

An Ounce Of Preparation Is Worth A Pound Of Cure

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

An Ounce Of Preparation Is Worth A Pound Of Cure

By News Canada

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by: **News Canada**

Things your bathroom cabinet should never be without:

Bandages and gauze to keep wounds covered and clean

Medicated cream or antibiotic ointment

Antiseptic wash for cleaning and disinfecting scrapes, cuts and burns

Decongestant and serum for cold and cough

Antihistamine for relief from allergies

Pain, inflammation and fever relievers

Anti-nausea tablets and bismuth subsalicylate for diarrhea

An eyewash to flush harmful substances from the eyes

A thermometer to monitor body temperature for fever

A first aid handbook – reviewed regularly, preferably before an emergency occurs.

www.bandaid.com

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News Canada

An Ounce Of Preparation Is Worth A Pound Of Cure

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Herbal Medicine

By Ken Shorey

Thankfully, the current changes in the world toward traditional remedies is changing for the better.

About The Author:

Ken Shorey is owner of

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VibrantHealthnow.com provides ebooks and

information to help you improve your health.

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