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**Amazon Tribe Communicates through Heart Sounds**

**By Keith Varnum**

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"Talking" like Dolphins and Whales

In what might be compared to the telepathic, holographic language dolphins and whales use, a tribe of aborigines has been discovered in South America who communicate in a similar way. These indigenous peoples "talk" to each other using heart sounds that transmit exact images and experiences directly to the other person. Rather than using symbols, such as words, to represent a certain image or experience, the speaker communicates by triggering within the listener the same visual and emotional experience that the speaker is having.

Connecting by Direct Transmission

Renowned spiritual workshop leader, Drunvalo Melchizedek has been exploring the unique wordless communication practiced by this tribe living deep in the Amazon jungle. The Mamas, the religious leaders of the Kogi, "talk" telepathically to each other, speaking from the heart in images. Drunvalo describes his experience with the Kogi, "They make little sounds, but these sounds are not logically arranged into any pattern such as an alphabet. These sounds come from the heart, not the mind, and create images inside your head, and you can 'see' what the other person is communicating."

Sound Delivers the Experience

Drunvalo details how he was taught to communicate using image-producing heart sounds. The instruction came from a Kogi woman

## Amazon Tribe Communicates through Heart Sounds

who projected her consciousness into a participant at one of Drunvalo's workshops. Communicating through this third party—the workshop participant, the Kogi woman grasps Drunvalo's hand, looks deeply into his eyes and emits "a soft and longing sound." Drunvalo relates, "The sound went straight to my heart and vibrated inside my very center, and I could 'see' what she was saying. She made another 'sound,' and my body responded with another similar 'sound' that had never come from me before. Instantly, we were speaking in a new and profound manner that was so beautiful, so complete. It made all the languages of the world seem inadequate and obsolete. For two hours we

communicated in images of full color and depth with all the sensory completeness of real life. I learned about life, and I learned about this woman."

Through this new type of communication, Drunvalo "saw and felt" the Kogi woman's village in the Amazon jungle and "met" her husband, family and other native peoples from her village. He also learned why the Kogi came to teach him this new form of communication. The Kogi have a gift for humanity. The Kogi are contacting humanity at this time in order to teach this new powerful way of direct communication through image—producing heart sounds. "The Kogi want me to teach this new way of "talking" to the civilized world," Drunvalo shares. "The teaching of this telepathic form of communication is older than language. In the time before language, all of humanity 'spoke' in this way from the heart, not only to each other, but to all of the animals and the rest of life."

### Gift of the Kogi

After learning how to "speak" through heart sound imagery, Drunvalo discovered this intimate form of communication with the Kogi woman had a profound impact on his relationship and feelings for his wife. "When I returned home, I saw my wife in a new light. I loved her in a way that was different, because I could hear the sounds coming from her heart. I could see her pain, and I could see her joy."

### How the Kogi "See" People

Drunvalo shares, "The Kogi do not see us as 'sleeping' as many of the Hindu and Oriental religions perceive us. The Kogi see us as 'dead.' We are not alive, but only shadows of the energy we

could be. We do not have enough life force energy and consciousness to be classified by them as real people."

For more details about The Kogi Story, check out: [www.drunvalo.net](http://www.drunvalo.net)

Drawing from the wisdom of native and ancient spiritual traditions, Keith Varnum shares his 30 years of practical success as an author, personal coach, acupuncturist, filmmaker, radio host, restaurateur, vision quest guide and international seminar leader (The Dream Workshops). Keith helps people get the love, money and health they want with his FREE "Prosperity Ezine" at [www.TheDream.com](http://www.TheDream.com).

## **Leaving The Tribe**

**By Justin Luyt**

One of my favorite authors, Wayne Dyer, uses this metaphor, "Leaving the tribe," when referring to how we, as people, seek the approval of others in society. Yesterday, as I was on my way to go for a jog, I received a phone call that brought forth this issue.

For several months now, I have been doing research on a course I wish to take to extend my coaching skills. During this period I called several companies/schools and last week I had made my choice and signed up with one of them. When I signed up, it "just felt right".

Then last night I received a phone call from one of the schools I inquired about. When I mentioned to the lady that I had made a choice to do a program at the company I chose, I sensed in her voice the change of her being. She also questioned, "What do they know about the 'spiritual approach'?" to coaching – which is what I wanted to expand my knowledge in.

I felt my stomach turn, some uncertainty rising within me. I became aware of this experience and said to myself that this is merely the "opinion of others". Self-actualizing people do not allow the opinion of others to influence how they feel about a matter, and thus I thought, "You know, I made a choice I believe in and I feel great about that choice." By not being kept in the comfort zone of the opinion of others, I "left the tribe" and it is an amazing growth experience.

Perhaps we all can follow our intuition more often and release so many of our concerns about "what others think".

Justin Luyt, the author of "The Spirit of Romance" has been consulting and training individuals and corporations for over 10 years. He has build a successful Romance Coaching practice at

as well as released his latest book in 2004 – "The Spirit of

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