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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Answers to naturally remove scars**

**By Martha Fitzharris**

Quick and easy information access has been a consequence of the fast development of technology.

Thus, more and more people over the world are gaining with all the aspects of the Medias, from news to fashion.

It's a general tendency for people to be vainer with themselves caused by the effects of lots of advertisements that depict the essence of being beautiful as an important element that leads you to successfulness. No wonder why a lot of people are so much into cosmetic surgeries these days. All of them want to improve or enhance their appearance for being physically acceptable in society.

Consequently, one of the most undesirable problems in a person's appearance is face scars. Whether it is caused by acne or other incidents that resulted in wounds, scar is an unsightly spot in the skin.

Scar develops if there's an abnormal function of the skin cells and it may rise shiny and thin, hard and rough, white or dark textured, depending each case. Sometimes it can be reminded where the wound was "stitched-up", others the scar can be so tough and fibrous that it interferes with the body's capability to move a joint.

Experts say that it is easier to take measures to minimize a scar early than to having to correct one later. That is why it is very important to remove the scar as early as possible.

**Scar Remover**

There are many products in the market today that had been proven to be effective in removing scars. These products range from gels, healing creams, and other skin care products. There are also surgeries and other operative procedures that are used to remove the scar. Patients may choose whether they want to have it removed through laser treatment, plastic reconstructive surgery or natural treatments.

Reconstructive surgeries are performed to repair extra-visceral defects, malformations congenital or acquired and to restore and prevent further loss of function as well. Wherever, plastic surgeries are

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done most of the time for esthetic and cosmetic improvement; it is applicable to many parts of the body and numerous structures, in these types of treatments, living tissue may be transferred from one part of the body to another.

The natural way, always best

There are instances where people would rather use natural methods instead of the artificial or commercialized form of treatments. The main reason is that many people feel that they are better with the natural methods instead of undergoing several painful procedures.

The best way to remove a scar is to apply skin care products that contain natural ingredients known to effectively eliminate scars.

Today, examples of natural scar removers are those that contain vitamin C. It is considered a natural

antioxidant that neutralizes the skin and effectively promotes the speedy reproduction of healthy skin cells more efficiently and safely.

Another effective product for scar treatment is Bio Skin Care cream which have biological activators that trigger the self healing process of the skin. It only has natural elements with no side effects that surely enhance your skin.

So, people who really want to remove scars in an effectively and safely way, better do it through natural treatments. It will always be better "in the natural way".

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<http://www.naturalbioskincare.com>

a website offering a

new biological natural skin care product that activates skin renewal for a healthy skin.

### **What Acne Scar Treatments Are Out There?**

**By Den Fransen**

Acne can cause scars when not treated sufficient. Therefore you should always treat your acne to minimize the risk of acne scars. If you have severe acne you should consult your doctor or a dermatologist for treatment. You cannot treat acne scars if you still have acne problems. You first have to treat the acne, before you can treat the acne scars.

Acne scars can be found in different variations. The depth of the scar is important. Shallow scars are easier to treat than deep scars. The best acne scar treatment depends on the scars and on the person.

## Answers to naturally remove scars

Consult your doctor about the best treatment for you. Below is a list of common acne treatments.

**Chemical Peels** Chemical peels contain different types of acids that will remove the top layer of the damaged skin. The skin will usually turn red or swell for a few days. This treatment is only for people with mild scarring.

**Dermabrasion treatment** Before the treatment the skin is numbed or frozen. After that the damaged skin is removed using a rotating wheel. The procedure will take up to an hour, but your skin will be reddish for at least two weeks. This treatment is best for shallow scars.

**Laser resurfacing treatment** Damaged skin is removed using a laser, so new skin can form in its place. This treatment is best for shallow scars, but can cause change of skin tone for people with darker skin.

**Punch Techniques** This is a treatment for pitted scars. The scar is cut open or out and is sometimes replaced with skin like hair transplantation. This is the best treatment for deep scars.

**Subcision** By detaching the scar from the deep tissue the skin is leveled. For best results this treatment has to be repeated more than ones.

**Augmentation** The scar is leveled to the surface by injecting collagen under the skin. The results will last for about half a year. Best thing is that there is hardly any recovery time needed from this treatment.

Usually one treatment will not be sufficient to remove all acne scars. Most of the time several or combined treatments are needed to get the best results.

Den Fransen is the editor of

<http://acne-papers.com>



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