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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Are You Addicted To Hydrocodone?

By Heather Colman

Addiction to Hydrocodone is very common and increased usage is being noted as a rising trend.

This is largely due to the easy availability of this drug. It is often consumed with other drugs that are not severely restricted and these mixtures usually come in the form of painkillers that are prescribed by doctors. Some of the common preparations that are used are Vicodin and Lortab.

Medications containing Hydrocodone can come in tablet, capsule or syrup forms and all preparations are taken orally. In its pure form it is very hard to obtain, because of its addictive nature.

The symptoms of addiction are anxiousness to take the drug and the need to take more of the drug to get the desired effect. To feed their addiction, many addicts go from doctor to doctor faking the severity of a condition in order to obtain the medication. Some resort to criminal behavior such as breaking into pharmacies to steal the medication or forging prescriptions.

After prolonged usage, Hydrocodone begins to control the brain to make itself the highest priority. This makes the addict compelled to use the drug to gain pleasure from it. Hydrocodone addiction is a physical habit as well as a psychological habit. It is rare that an addict can quit this addiction on his or her own. In order to obtain help, an addict must seek treatment from a medical professional.

Treatment for addicts consists first of detoxification to rid the body of the drug. Once this is accomplished, the patient can be given treatments such as methadone and LAAM. These are much the same as the treatments used for heroin addicts. During this treatment period, there is often counseling offered for the psychological damage sustained while taking Hydrocodone over a long period.

Hydrocodone also has many common side effects such as light-headedness, nausea, drowsiness, euphoria and vomiting. Some of the less common side effects may include allergic reactions, blood disorders, anxiety, lethargy, difficulty urinating, breathing difficulties and rashes.

It is not recommended that pregnant women take this drug, as the effects on the unborn fetus are unknown. It is also recommended that alcohol be avoided as there is an increased risk of liver damage

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and overdosing causing hepatotoxicity. Alcohol is often mixed with Hydrocodone preparations because of the feelings of euphoria or drowsiness that are experienced.

It is recommended that if you feel you may either be at risk of addiction or you are already addicted, you should seek the advice of a doctor immediately. He or she can help you approach this problem with helpful advice and treatment. If you have a loved one who is addicted, there are support groups available to counsel and help families of addicts understand the addiction.

Disclaimer: The information presented here should not be interpreted as or substituted for medical advice. Please talk to your doctor to learn more about Hydrocodone.

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My Name Is Carol And I Am Addicted To Audio Books

By Paton Jackson

Hi, my name is Carol and I am addicted to audio books.

My story: I am 32 and addicted to audio books. I have been trying to cut back but I can't.

I was first introduced to audio books 12 years ago. My parents bought me a Stephen King audio book as a birthday present. It included 10 books on cassettes each 25 minutes. I finished listening to it the first night. Then, I started buying audio books for me and for each of my friend's birthdays (whether they liked audio books or not).

As times passed I moved to audio books on CDs and later on to downloadable audio books. I have known all the online audio book rental services and buying services. In fact, I had an account in most of them.

My average output was two audio books per week but I remember some weeks where I skipped sleeping and listened to up to five audio books. I purchased almost any new fiction audio book in the market.

I managed to find some free audio books but still paid a lot of money for my audio book collection.

I got addicted to the comfort of having a "miniature" book. I got addicted to the narration, the music and the sound effects.

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I got addicted to the ability to listen to audio books anytime and anywhere (I remember listening to it in the bathroom and in work and in other weird places).

And then I decided to make the move. If I can't beat it, I would join it. I resigned from work and made a profession out of my hobby - I started making money out of my comprehensive knowledge of audio books.

Nowadays, I write reviews about new audio books and serve as a consultant for audio books' publishers. I am happy listening to free audio books and being paid for it (just finished listening to the last Harry Potter audio book).

Have you tried listening to audio books? Try it.

Carol told her story to Paton Jackson, the head of 911 corp. We have made a comprehensive research about audio books. Let us share with you our findings - the best audio books sources, titles and much more audio book information only on the audio book bible –

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