

Are You Expecting To Succeed?

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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Are You Expecting To Succeed?

By Gordon Bryan

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Or are you expecting to fail?

Sounds like a silly question, doesn't it. But it isn't!

I'm going to delve into the world of sport to illustrate this point.

You may or may not like sport, but it is fantastic for personal development examples.

Right then, here we go...

Golf - Tiger Woods, Jack Nicklaus.

Tennis - Pete Sampras, Bjorn Borg.

Boxing - Mike Tyson, Muhammad Ali.

What do they all have in common?

They all expected to win, and here's the kicker, any opponent facing them expected to fail!

People attract what they think about.

This is because conscious thoughts can program the subconscious mind, which in turn makes you act in a certain way, with the subsequent consequences.

The 6 sports stars above, they won many events before they'd started.

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Even if they were injured, the expectation of victory was enough to tip the scales in their favour.

Back to real life, you **must** banish negativity from your mind, don't listen to the 'dream stealing' voice in your head.

With my new book, I set myself the challenge of writing and publishing it in 21 days.

Did I ever doubt that I would do it?
Of course not!

In fact I had people post in some online forums, that they knew full well I would do it.

They expected me to succeed, because they knew **I** expected to succeed!

This kind of assurance takes time to develop, and practice.

Once you have it though, any goal you set is just a matter of 'when,' not 'if'.

*****Gordon Bryan's new book, 'TransformYour Life in 21 Days!has been described as 'a must read', 'awesome', and 'a true gem'.If you liked this article, see the book for yourself at:<http://www.transformyourlifefor.com>*****

Find Out The Gender Of Your Baby – Ultrasound Testing

By Stephen White

The pregnancy ultrasound is by far the most exciting and fun test for women to take. At approximately 18 weeks into the pregnancy it is used to accurately pinpoint the expected arrival date of the baby, as well as see how the baby is developing. Yes, you will be able to determine whether the baby is a boy or a girl as well.

1. Track The Development Of Your Baby

A general practitioner will be able to tell if your baby is healthy or whether there is cause for concern. Although this is quite alarming for the expecting parents, it is essential for the health of your baby. If something is wrong, you will be required to go in for further testing.

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2. Get To Know Your Baby

With Ultrasound, you can be introduced to a visual of your baby for the very first time! In many cases this is the first real wakeup call that both expecting parents have that a baby is on the way. Although tiny and not fully developed, the baby will be moving and some of its shape will be recognizable. The person carrying out the ultrasound will be able to point out how the baby is doing and answer any questions.

3. Is It A Boy Or A Girl?

The pregnancy ultrasound will reveal the burning question asked to the expecting parents time and time again – is it a boy or a girl? Depending on the procedures employed by the place giving the ultrasound, this information will be given to the parents upon request. This information is given on the understanding that it is as it appears, and may not be correct. Some rare cases have been known to be wrong, but in general, it is always right.

4. Things You Must Know

As you know, the Ultrasound can help to predict the due date for the baby. Unfortunately, if the prediction by the Ultrasound differs from your doctors prediction, you need to prepare for both due dates! A later ultrasound may reveal a different date. If this happens, prepare for the earliest date, just in case.

For more great pregnancy related articles and resources check out

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