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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Are Your Dreams Trapped Inside Your Head?**

**By Oscar Bruce**

**Are Your Dreams Trapped Inside Your Head? by Oscar Bruce**

Sometimes a dream needs a little help. Even in our social and business relations, the race is not to the swift, but to the verbal – the spellbinding orator – the silver-tongued seducer.

As you are reading these words, you are taking part in one of the wonders of the natural world. For you and I belong to a species with a remarkable ability. That ability is language -- Man's most important cultural invention. With nothing but words, we can reliably cause new ideas to arise in each other's minds. Hypnosis has proven that mere words can deeply influence behavior and perception.

Language is a bit like the artist whose palette has only two or three splotches of color from which to choose. So it is with a vocabulary that has limited words for painting the stories of one's past or future. They are colorless and uninteresting. They lack excitement or persuasion.

Take, for example, the less fortunate hapless worker. He probably has lofty dreams. But those dreams are trapped inside his head because No dream or ambition can be told without being couched in words. Limited words mean limited expression. Limited language skills mean limited opportunity. These limitations block efforts to raise him above the worker class. His struggle to upgrade his circumstances collapses at the point his language skills fail to support his aspirations.

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### BUT LETS TALK ABOUT YOU...

Does your cocktail party repartee come across as sophisticated conversation, or a confused meandering string of meaningless babble? Whether you like it or not, your conversation as well as your language skills tell the world about your background, even your intelligence.

In a study which polled top executives in fifty-eight of America's largest companies, every single executive named personal communications skills as the major factor in their advancement

You may feel you are stuck with your current education or intrinsic intelligence. While that may be partially true, you are not stuck with your current verbal and conversation skills.

Remember – The race is not to the swift, but to the verbal – the spellbinding orator – the silver-tongued seducer. You learn the skills in a matter of weeks, sometimes days. It's largely a matter of making the that decision and commitment. Call it a Masters in Verbology.

Oscar Bruce's concepts are widely known for helping people learn to share their dreams and ambitions, clearly and persuasively. His FREE NEWSLETTER is available at <http://www.oscarbruce.com>

### **Safety Motorcycle Helmets**

#### **By Low Jeremy**

Motorcycle helmet is used as a protective gear for the head to avoid severe injuries brought about by accidents. In some countries, wearing helmet is comparable to wearing seatbelts, regulated as part of the street ordinances as general safety measure. But of course, any promulgation imposed is debatable and others would drop the matter in every philosophical manner they can give reason against its use.

Looking at the physical make-up of motorcycles will not guarantee pure salvation in every imaginable trauma. When used, it can only lessen the severity. To have an understanding on its function it is important to know how fatal head injuries can disable a person in one incident. When it comes to serious matters like heavy impact, a helmet is nothing. The most important thing about skull fractures is to avoid the fragments from embedding the sensitive tissues of the brain, until then, most head injuries are not as fatal as expected. Basically, a full-blown impact on head can lead to permanent malfunctioning of the body system.

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Another kind of fatal head injury caused by motorcycle accident is when the brain is stirred while there is no open wound in the head. In this case the brain bumps the side of the skull leading to small yet deadly movements and rotation enough to cause internal bleeding inside. The use of properly designed motorcycle helmet can help absorb the shock in the head after it sinks to its protective cushions. It must not be too soft to let the head crush through its hard interior walls at once. After that, the hard plastic will yield without control. Helmet design considerations are all about the tolerable impact the head can handle, which the soft linings provide as protection, and the exterior protection from punctures.

Types of motorcycle helmets for effective use come in different appearance:

**FULL FACE** – Covers the full area of the back of the head, chin but has a shield made of plastic in the eye area for visibility. It is usually ventilated though some still consider it warmer and lacking flow of air inside. It tends to isolate a rider and restrain hearing because of full head coverage.

**OPEN FACE** – Almost the same as the full face design except it has no chin cover, which means it has low protection for the face. It has a plastic shield open to particles during a ride. It can cause injuries out of trapped small debris caught on speed. Thus, it is advisable to wear riding goggles as additional protection for the eyes.

Motorcycle helmet may not give ultimate protection but it saved a lot of lives during minor injuries.

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