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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Aiding Angry Allies

By Ruth Marlene Friesen

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You may have seen this in the Bible;

"Do not make friends with a hot-tempered man, do not associate with one easily angered..." *

Fairly obvious advice, since we all know that an angry person can become violent and hurt us. We have learned over the last decade or two that an abuser or criminal has often a submerged anger.

But how many of us can recognize latent or hidden anger in an individual? Is it possible to spot the signs and avoid becoming too close to an angry friend?

Lets skip backwards, spin around three times and see if we don't land back at the beginning where anyone first picks up a deep, unresolved anger.

Isn't it when someone disappoints us so hard, or doesn't measure up to promises or expectation, that we get that first gash to our spirit? If it happened to us as a child, we somehow don't sense permission to get angry over our disappointment, so we submerge it. Or we may be old enough to reason why the promise really wasn't coming to us, or the other person had every right to hurt us.

But that gash has been made, It doesn't follow
that reasoning. Untreated, it festers and grows
maggots.

Time passes, we grow older and we go on to other
things. That gash eventually grows a scab over it.
However, it is forever touchy, and if anything or
anyone resembling the original weapon which axed
it comes near, all our spiritual nerves tingle,
ready to take flight or to fight.

Those people who turn into physical hulks, or are
confident in some other aspect of life, are likely

to fight. It is the old wound lashing back, and we
call it an angry outburst.

Those who wilt and turn inward usually punish
themselves, whether anyone else or not.

Let's spin ourselves three times and skip-to-my-
Lou forwards. Even if we understand how the angry
person got angry, is it wise to form a partnership
or marriage with such a one? That person needs help,
but isn't going to take it from you, and for sure
not until she or he wants to look at the ugly sore
again.

So don't date, don't marry, don't even get close
to an angry person unless you are a glutton for
pain, or else you have the strength to wrestle
an angry animal down until it's healed.

What it takes to heal an old wound is;

1. take a good close, curious look at it,
2. confront the person who caused it originally,
and express the hurt, the pain suffered,
3. whether the Cause repents or not, the woundee
must forgive, set aside that event by giving it
to God to redeem, and believe that good will now
come out of it.

Aiding Angry Allies

learn to base our self worth on our self as a person, as a human being, not on how much money we make, how beautiful of a partner we have, how big of a house, or car, or our penis size.

We are not angry because we have a small penis. We are angry because we feel impotent. We feel less than other.

Before I managed to make my penis bigger by using some exercises, and self-hypnosis (see my penis size solutions), I started to face my low self worth. Before I saw any real changes in penis size, I saw changes in my social life.

Women I would have been afraid to talk to approach me. Situations where I would have been angry and hostile became happy and joyful. Not because my penis grew, but because my self worth grew.

I didn't have to be angry, because I didn't feel as impotent. I didn't have to be shameful about my self, because my self worth was not based on my penis, but my character, me being part of the human race.

Enlarging my penis only seemed like a bonus. It was like living in a low class block, but being happy there. You don't have to move to a big house to be happy, but if you do your life might become even better. And I managed to make my small penis bigger, but first I became happy ;-).

This is the attitude you have to have about enlarging your penis. If you think big penis size is going to make you happy, then you are basing your self worth on your penis, but not your self. Get happy first, and then enlarge your penis.

Jonas Swensson managed to enlarge his small penis, but better also enlarge his self worth, and happy attitude. Without claiming to be an expert, he has helped many men to do the same through his website



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