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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

All Dog Foods Are Not The Same

By David Amos

Introduction

Your dog's health and wellbeing is important to you and your family. Not to mention keeping down the cost of veterinarian bills! So you need to carefully consider the food that you give your dog. People sometimes just pick the first dog food bag they see at the store. It's easy to overlook the importance of dog food but it is essential to pick the right one for your dog.

To keep your dog healthy he needs plenty of fresh water and should be fed good quality dog food in amounts just right to meet his energy requirements. Always follow the guidelines on the dog food package for recommended feeding amounts. Picking a dog food

The first challenge in choosing a dog food is picking one that has overall quality. The term that comes up a lot about dog food is human grade. Human grade implies that the dog food is good enough for us to eat. Many commercial dog foods are made from materials unusable or less desirable for human consumption. Often the meat that is used in dog food is of a quality considered unfit for humans to eat.

Major dog food companies try to provide balanced proportions of vitamins and minerals for maximum benefit to your dog. Although you may see that many brands of dog food have almost identical labels, a reputable dog food company will provide an explanation for each supplement and how it benefits your dog.

Always read the label to see what proteins, vitamins and minerals are being provided to your dog. Try not to use store brand dog food they may short change your dog on much needed nutrition.

Studies have shown that the primary ingredient in dog food should be meat-based protein, not corn meal, flour or corn gluten meal. According to reviews a better quality dog food results in a healthier coat, fewer digestive problems and firmer stools. Pet-nutrition experts agree that the best dog food is made from human-grade ingredients like meat, whole grains and vegetables. Premium dog food is so important because good nutrition is essential for a long, healthy life.

Types of dog food

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There are many varieties of dog food to choose from. The three most popular types of dog foods are dry, semi-moist and canned products. Check the color of your dog food. Usually dog food made from natural ingredients will have soft earth tones and contain no preservatives, artificial colors and flavors.

Raw dog food is becoming more popular. More and more veterinarians recommend feeding your dog with raw dog food. They feel that this is the best choice and is the healthiest food for your dog. After all, you've never seen your dog enjoy commercial dog food the way he enjoys a good meaty bone.

Raw food advocates concede the diet costs more than traditional dog food, but they argue it's worth it. You may find that locating free natural home made dog food recipes is not easy. Try making a mixture of ground turkey, rice and carrot as your own dog food. Your dog will thank you for it.

If you decide to go the commercial route, try and choose a good premium dog food since it contains more energy and protein than an economy brand. Unfortunately not all dog food brands contain high quality and natural ingredients, so always check the label. It is best if you seek advice from your veterinarian before deciding on which dog food to feed your dog or puppy. He will know your dog's dietary needs and you will find that veterinary offices and feed stores often carry excellent and natural dog food.

All Natural Dog Food

Many natural dog foods contain only fresh, natural and wholesome ingredients for your dog. Not only are the protein ingredients digestible, but the carbohydrates in the dog food are digestible. Natural dog food has 100% nutritional value which is important for healthy strong dogs. Chicken, egg and fish are examples of protein that is provided in natural dog food. There are also ingredients in natural dog food that really help the health of your dog's skin and also your dog's coat. One of the main draw backs of natural dog food is that it has a shorter shelf life and may spoil before it is used.

Dried Dog Food

A good high quality dry dog food will work out to be more economical than the generic brands even though they cost more per pound. A vast majority of dog owners go for dry dog food for its convenience and ease of storage. The cheaper dry dog foods are made from soybean, corn or rice, while many premium dry dog foods are made with all-natural, human-grade ingredients.

Vegetarian dog foods

There are dog foods specially formulated for dogs that are allergic to wheat, corn, and/or chicken. There are also vegetarian dog foods marketed to owners who do not want their dogs to consume meat products. Most vegetarian dog foods use soy as a protein source. If your dog has allergies consult your vet before putting him on a specialized diet.

Conclusion

Overall it's usually best to let dogs enjoy dog food and not our food, even though they may prefer what

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we're eating! Of course you can feed your dog treats from time to time, every dog needs some TLC from time to time!

David Amos is a dog lover and long time dog owner. For more information about dog food click

<http://www.onlinedogcare.com/dogfood>

and for more about dog care and keeping your dog happy and

healthy click

<http://www.onlinedogcare.com>

Organic Dog Food and Making the Right Choice

By Hanif Khaki

So what's the deal with Organic dog food?

As you know, dog food is available in a wide variety of colours, sizes, flavors, and shapes. The real distinction is obviously the ingredients contained in the products. You may be surprised to know that the ingredient list on dog food labels reads very much like human junk food. Some ingredients are even difficult to pronounce and are borrowed from medical encyclopedias. Then of course there are dog foods that are teeming with artificial ingredients, additives and preservatives that can be harmful to pets. So just what is "Spot" to do when it comes to healthy eating?

Many pet owners are discovering organic dog foods to feed their pets. Just as we humans are conscious of what we put into our bodies, these pet owners take that same consciousness and use it to make wiser decisions about not including chemicals in their dogs' diets. Organic dog treats are the next best thing to all natural dog food, as they are free of the pesticides and insecticides that are present in many foods.

Be aware of food labels however, as they can be very confusing. Natural dog food is not the same as "organic" dog food and this can be quite misleading for many. The fact is, "natural" foods are not held to the same higher standard as "organic" foods. The USDA must certify a food as organic, in order for the food to be labelled as such. Natural dog treats are considerably less costly than their organic counterparts, and as such are not deemed as reliable. Natural foods do however guarantee the absence of food colouring and additives such as sodium metabisulfite or ethoxyquin, which are allergens linked to allergies, cancer and even brain damage.

Even though organic food servings are pricier and contain about half the amount of food in volume compared to non-organic food, dogs are reportedly more satisfied with the lesser amount due to the purity of the healthier ingredients contained. This makes the organic and non-organic dog foods very comparable in price.

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The bottom line is that choosing to feed your dog organic food instead of the preservative and chemically rich non-organic food can definitely go a long way in helping your dog live a more healthy and troublefree life free of allergies, skin ailments, diabetes and cancer. An added benefit may be the lower veterinary bills brought on by your healthier dog.

For further information on this topic, be sure to consult the many resources available to you online. Enjoy your dog in good health!

Hanif Khaki is the acclaimed author of numerous health related articles and the founder of the popular pet resource site

www.dog-treats.inform-about.com



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