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Impair Healthy Healing In People Over The Age Of 30!

An Ounce Of Prevention Is Worth A Pound Of Cure

By News Canada

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by: **News Canada**

(NC)—When her twin daughters Lauren and Candace were born, Nicole Nayman wanted to give them the best start in life. Life revolved around caring for her girls and Nicole was eager to provide a healthy and stimulating environment. Maintaining their health was a major focus of her efforts. But the family was soon devastated when at nineteen months of age, Lauren developed symptoms of fever, vomiting, lethargy and loss of appetite.

Within days, she was in Toronto's Hospital for Sick Children undergoing a spinal tap to determine the cause of her illness. When the tests came back positive for meningitis caused by a pneumococcal bacterium, the doctors couldn't tell Nicole if Lauren would live or die. Everyone who had come in contact with Lauren was immediately put on antibiotics and Nicole was told that there was a good chance that Lauren would suffer brain damage or lose her hearing.

While Lauren was able to overcome the infection, she was left with profound hearing loss in both ears. Pneumococcal disease would permanently affect not only Lauren's life, but her sister Candace's life and their parents' lives forever.

Forever Changed

Along with relearning how to walk – a skill that she had lost as a result of the meningitis, Lauren had to undergo a surgical procedure to receive a cochlear implant to help her to hear again. This procedure required her to be put under a general anesthetic, the effects of which were very difficult for Nicole and Gary to watch their child endure.

What followed was years of speech therapy to help Lauren get used to her implant and to help her understand what the sounds that she was hearing meant.

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Her mother says that as a result of her hearing impairment due to pneumococcal meningitis, everything has changed. Whatever Lauren does requires modification to some degree since she is often limited by her hearing loss. This is the most difficult thing for Nicole to watch and she says she will "never forget the day that this all happened."

Prevention is Available

Nicole feels that any kind of prevention of the devastating effects of pneumococcal disease is worth it. "There is no reason for any child in Canada to get meningitis due to pneumococcal disease again, now that a vaccine has been approved by Health Canada and recommended by the National Advisory Council on Immunization (NACI)."

Pneumococcal disease is the leading cause of bacterial infections in kids under two. It is a microscopic bacterium that causes more than 500,000 infections in children every year in Canada, including meningitis, ear infection, pneumonia and blood infection. Prevnar® is a proven safe and effective

vaccine that helps protect children against pneumococcal diseases.

If you're wondering if your child is at risk, ask your doctor for more information about Prevnar® to help protect your child against serious and life-threatening illnesses caused by pneumococcal bacteria.

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Herbal Medicine

By Ken Shorey

Herbal Medicine is the use of botanicals (plants) either alone or in combination to prevent and treat certain ailments and illnesses. Singularly or in combination, the numbers of herbs available is

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astounding. There are over a half million known herbs that could be used as possible remedies.

Herbal remedies around the globe vary in strength from very mild, gentle remedies that we even use as food, to potential poisons if taken at the wrong dose. The old adage that, "an ounce of prevention is worth a pound of cure" could not be more true. This is especially true when it comes to natural remedies.

People native to different geographical locations have long used plants and plant extracts to cure specific maladies.

Sometimes the use of herbs is referred to as "folk" medicine. Folk use of herbal remedies is familiar to all of us in some form or another, because this is how these remedies are learned. Remedies and recipes for herbal teas are handed down from generation to generation and are still remembered and used to this day. Unfortunately, that is what fuels the fire of the scientific community and their disdain. It really is their loss, because generations of experience and knowledge should not be so readily dismissed. In fact, many of our modern medicines have their roots in herbal medicine.

With all our so-called advancements in the medical field, it's interesting that physicians are still treating "effect" rather than "cause."

Thankfully, the current changes in the world toward traditional remedies is changing for the better.

About The Author:

Ken Shorey is owner of

VibrantHealthnow.com provides ebooks and information to help you improve your health.

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