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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**All About Tanning Bed Lotions, Tanning Bed Lamps And Other Tanning Bed Products**

**By Oliver Turner**

There are several types of tanning beds and tanning bed products available in the market which can offer you that healthy golden glowing skin.

**Tanning Bed Lotions**

Using tanning bed lotions are one of easiest and convenient ways for sunless tanning. Tanning bed lotions helps you to get the perfect shade of bronze to your skin. But the real trick to effective and healthy sunless tanning is to finding out the best tanning bed lotions which can give you that healthy golden glowing skin. While selecting tanning bed lotions you need to be careful to select tanning bed lotions which contain moisturizers, cocoa butter or aloe vera. This is important as tanning bed lotions which lacks these ingredients can result in drying out of the skin.

Tanning bed lotions can be applied on a consistent basis to keep your skin healthy as you tan. For those people who used to burn easily can apply a thicker coat of tanning bed lotions for the initial few visits in the salon. By using more tanning lotion, one can reduce the effects of burning or peeling.

As the skin type and pigment level of one person differs from the other, it is always a good option to first try out various indoor tanning bed lotions to find the one which best suits one's skin. Tanning bed lotions can be purchased from beauty salons or other stores.

**Tanning Bed Lamps**

Tanning bed lamps are designed in similar manner to general lighting low-pressure florescent lamps. The major difference between the two types is the phosphor used. The phosphor used in a tanning bed lamp allows UVA and UVB rays to be emitted at controlled levels.

The latest tanning bed lamps available in the stores are great at delivering a golden bronze tan for your skin. The lamps are designed so as to work quickly as well. Tanning bed lamps also helps to reduce your exposure to the harmful UV rays.

There are several types of tanning beds and tanning bed products available in the market. Many of them are designed to be used in home while several others are designed for commercial and tanning parlors. Before purchasing tanning bed lotions, tanning bed lamps, or any other tanning bed products, it is advisable to shop around and compare the latest models available in the stores. This is very important as the technology used in tanning bed products is constantly changing; so it is the responsibility of the customers to keep up with the technology and changing tanning bed products to achieve the best possible results.

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### **The Best Sunless Tanning Methods**

#### **By Paton Jackson**

If you haven't noticed the summer is already here. Surprisingly, you don't have to wait for the summer for endless beach hours beating down on the sun rays. Sunless tanning also known as the indoor tanning is more popular and easy than ever and it is much safer than sun tanning. Here are 10 tips for sunless tanning:

1. Airbrush tanning - Airbrush tanning is a new an emerging sunless tanning method. Using a clear liquid containing called dihydroxyacetone (DHA), you can get a golden tanned look for five to ten days. The ingredients of the airbrush tanning lotion are FDA approved and are considered safer than commercial tanning beds.

2. Tanning beds - Tanning beds and tanning booths actually imitate the sun. Tanning bed lamps use UV-B and UV-C rays to achieve the optimal tanning results. However, tanning bed lamps do not use UV-A rays which are considered harmful.

You will feel the tanning beds results after a couple of weeks.

You may go to a professional tanning salon and get the golden look at one of the commercial tanning beds (Wolff tanning beds are the best ones) or get your own home tanning bed. You can get a discount tanning bed in one the wholesale home tanning beds shops. Yet, you must realize that maintaining a tanning bed is an expensive task - you will have to purchase tanning bed products like tanning bed lotions and tanning bed bulbs.

3. Tanning lotions - There is a wide variety of sunless tanning lotions. They are definitely the cheapest

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sunless tanning method. Nothing is easier than buying discount tanning lotions. However. Most of them have uncertain efficiency. In most cases, the tanning lotions are made of vitamins, minerals and herbal ingredients.

You may choose either one of the above sunless tanning methods. There is no reason for sun tanning nowadays. It takes too long and it is too risky.

Find the best sunless tanning method only on

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