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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Acne Treatments - A Brief Users Guide For Parents, Teens And The Rest Of Us.

By Mark MacKay

Treating acne depends on the type and severity of your acne. Treatment also depends on how dry

or oily your skin is, if you are male or female, if you are taking any medications, if you are pregnant or might be soon. These various factors affect your treatment options and can make any one size fits all acne treatment method ineffective.

Lucky there are numerous acne treatment options, so while you might not find one that works the first time, do not give up just try another. Do to the numerous acne treatments available today doctors can control most acne outbreaks; with greater success the earlier treatments are started. Hopping your acne will go away will not work, your local pharmacy is filled with many over the counter medications you can try, or visit your doctor who can prescribe more powerful treatments if needed.

The most popular way to treat mild to moderate acne is by using a topical treatment. These treatments can be in the form of a gel, cream, lotion or on a pad. They are applied to the surface of your skin, hence the name topical. The two main over the counter topic treatments are Salicylic acid and Benzoyl peroxide. Prescription Salicylic acid and Benzoyl peroxide are also available in stronger doses if required. Doctors may also prescribe ointments containing sulfur, tetracycline, erythromycin or a retinoid. Many times you will need to use a combination of the above treatments for best results.

Salicylic acid and retinoids are used to treat the clogged hair follicles that are causing the acne lesions. They penetrate the pores and help the dead skin cells dissolve. Benzoyl peroxide, sulfur, tetracycline and erythromycin are antibacterial ointments used to treat the inflammation and kill the bacteria in the blocked follicles.

For people with moderate to server acne, in addition to topical treatments they may also require some type of oral medication to treat their acne. The three types of oral medications are antibiotics, hormones, and isotretinoin. All three require a prescription.

Tetracycline, erythromycin, clindamycin, and doxycycline are the most common prescribed antibiotics. They work by being absorbed through the digestive system, then into the blood, and then into the hair follicles where they kill bacteria and reduce inflammation. This option would be used when topical

antibiotic treatments were unsuccessful.

Hormones are an option available to treat teenage girls and women with acne. They are usually taken in the form of a birth control pill. They work by increasing the level of female hormones in the bloodstream. This helps reduce the production of androgen, which will then reduce the production of sebum.

For severe acne, isotretinoin is often used. It is a powerful drug that treats acne by stopping all of the changes in the skin that causes acne. It kills bacteria, reduces sebum production, and slows the growth of skin cells.

All of the above acne treatment options should be reviewed carefully prior to use. As with any type of medication they all present some type of risk or side effect. For the over the counter treatments read the product labels and warnings to see if the product is right for you. For prescription acne treatments

discuss with your doctor all of the potential sides effects you may experience.

Mark MacKay is a researcher, marketer, and former Acne sufferer. For more information on Acne Myths, Causes, Types of Acne, Acne Treatments, Skin Care, Adult Acne, Teen Acne, Acne Discussion forum, latest research articles and much more visit Mark's Acne Treatments Explained web site at

<http://www.acne-explained.info>

Find More About Acne Scar Treatments Here!

By John Wellington

Acne is something that is very hard to cope with when you are a teenager, trying to survive the battle of high school. It can be embarrassing and troublesome, making you susceptible to the most irritating ridicule. So after taking the steps to rid the acne, what is one to do when scars are left behind? Acne scar treatments can be found in many forms, some of which are home remedies.

Although some treatments may not remove acne scars permanently, they are known to help repair them and make them less visible to your prospective partner's eyes. In reality, it all depends on the type and severity of the acne scars. Bearing that in mind, some acne scar treatments are easy to try, and the rest of this article will give you some ideas on how to go about them.

Chemical peels have long been known as one of many effective acne scar treatments. This type of treatment can remove and improve small, depressed scars. It can also help in speeding up the removal of current acne. Multiple treatments may be necessary to see the desired results. You know, everything takes time.

Dermabrasion is another one of the available treatments that will work on deeper acne scars. It penetrates deep down into the facial tissue, helping to improve acne scar visibility tremendously. You

can also look into laser treatment if you have the time and money to choose this option in acne scar treatments. It will surely offer a huge difference in the way your skin looks, offering relief from small, big, and even very deep acne scars.

And last but not least, soft tissue augmentation is something to consider as well. This type of treatment will help to compensate for the loss of skin cells due to acne scarring, making the skin appear and feel smoother and healthier. It will also help to rid of any remaining acne scars that may be visible.

If you plan to try home remedies, check that you are not paying for the information to do so. Why pay even a dime when you can find free information on the Internet which gives you the opportunity to easily try the acne scar treatments for free? This is important as some acne scar treatments that are home treatments will not work, and nothing is more disappointing than investing a large amount of hard earned money into something that you hope to work but eventually just disappoints you.

By trying the home acne scar treatments one by one, you can decide which works fits your skin type and condition best and stick with it, as home treatments will probably take longer than the treatments described above, but they save money and results should be seen as the treatments continue.

John Wellington provides readers with up-to-date commentaries, articles, and reviews for

<http://www.healthcare-resource-guide.com>

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