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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**A...is for Accident Attorney**

**By Viojieley Gurrobat**

Imagine driving down the highway on a clear Monday morning. Everything was going perfect when suddenly another vehicle came skidding from the opposite direction. You stepped onto the break but it was too late. You tried to avoid the other car but unfortunately you hit your car into a post. Dazed and somewhat unable to believe what just happened, you came out of your car with a few scratches and injuries. People came to help you and the police arrived to investigate. In this instances, when you do not know what to do you might tamper the evidences and risk your chance of getting insurance benefits and auto accident injury claim.

After the accident you would probably ask, is it possible to handle your car accident claim yourself? The answer is yes, it is possible. Besides, if you do not have a lawyer you can save money from not having to pay attorney's fees. But just the same you will have a hard time proving your claim to the insurance company. Remember that insurance companies are also looking after their interest so they would always find a way to reduce the amount of your settlement.

Probably the only way to get a fair settlement is to have an experienced and reputable lawyer by your side. The intensive training and skill of auto accident lawyers can help you get a positive outcome in your claim. Additionally, when the insurance company knows that you have a lawyer to explain all your legal options, they would be willing to settle without delay to avoid the extra costs. Lawyers always give insurance companies the scare that they need so they would not give you a hard time in processing your claim.

An attorney will also always make it a point to increase your settlement amount to cover his fee. So financially speaking, it's a win-win situation. So let your lawyer handle your legal case. After all, following the accident your greatest concern is getting yourself medical attention to get back to work as soon as you can. Your lawyer would be more than a legal representative in this case. He can be your friend, confidant, and even your greatest ally. Hence, let your lawyer do all the dirty job and focus most of your energy in doing everything it takes to get your life back to normal.

Viojieley Gurrobat loves readings books in her spare time. She writes stories and poems about anything under the sun.

For comments and suggestions kindly visit

[http://www.attorneyservicesetc.com/practice\\_area/Vehicle-Accident-Attorney-Services.html](http://www.attorneyservicesetc.com/practice_area/Vehicle-Accident-Attorney-Services.html)

## **Virginia Workers Compensation for the Injured Worker**

**By Gerald G. Lutkenhaus**

What to you do in Virginia if you suffer an injury at work?

First, you should report even trivial injuries to your employer immediately and make sure a written accident report is filled out and sent to the employer's insurance company.

Second, you have two years from the date of your accident to file a claim with the Virginia Workers' Compensation Commission. If you have medical bills or lost time and the insurance company has not sent you an agreement to be filed with the Commission, it is your obligation as an injured worker to file a Claim for Benefits with the Commission.

Third, if your claim is disputed by the insurance company, then you need to contact an attorney preferably an attorney who is experienced in Virginia Workers' Compensation Law.

Gerald G. Lutkenhaus has been practicing workers compensation law in Virginia for over 25 years. In 1999 he was recognized in Richmond Magazine as the best Workers' Compensation Lawyer in Central Virginia. He has received the highest rating by Martindale Hubbell, an organization that rates attorneys.

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