

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Air Duct Filters And Fighting Allergies

By Duane Johnson

Air Duct Filters And Fighting Allergies by Duane Johnson

Allergies are an unpleasant fact of life for many today. The symptoms are all too common including, sneezing, coughing, runny nose, breathing difficulties, skin inflammations, and more. A true allergy sufferer knows how difficult it is to deal with these symptoms on a daily basis.

If your allergy is to airborne elements, you are really at the mercy of changing winds, weather, and seasons too when you are outdoors. There isn't much that can be done to control the outside environment, but there is plenty that you can do to try to control the allergens in the air when you are indoors.

There are several tools at the allergy sufferer's disposal to help, but some of the most effective are air purifiers that can help scrub the air of allergic compounds and remove the allergy causing contaminants.

Air duct filters are another valuable weapon in the arsenal for cleaning the air you breathe. Either used by themselves or in tandem with other air cleaners such as air purifiers, they can help rid the air of the following:

Dust, pollen, allergens

Pet dander, dust mites

Harmful bacteria, viruses

Pet odor removal: dog, cat, etc.

Mold / mildew removal

Cigar / cigarette smoke

Air Duct Filters And Fighting Allergies

Air duct filters are very easy to install and yet very effective in what they do. They are designed for use in any HVAC ventilating system to provide central air purification for your home, business or commercial building. They are perfect for small and large ventilating systems in homes or businesses, and industrial use in ventilating systems including; industrial odor removal, gaseous fume removal and biological decontamination.

As with other air purification products, air duct cleaners are usually specified to clean the air within a certain area or space. Their results are best achieved when used within the specifications set for each filter.

Air duct filters are another way that allergy sufferers can begin to take back their life and break free from from allergy symptoms.

Duane Johnson –

is a site that provides free information, tips, and

resources for finding the best home air purifiers, commercial air purifiers, humidifiers, and dehumidifiers to help improve your health.

Choosing The Right Filter For Your Air Conditioner

By Kimberly Thane

The primary function of the air filter of your air conditioner is cleansing. It actually keeps pollutions, air borne particles, and ozone emissions away from the machine's cooling coil and as well as from the air inside the room.

You would get several varieties of air filters for your air conditioner – like the HEPA, standard, pleated, electrostatic and electronic filters. The most common among these are the standard, pleated and the electrostatic filters. These filters are usually installed in the walls, ceilings, furnaces, or even in the conditioning machine itself.

The standard filters are made of spun fiberglass and cardboard frames, and are capable of filtering ten percent of the dust particles. These filters need to be replaced every month. The pleated filters are a more efficient than the standard ones. Their filter material is designed like a paper fan, and as they cover a larger area, they can remove about thirty five to forty percent of the air particles. They are supposed to have a life span of two to four months; at least, that is what their manufacturers say. Ranging between \$5 to \$20, the pleated filters are a little more expensive than the standard ones.

The electrostatic filters catch dust particles through an electric charge. The electric charge is either inbuilt, or is generated when the air passes through the layers of the filter. These filters are priced between \$20 to \$100 each. It would be sufficient for you to change the filter only once a year.

Air Duct Filters And Fighting Allergies

An electronic air filter has almost the same mechanism as the electrostatic filter. People suffering from allergies usually prefer this type of filter. The electronic filters are more efficient than the electrostatic ones as they do not impede the airflow inside the machine in any way. You can choose any type of filter according to your requirement, but make sure that you get the conditioner coils checked and cleaned by your contractor each month.

The only way to make your air conditioner work at its best is to change the conditioner filters at regular intervals. This is really important, because choked up or unclean filters would obstruct the proper flow of air. This would in turn abate the coils' capacity of absorbing heat and naturally, your air conditioner would simply stop functioning smoothly.

Kimberly Thane is an author and home owner. More of her articles can be seen at



This Free E-Book has been brought to you by Natural-Aging.com.

[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!