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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

All About Blush: Make-Up Made Easy

By Julia Brown

Giving a warm, natural color of blood rushing to your cheeks – this is what blush does. Blush gives

depth and contour to your cheeks and accentuates your inner glow. Unfortunately, blush comes in a wide variety of hues, shades and tones that can get you confused on which shade is just right for your skin. A guide for beginners and experts alike, read on to get the full story on one of the cosmetic industry's best effects.

1. Choosing the appropriate shade of blush for your skin tone

This is similar to picking the right shade for your foundation, concealer or eye shadow. It is hard to pick out the right one – doing this would require comprehension of color theory. But, you don't need to worry. Blushers today are very flexible, which will blend onto your skin tone easily. Getting off at the wrong track, however, will make your face drained or looking like a clown.

2. What to consider

There are two simple things to take into consideration – skin and the context.

Skin tone

– Know whether your skin is a warm or cool tone. – If you have a yellow undertone, you will settle in better with cool colors like mauve, rose and pinkish plum. – Orange, copper, almond or peach is appropriate for olive-skinned while blue skin tones (very dark-skinned) can opt for dark red or auburn. – Those with a neutral look can have any color while those with pink tones can get away without a blush at all.

Skin intensity

– The darker the skin, the stronger the color of the blush. So it follows that the lighter the skin, the lighter the blush. – The intensity of the blusher will make or break your look. Having a blusher that is too weak for your skin will not even be seen. – Fair-skinned women may use a shade from a pale

pinkish red to beige – you can also apply powder blush on top to have that translucent effect. – Medium tones call for warm pinks, brown-based pinks or soft beige. For the olive-skinned, brown-red, soft berry, honey beige or plum pink is recommended. – Those with a darker skin color can use deep bronze, soft mahogany or cocoa.

Context

– Consider the color of your hair and eyes. Dark or black hair tends to make the skin look paler, so a stronger blush than the recommended shade might be needed. – Neutral shades like a bronzer should complement blonde hair and tanned skin. – Peach is a safer color for red heads or those with loud hair colors, since it competes with your blush. – Daytime or nighttime? Soft, natural colors like warm pinks, beige, peach, and mauve is more appropriate for evening affairs. A bronzer can also be a substitute to blushers if you want a sun-kissed look.

3. Sure-fire blush selection, made easy!

Do physical activity for about two to three minutes until your cheeks become pink. If you're still having a hard time knowing what the right shade is best for you, ask someone from the make-up counter. Since they have charts and color wheels, it is best that you ask them for advice on color.

4. Applying the Blush

If you're thinking on buying a blush, remember that you won't find out the real shade until you try it out. Apply on the inside of your forearm to find out the color. If it doesn't stand out, then you have chosen the right color.

Experimenting with the right shade and color would require a face in full make-up. This will let you know if your blush is balanced with your make-up. Make sure that your blush will match the color of your lipstick. Applying a little blush to the tip of your nose and chin will balance your look.

To ensure that your blush will blend with your make-up, apply blusher first or else it will compete with your eyeshadow and lip color. If you find out that you have too much blush, don't fret. Just get a dry and clean sponge to soften the colors. Remember, this will all be in vain if you don't know how to apply blush properly.

For more great blush related articles and resources check out

<http://blush.makeupplace.com>

5 Simple Tips To Fix 5 Mistakes We Almost All Make When We Put On Makeup

By Maria Llorente

Have you ever been putting on your makeup and when everything is going well, you suddenly make a

mistake that ruins all of your effort? Have you had to take off your makeup some time because, without meaning to, you've ruined your makeup? Surely you have; it happens to all of us.

In this article, you will find five of the most common mistakes and the best tips to quickly fix them without having to take off all of your makeup...

We hope you'll like them and that they'll help you easily improve your personal image...

"I'VE PUT ON TOO MUCH FOUNDATION" This is a very common mistake that we all make when we put on makeup. If you are totally made up, to take off any excess foundation, do the following:

- Lightly moisten a clean sponge with water (the sponge should be almost dry and without any makeup residue) and sponge all of your face with downward movements.

TIP: It's very important, most of all, to avoid excess foundation and concealer around the eyes. To eliminate any excess in this area, perform the same step and afterwards use your fingertips to softly blur the product in that area.

"MY EYESHADOW LOOKS TOO DARK"

If you've put on too much eyeshadow, or it looks too dark, follow these steps to quickly fix the problem:

- If it happened on your upper eyelid, blur the eyeshadow toward the edges with a clean brush to reduce the color. If it still looks very dark, apply a little bit of matte cream eyeshadow with a brush (if you don't have cream eyeshadow, you can use translucent powder) and blur the eyeshadow.
- If it happened on the lower part of your eye, use a fine, clean brush to blur, or pat it softly with a Q-tip.
- If as you were blurring, you've left the contour of the eyelid and the shadow looks very dark, blur it with a clean sponge and afterwards apply a little bit of foundation, patting lightly to fix the foundation.

"I'VE PUT ON TOO MUCH BLUSH" If you applied too much blush, try the following tip:

- Stroke your cheek with a thick, loose powder brush—the brush should be completely clean. If you still have too much blush on, apply translucent or clear powder with the same brush, just over the blush. That way the two powders should mix, clarifying the original color.

"I'VE PUT TOO MUCH MAKEUP ON MY EYEBROWS" When we put too much makeup on our eyebrows, we look harsh and we can't even recognize ourselves. Follow the following tip to quickly solve this:

- Simply brush the eyebrow with a clean Q-tip, going against the grain of your eyebrow. You will see how quickly the color you initially applied disappears.

"I'VE SMEARED MASCARA ON MY EYELID" That's all right. Just follow these next steps and you'll

see how you can quickly fix the problem:

· Continue applying makeup and when you have finished, allowing enough time for the mascara to dry, apply a Q-tip right over the smudge. You'll see how it quickly disappears and you don't need to remove the makeup from your whole eye.

TIP: A good trick to avoid smudging yourself is applying makeup first to your inferior eyelashes and then to the superior.

Maria Llorente is a qualified Make Up Artist who writes on health and beauty subjects.

<http://www.promaquillaje.com>



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