

Are You Seeing a Vision?

This Free E-Book is brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Are You Seeing a Vision?**

**By Caterina Rando**

**Are You Seeing a Vision? by Caterina Rando**

As we look at bringing your business to the next level, I ask you a very important question: do you have a vision—a Technicolor snapshot in your mind of what your ideal life looks like? If not, create one. Not a goal; goals come later. Visions are more powerful than goals because visions have an emotional component. When you see a picture, it evokes emotion—involving your heart, not just your head. This is far more powerful than only writing down an idea.

For example, if you were to say, "I want a bigger house," that is a good goal. However, that simple statement by itself is not significant—not strong enough to get you to figure out everything you need to do, to support you through sacrifice, to get you to take risks, to have you learn new skills to overcome your "friends" telling you to forget about it.

If, instead, you create a compelling vision in which you see yourself standing in front of your yellow house with a two-car garage on a sunny street lined with trees, with a rose garden in front and a lemon tree and hammock in the back, and with a chef's kitchen and master bedroom with a view of the ocean, you now have an idea that is not only in your head; it is in your heart, too. That is where the motivation happens; that is where your desire lives, and that is where you will connect with your internal power—the power that will pull you through all the challenges you have to address to create your compelling vision.

Do not let the busyness and immediate needs of your life prevent you from stopping to create what you want your life to look like at this time next year.

Follow these steps to create your compelling vision, and watch it work for you.

1. Get clear about your compelling vision. Write it down on paper; be specific, use visual language.
2. Share it with someone else. Ask them if they can see the snapshot. If they cannot, you are being too vague.
3. Read your vision every day and continue to clarify it when new ideas come in.
4. Create a physical image—a drawing, a real photograph, or a collage—that represents your vision.

## Are You Seeing a Vision?

Put that vision where you will see it every day.

5. Create an action plan to realize your vision, and take even some small action every day.

6. Get the help you need. You do not have to do it alone.

Once you have your vision, ask yourself: Are you more committed to your compelling vision, or are you more committed to your current situation? Our reality interferes with our vision because we see what is not ideal around us—and that is far more vivid than a vision of what we desire that still lies only in our head and heart. That is why it is important to follow these steps and spend time with your vision every day, gradually bringing it more and more into focus and finally into reality.

Caterina Rando, MA, MCC coaches women entrepreneurs and direct sellers to succeed with ease.

She is a sought after speaker, master certified coach and author of the national best-seller *Learn to Power Think*. Caterina can be reached at 800 966-3603 or by email at [cpr@caterinar.com](mailto:cpr@caterinar.com). Visit her website <http://www.caterinar.com> for more articles and a beautiful, colorful downloadable daily inspiration card.

### **Vision – The foundation of success**

**By Harish Dhingra**

#### **Vision – The foundation of success by Harish Dhingra**

If success is a destination then vision is a guide for giving us the direction.

It would be great if someone could pluck the vision from a tree, but unfortunately this is not the reality. Here we have to be the creator of it.

Vision is like a child, who grows with the time. It depends on you how fast it grows. You have to water it with your imagination and cherish it in your brain till you get success from it.

It comes in small ideas which are very difficult to care and every idea contains a slogan on it, Handle With Care. It means that it may get affected with the environment, you are in. To enrich your vision, you have to work on it and you have to put your best.

You should try to make your vision like a sandal tree which does not get affected with snakes.

Wish you happy journey for this beautiful destination called success. Success is all yours :)

I am a simple guy who is trying to motivate people. If you liked this article or want to know anything then pls mail me at [innovativegemini@yahoo.com](mailto:innovativegemini@yahoo.com)

Are You Seeing a Vision?



This Free E-Book has been brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**