

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

All About Paintballs

By Tim Bach

All About Paintballs by Tim Bach

All About Paintballs

Paintballs are gelatin capsules filled with a water-soluble marking dye. The dye inside is non-toxic, meaning that if you swallow it, it will not hurt you. However, the taste is not very pleasant.

Paintballs are manufactured by many different companies. As with most things, paintballs can be either low quality, or high quality. Of course, paintballs also come in a variety of colors. Paintballs can also be bought in many different quantities, with just as many variations of prices.

Most paintball fields require you to purchase and use their paint. This is how they make their money. Therefore, in most cases, brand and quality of the paint will not be deciding factors.

The best way to determine which brand/quantity/quality of paintballs you should buy is to know how you will be using those paintballs. If you are using the paintballs for practice, you naturally will want to go with the cheapest paintballs. Quality will not matter much in this instance.

If you will be using the paintballs for rec-ball, again, quality is not quite as important, and you may want to go with the cheapest price. However, if you will be using the paintballs for tournament play, quality matters a great deal. You want paintballs that will not break easily inside your gun or in transit. At the same time, you do want paintballs that will break easily when they hit an opponent. Many tournaments will require you to use the paint that they are selling. Tournament grade balls tend to be resistant to "wiping", meaning that the paint is harder to wipe off. This discourages cheating.

You must also purchase the right size paintballs for your gun. Paintballs sizes are measured in calibers. The most common caliber of the barrel on a paint gun is .68. However, it is important that you check the documentation that comes with your gun to make sure you know the correct caliber of your gun's barrel, therefore enabling you to purchase the correct caliber paintballs.

All About Paintballs

Both paintballs and paint ball gun barrels range in sizes from .67 to .71 calibers. Just because your gun requires a .68 caliber paintball, does not necessarily mean that this is the best caliber for your gun. Paintballs are not perfectly round. You will need to experiment with different sizes, close to the caliber your gun calls for. It may be that a .67 caliber paintball works best in your gun, even if your barrel bore is .68. An easy test to see if a paintball will work in your gun is to put the ball in one end of the barrel. If it rolls out on its own, it is too small. It is a good fit if you can easily blow it out of the barrel. If you cannot easily blow it out, it is too big.

When choosing the color of your paintballs, it is necessary to consider the playing environment. If you are playing in the woods, bright colors may be preferred, as it is easier to see the paint. Some paintballs glow in the dark. If you are playing at night, this may be what you want.

A few brands of paintballs that are made for cold weather playing. They are designed for better performance during the winter months.

Occasionally, paintballs will break inside the barrel of your gun. If this is happening on a regular basis, there may be a problem. It could be the gun. You may have your velocity set to high. The ideal setting for your guns velocity is about 280. You may also bust balls in the barrel if you do not keep it clean. Having too much oil or not enough oil in the barrel can also cause the paintballs to break. Often, too much air pressure, or uneven air pressure, can cause the paintballs to break.

If the problem is not the gun, it is the paintballs. The most common problem will be the size of the paintballs you are using. Try using a smaller size. Dirty paintballs can also cause them to break. If your paintball hits the ground, do not use it in your gun. Take the loss.

Cheaper paint breaks more often than quality paint. Old paint breaks more often than new paint. Extreme temperatures also have an effect on your paint. Unless your paint is especially made for cold temperatures, avoid using it or storing it in such conditions. High humidity can also cause problems, by weakening and warping the paintballs. You should throw out paintballs that you have had for three or more months. Paint may also break if you are shooting the gun faster than what your hopper can manage. This is called over shooting the feed.

When storing your paintballs, keep this in mind. Higher quality paintballs last longer than low quality when kept in storage. You will need to store your paintballs in a dry area where the temperature does not vary too much. Store paintballs in a sealed container or bag to keep dust and dirt out.

It is a good idea to purchase low quantities of different quality/brand/priced paintballs and try them out to see which one works best for you and your paintball gun.

Paintball gun tips

Paintball Is A Bang-Up Sport For Anyone

By Lee Rummage

Ron Fowler said it feels like being hit with a wet towel. Bryan Vasaris said it's like being snapped with a rubber band or stung by a bee. Being shot by a paintball gun doesn't sound very fun. So why is paintball one of the fastest growing sports in America, according to the National Sporting Goods Association? "It's a stress relief, because you can go out and shoot at people and not dangerously hit them," Vasaris said. "But it's also being with a group of guys that you like to hang around with."

The most commonly played paintball game is "capture the flag." There are rules variations, but the object is for a team to capture the opposing team's flag while protecting its own. Players eliminate opponents by shooting them with their paintball guns. The games can be played outside in an open field or forest, or inside at a specially designed facility with inflatable bunkers and other obstacles. "It's not the hide-and-seek game everyone thinks," Vasaris said. "It's really action-packed and fast-paced." Players use carbon dioxide- or nitrogen-powered guns that fire thin, gelatin capsules filled with non-toxic paint – the "paintballs."

Vasaris, 22, who has been playing paintball since he was in high school, will be a senior at the University of Cincinnati this year and is the president of the school's paintball team. He said getting shot isn't as bad as it seems. "After the first time, I didn't even think about getting hit," Vasaris said. "There is such an adrenaline rush that you don't even feel it."

For those who want to experience that rush, there are plenty of paintball facilities around Cincinnati. A good place to start for beginners is the Hueston Woods Paintball Club at Hueston Woods State Park.

Tom Arvan, who has been the paintball club's general manager for 12 years, likes to promote the game to new players. "My personal enjoyment is seeing the kids play and seeing first-time players come off the field with a grin on their face," Arvan said. Hueston Woods is open every Saturday and Sunday from 10 a.m.–6 p.m. and offers two fields, including one that is wooded with some constructed obstacles. The cost to play is \$27, which includes a gun, a carbon dioxide tank, 200 paintballs and protective gear. Players who have their own equipment pay \$12. The fields are open Monday through Friday by reservation for groups of 15 or more. Arvan said Hueston Woods has catered to birthday parties, bachelor parties, fraternity and sorority parties and corporate outings. "We have had high praises from corporate groups for team-building," Arvan said. "It's a game that really fosters some friendship and sportsmanship."

Arvan said his paintball field is open to players of all skill levels. "Paintball is a sport that isn't dominated by youth and physical size," Arvan said. "We've had mom, dad, grandma and grandpa out here."

For more information on the sport of paintball please go to

" target="_blank">www.alphasportsinc.com

Alpha Sports Inc provides readers with information on Paintball News. We work hard to keep you up to date on the latest paintball news, events, and paintball gear. Please visit us at

www.alphasportsinc.com



This Free E-Book has been brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!