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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Are Digestive Disorders Draining Your Energy?

By Rita Lambros-Segur, M.H.

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New Millennium Scientists and Doctors discover an all-natural way to help guard against harmful bacteria, yeast and viruses—and restore vigor and vitality far into the future, regardless of age.

Welcome to the Probiotic Revolution. What is it?

It's what you and I were never taught in school about the startling link between your body's intestinal flora and your ability to prevent serious illness, to add vital years to your life, and to enjoy a dramatically higher quality of life right now.

Plain and simple, good food digestion and assimilation is at the "heart" of health, but most mainstream doctors are still in the dark about this one scientific conclusion.

What if I were to tell you there's a 100% safe breakthrough way to turn the corner on any number of lifelong health problems NOW using your own body's "friendly" fighters . . . please continue.

What exactly are bacteria? Bacteria are the simplest, smallest, and most abundant organisms on the planet. One of their most important roles is decomposition. Without bacteria, organic carbon, found in dead and rotting organisms, would deplete the carbon dioxide in the atmosphere. Without carbon dioxide, photosynthesis could not occur and no food could grow. Bacteria are also

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important for everyday functions of the body including digestion. So, as you can see, bacteria are vital to human survival.

In 1928, Alexander Fleming discovered the "miracle anti-biotic" penicillin. During the second world war, this antibiotic was made widely available to eliminate the most unmerciful of war-time killers: infected wounds. Ever since Fleming's discovery, antibiotic use has flourished at an incredible rate. Four years after mass production of penicillin began, a frightening and unexpected phenomenon started to occur. Some of the deadly bacteria

that the antibiotic was supposed to destroy began developing resistance.

Because bacteria are extremely resilient and survive under the most adverse conditions, Dr. Gregor Reid of the Lawson Research Institute in Ontario writes in the July 3, 1996 issue of "The Journal of the American Medical Association", "At a time of alarming concern over antibiotic resistance and the expectation that our defenses will not be able to cope with the lethal pathogens that are on our doorstep, surely it is time to truly embrace alternatives such as probiotics."

When in doubt, look at how Creation re-establishes colonies which have been wiped out by antibiotic treatments. In the case of antibiotics, researchers had to learn the hard way that chemical-based, medicinal treatments are only a short-term, quick fix to the real problem. Harmful bacteria proliferate in an unhealthy body. Good bacteria are needed to seek out and destroy these pathogenic microbes before they can cause significant damage. That brings us to the use of probiotic supplements.

Who needs to use a probiotic supplement? Generally, those who eat a great deal of red meat should supplement their meals with probiotics. Red meat tends to favor the growth of pathogenic bacteria. Also, much of the meat in this country is treated with hormones and antibiotics. Those who eat few complex carbohydrates, are seriously ill, or experience physiological stress should also

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supplement their diets with good bacteria. Finally, those who are on medications including antibiotics, cortisone, birth control pills, or chemotherapy should use probiotics on a regular basis. In today's toxic environment, use of probiotics is a smart measure to ensure a properly functioning body.

Finding a safe, effective probiotic supplement is vital to restoring and maintaining good health. When trying to find the proper supplement, keep in mind the requirements of electrical nutrition. In the case of probiotics, most manufacturers freeze-dry the bacteria into a capsule form, which destroys a majority of the active colonies.

Body Electric's Living Matrix is not freeze-dried during the manufacturing process. It utilizes a

proprietary technology called O2 factor that keeps the active cultures alive and prevents their mutation.

This high-grade, stabilized bacteria survives the hydrochloric acids in the stomach and presents an exclusive, patented, living culture (Lactobacillus Salivarius and Lactobacillus Plantarum) which flourish in the small intestine, offering numerous health benefits.

Probiotics—friendly flora—act as a protection from E.coli and other viruses. Taking Living Matrix is a necessary tool in your health maintenance program. The electrical information it provides can ward off a variety of crises down the road.

Rita has studied with naturopaths and master herbalists alike; aiding thousands along the way to improve their health using natural healing methods for their electrical bodies.
<http://www.electricalbody.com/ebook.htm>

Disease Begins in the Colon – Use Friendly Bacteria For Good Health

By Jeannie Crabtree

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When going in for an exam with the doctor or health care practitioner, have you ever been told that researchers believe that 90% of all disease and disorders begin in the digestive tract?

Why does disease begin in the digestive tract? Your digestive tract is your first line of defense when it comes to your health. This is because of the good bacteria that resides there.

Think of the good bacteria as guards against incoming invaders. Having a good number of these beneficial bacteria in our digestive tract guards us against a whole range of health problems and disorders. 85% good bacteria to 15% bad bacteria is just about right

Sadly, because of such things as stresses of modern life, the antibiotics you may have taken and having a digestive system that is not slightly acid, you likely do not have enough of these good bacteria. This has a great affect on your health and well being.

Benefits of Probiotics

Good bacteria have an antiviral, antibiotic action and also have anti-cancer properties. It has even helped those with migraine headaches and glaucoma. It really is an immunity booster from within.

Many other illnesses and diseases can benefit from the use of Probiotics: Auto immune disorders, digestive disorders, Crohns disease, Irritable Bowel Syndrome, Diverticulitis, Chronic Fatigue Syndrome, Allergies, and Low immunity

Not all Probiotics are created equal.

You want to be aware that not all Probiotics are created equally. Quality of a Probiotic may be different from brand to brand. It depends on how it was made and how long the fermentation process, which is very important, was allowed to go on

I am pretty choosy about what I use. As a health consultant I use one that has been in the fermentation process for 5 years. It's "live" 5-year fermentation process combines 12

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micro-activated strains of beneficial lactic acid bacteria (including the proprietary TH 10 strain) with 92 specifically chosen organic* vegetables, fruits, seaweeds, leaves, barks, herbs, and spring water, all hand gathered and carefully harvested from the mountains and seas of Japan.

Why the vegetables, fruits and seaweeds in the mixture? These are providing the pre biotic nutrient needed to help nourish the Probiotic bacteria.

This brand of Probiotics is very impressive.

The proprietary TH 10 strain has been proven effective in vitro against the most virulent pathogens including the MRSA (Methicillin-resistant Staphylococcus aureus) superbug, E coli-157, H. pylori (the cause of peptic ulcers).

Probiotics are a necessary part of having a good wellness/prevention program nowadays. I strongly suggest that you start on Probiotics before you begin to show signs of illness and disease. If you are all ready sick, You will improve your immune system and turn many illnesses around with Probiotic use. Start today!

Jeannie Crabtree has been a Health Consultant for over 25 years. Healthy Solutions will give you health tips and researched advice about suplemnents, health and wellness. Get your copy today.
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