

Are you Quitting Before you Win?

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Are you Quitting Before you Win?

By Michael Smith

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We see it happen every day. People giving up before they should. Why? There are as many excuses as there are quitters. Yup, I said excuses. What is the difference between excuses and reasons?

Excuses are only justification for giving up. You have let yourself get whapped. You have failed. Failed to give that little extra effort that separates the winners and losers. You have failed to learn from the tools available to you. You have failed to ask for help. You have failed to plan. Instead, you have planned to fail. Remember, failure is a state of mind. You have created an atmosphere of tunnel vision and lost site of vision. You lost the battle but failed to fight the war.

Reasons are real, not excuses. Your health has failed. You have exhausted all of your available resources. You just don't have the necessary conviction to be in business. You have tried change, asking and searching for help and are convinced that business just isn't for you.

It isn't for everybody. 10% of marketing people make 90% of the money. Why? Read back over the previous paragraphs. The most important tool you have to succeed is You! It isn't easy cause if it was, everybody would be doing it. We are all blessed with 20/20 hind site. I should have, I could have, if I had only, why didn't I. These words create negativity and that in turn creates failure.

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Folks, the information and resources are there. You can get everything you need to succeed except perseverance and tenacity. No one can give you the belief you can succeed or the mental attitude to stick with it. Quitting is much easier than succeeding. It is human nature to take the course of least resistance. Quitting before you really try.

We all have a dream of something we want to accomplish. A desire to be successful. Unfortunately people that fail do it to themselves. They get overwhelmed and don't stop, take a deep breath and ask for help. It is out there everywhere.

Yup, there is a lot of crap on the Internet, but there is a lot of good help, a lot of it free. If you are feeling overwhelmed, lost and don't know where to turn, stop, don't quit! You might be just a question away from being a winner. A lot of the successful folks are very willing to share their knowledge with you; even take you by the hand and show you how.

Our E-Business Tutor Message Board is a prime example. We recently put it up for the purpose of sharing our knowledge with anyone asking for help. Guess what? Very few are asking questions! Isn't that amazing? The reason is simple. They are afraid of being embarrassed by asking a stupid question. Wake up! The only stupid question is the one that is not asked. Come on, ask!

<http://pub57.ezboard.com/fputercentralfrm2>

The choice is yours. Are you quitting before you Win? are you making excuses to fail? You don't have to.

Happy Marketing,
Mike and Gail

Quit Smoking Today

By Ratliff J

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Decide Right Now to Believe that You CAN Quit Smoking

Studies of smokers who successfully quit smoking show that one of the most important traits of a

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successful quitter is their belief that they have the ability to quit smoking.

Good Reasons for Quitting Smoking

Quitting smoking is one of the most important things you will ever do:

You will live longer and live better.

Quitting will lower your chance of having a heart attack, stroke, or cancer.

If you are pregnant, quitting smoking will improve your chances of having a healthy baby.

The people you live with, especially your children, will be healthier.

You will have extra money to spend on things other than cigarettes.

Five Keys for Quitting Smoking

Studies have shown that these five steps will help you quit and quit for good. You have the best chances of quitting if you use them together:

Get ready.

Get support.

Learn new skills and behaviors.

Get medication and use it correctly.

Be prepared for relapse or difficult situations

Nicozan helps you stop smoking.

Not only will you stop smoking with Nicozan™, you will lose weight. We guarantee it. Even if you have failed before you will succeed with Nicozan™. If you are worried about weight gain, don't be.

Nicozan™ is specially formulated with one of the world's best known weight loss aids. Nicozan™ kills the craving for nicotine, cleanses the poisons caused by smoking from your body and eases the symptoms of withdrawal. There is no product to help you quit smoking that is more effective than Nicozan™.

Learn more at

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J. Ratliff is an avid health article writer for various websites.

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