

As Food Is To Body, Magazines Are To The Intellect.

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**By James Brown**

Neither the body nor the mind can survive without food. As the body derives its energy from the food that we eat, our mind begets sustenance from what we read. What we read continually shapes our personality. Thus to satisfy the various facets of our personality, we need to zero on to the correct magazine that will provide healthy sustenance for our starved soul.

In today's mechanical world where every thing gets done with the click of a mouse, magazines are like a breath of fresh air. Crisp new pages with the faint odor of the printing inks....the glossy feel of the pages...the sheer sensual feelings that a new magazine arouses. Like a blushing bride, peeping through her virgin veil, hiding not only her charm but promises galore. Numerous articles hidden in its fold that entice a reader by spinning a charming spell as it unfolds itself...page after page..

Wonders of a magazine touch every field pertaining to our interests. For the truly sports mavericks, there are a zillion magazines, specially published to keep the adrenalin gushing. as you navigate your way through the racy tracts.

If the sight of a new car sends your pulses racing then the numerous auto magazines are definitely your cup of tea! Do indulge your self in the labyrinth of the latest arrival in the auto segment of your choice. What better way to `read' drive a new car before you test drive it?

What would a diva be without a fashion magazine singing paeans to her beauty? A fashion periodical not only engages the reader by revealing all the latest trends in the market but also gives tips on make over. Thus even a plane Jane can transform her self from one of the do-it -yourself kits to an instant killer!!

If kitchen be your fort then, surround your self with the culinary kingdom magazines that shall guide you right from grandma's pickles to granny's chutneys! Learn cooking through these marvelous magazines and zoom your way to your mans heart...Also interested in home décor? Then do have a look at the interior designing magazines, which promise to transform any humble abode to a place fit for royalty.

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An etching green thumb can find refuge in the gardening magazines, and satiate the green urge. learn all about your favorite herbs and shrubs, crotons and cacti, roses and wines...

For the socially savvy, let the magazines on manners and entertainment be your best ally, as you plan your cocktail and caviar.

During the twilight years, find solace in the enlightening spiritual magazines that nourish the soul, and prepare for the journey inevitable....

James Brown writes about

and

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**By Knut R. Enebakk**

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