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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Acne? What Acne?: Serious Treatments to Get Rid of Your Acne

By Hanif Khaki

Over the last few years, information about acne treatments has come a long way. Science now suggests that acne is probably hereditary and not caused by the foods you eat or don't eat. Those unsightly zits and spots can no longer be blamed on the many things you do on a daily basis.

Below are a series of acne treatment options that are available to those that are serious about getting rid of their acne.

You have no doubt heard of Accutane. Accutane is the controversial drug of choice in the treatment of acne. Furthermore, after Accutane has done its job, Retin-A, a less potent and topical derivative of Accutane, can then be applied regularly to maintain your clear complexion and continue to keep your skin blemish free.

Other steps that can be taken to get rid of acne include:

·Collagen injections. Acne scarring can cause the loss of the body's natural Collagen. Therefore Collagen can be injected under the skin to enhance this lost Collagen. This treatment is also effective for other skin conditions such as wrinkles and crow's feet.

·Chemical peels may also be useful to remove acne. This is the procedure that removes the top layer of the skin and thereby the superficial acne scarring as well. This technique can leave the skin quite sore and bruised after the procedure, however, the skin soon becomes rejuvenated and the appearance of the skin is remarkably improved and refreshed.

·Punch Grafting is another procedure used to rid the skin of acne. Quite literally, a hole is punched into the skin and any acne scar is simply removed. New skin is then taken usually from an area behind the earlobe and used to replace the missing skin. Punch Grafting is known to be useful in treating deep acne scars.

·Dermabrasion is another technique used to minimize small blemishes and scars. Dermabrasion involves the removal of the top layer of skin. It may involve some pain, however, after the healing process begins, the surface of the skin looks noticeably cleaner and clearer.

·Laser resurfacing involves the use of a high energy laser light to burn away skin scarred by acne. It is thought to be a moderately uncomfortable procedure with some level of success.

·Autologous fat transfer, as a method to remove acne, involves taking fat from another area of the body and injecting it into the skin under the scar. It's a very efficient method for raising depressed scars and making them less noticeable. However the results are temporary and the procedure may need to be repeated every few months.

The above are just a few of the procedures currently used for the treatment of acne. There are of course many other acne treatment options you will find as more research is undertaken.

Hanif Khaki is the acclaimed author of numerous health related articles and the founder of the popular acne resource site

www.acne-cure.expert-health.com

Acne Skin Care Tips

By Paton Jackson

Some basic tips can help you to gain control over your acne.

Acne skin care is no easy thing. For most people it is very challenging. Sometimes, acne lasts only through puberty and once those crazy adolescent years have past, things just get easier. Your face clears up and you don't really worry about acne. But, that does not mean it goes this well for everyone. For many, acne will last well into their 20's, 30's and even beyond. And, for that there is a need for acne skin care tips like these.

Tips You Can Use Now

1. Find an effective skin care regimen and cleanser. There are many out there that are both natural acne treatments and those that are chemical in nature. The fact is that in order for your skin to heal, the bacteria on it will need to be cleared up. You will need to insure that your acne products will do this.
2. Use exfoliating acne skin care products. By exfoliating, you are removing the dead skin cells on your skin that are literally feeding the bacteria on your face. As disgusting as it sounds, getting rid of them through exfoliation is critical to getting rid of the acne.
3. Use natural acne skin care products as well. These will be found on the web and can provide you with the most fundamentally solid way of treating acne in a natural way. Have an arsenal of good quality natural skin care products can give your body what it needs to fight off bacteria and to heal.

Getting Acne Skin Care Training

Acne? What Acne?: Serious Treatments to Get Rid of Your Acne

You may be thinking that acne skin care training sounds silly. The fact is that if you have the necessary knowledge to fight off your acne infections you will be more likely to make it work for you. So, before you head off to make a purchase of some costly acne medication, learn why they will work or maybe even why they may not. There are many out there that may be able to provide you with just what you need in acne skin care.

Our experts have executed a research to find the best acne treatments. Find the results only on

<http://www.tigilet.com/c/Acne.php>

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<http://www.tigilet.com>



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