in Negative Not Positive

K: Keep your Momentum, Never Stop, Keep Moving!

L: Live Your Life

M: Magnify Your Opportunities

N: Nothing is Better Than the Truth

ABC's of Becoming an Effective Teen

O: Okay, You've Failed, Now Get Back Up!

P: Position Yourself in Positive Environments

Q: Quality Over Quantity

R: Realize Problems and Quickly Fix Them

S: Stick to the Purpose

T: Treasure All Your Friends, For They're Your Most Prized Treasures

U: Understand That All Things Have a Purpose

V: Visualize Success and Don't Be Afraid to Fail. You Miss 100% of The Shots You Don't Take.

W: Work Hard If You Expect Success

X: X It Out! You're Better Than That

Y: Yes, is Not Always the Answer. Learn to Say No!

Z: Zoom into Reality, and Zip the Fluff

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I've Learned To Love Teen Art

By Martin Stoleman

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details.

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