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100% Effective Natural Hormone Treatment
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Impair Healthy Healing In People Over The Age Of 30!

Along The Well Traveled Path...

By June McHardy

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I've always been a reader!

I've always haunted the local library – still do – but when we were going through some bad times several years ago, I discovered a whole new classification of books and tapes. Motivational and inspirational ones.

After a bad day, I could immerse myself in "Real Magic" by Wayne Dyer, and know that there were possibilities out there after all. This book taught me that meditation doesn't need to be done in a specific way but that you can simply sit by yourself quietly, for 30 to 60 minutes and you'll come up with numerous exciting solutions!

Bob Proctor's "You were Born Rich" was my constant companion for many years. It's dog-eared now, but it taught me that riches include many things in our lives besides money and we need to be grateful for each and every one.

Every time I drove my car I listened to cassette tapes, including Brian Tracy's "The Psychology of Success" tapes or "Possibility Thinking" by Robert H. Schuller and somehow, it gradually dawned on me that this assistance is always present and available to us in our lives, in

good times and in bad.

Over the years, any challenges that I have always give way to hope and possibility when I pick up one of my books or tapes. Somehow, I can always open a book to any page and find a quote or a statement that 'speaks to me' and changes the way that I'm thinking.

The same is true of the books that I read today. "The Seat of the soul" by Gary Zukov or Dr.Wayne Dyer's "There's a Spiritual Solution to Every Problem" and "How to know God" by Deepak Chopra – along with masses

of other material by the 'Motivational Masters' of our times are all basically teaching us the same thing – that we are 'Spiritual Beings' with access to miracles in our lives.

What I find really exciting about this is that all of these authors have in fact gone before me on their spiritual paths and their legacy of books and tapes are now my guideposts along my way.

Now I'd like to share them with you!

To that end, I've compiled a list of some of these Motivational Gurus with many of their works at
<http://www3.sympatico.ca/norm.mchardy/motivational.htm>
<http://www3.sympatico.ca/norm.mchardy/nightingale.htm>

June McHardy is co–editor of the Motivational Ezine Prosperity News – dedicated to maximizing success and joy in our lives.
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Until You've Walked the Path!

By Paul Shearstone

From the depths of despair to the heights of hope. That is the inspiring journey traveled by author Paul Shearstone in his new book Until You've Walked The Path.

Shearstone, a successful businessman, author and international keynote speaker, fought desperately

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to find balance and understanding as his life collapsed around him in the early '90s. Stricken suddenly with a mysterious ailment known then as the Yuppie Flu, Shearstone battled to keep him and his family functioning even as he endured the physical pain and depression of an illness that has since been diagnosed as Chronic Fatigue Immune Dysfunction Syndrome [CFIDS].

In the end, it was Shearstone's enduring optimism and strikingly positive attitude that helped him and his family, overcome the debilitating disease. Shearstone has written this book in hope that other sufferers or caregivers will benefit from his experiences.

Recent AMA and CMA studies purport, one in four North Americans are suffering from some form of chronic fatigue or depression. Many will never be properly diagnosed and sadly, many of them will never recover.

Until You've Walked The Path is a no-nonsense, real-life account of one man's recovery from an insidious disease. It is also a courageous book, a very personal tale of suffering, despair and, ultimately, enlightenment. This book, by Paul Shearstone, stands as a beacon of hope, lighting the path to recovery, triumph and happiness.

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To order:

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- 1-888-571-2665

Paul Shearstone is President of The CFIDS Foundation of Canada Inc. He is an International Keynote Speaker, Author, Writer, Motivation, Corporate Ethics, Sales, Time & Stress Management Specialist.

Paul enlightens and challenges audiences as he informs motivates and entertains.

To comment on this article or to book Paul for your next successful event we invite to contact Paul Shearstone directly @ 416-728-5556 or 1-866-855-4590

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