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Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Ask Your Angels For Help Prospering

By Judi Singleton

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Call on your guardian angel and your angel will come. Angels are not allowed to interfere in peoples lives unless invited. However, once invited they are more than glad to help. Try it get quiet, calm your emotions. Ask you guardian angel to help you. A simple statement calling your angel like "angel help me", has great power. Then just listen with your eyes closed and the angel will come.

Calm yourself

Pray to the Archangel Raphael in the north, thinking of spring. He is the universal healer and an angel of joy and light. He can be asked to heal the hurt and pain of your stress and of being overwhelmed. Archangel Raphael rules Mercury.

I pray to Archangel Raphael on Wednesday. He rules this day and it seems to intensify the prayer. I surround myself with the color yellow, I burn sandawood incense. I place Fern, Broom and Aiiseed on the ground in front of me. I usually pray outside for me I feel closer to the angels there. So if the weather permits I just draw a circle in the earth and sit within it.

Pray to the Archangel Uriel in the south, thinking of autumn. He is invoked against suffering and for mental clarity. Uriel is the spirit of ministration and peace. He helps turn our worst disappointments into our greatest blessings. He is the Archangel of salvation. The ruler over magick, devotion, alchemy, sudden changes, ("The Winds Of Change"), astrology, universal cosmic consciousness, divine order, distribution of power and universal flow, emergencies, judgment, enlightenment and insights. Uriel teaches the path of the heart, the fire of pure Love. Without this pure Love and devotion to Spirit, all spiritual study remains an intellectual pursuit, quick silver. Uriel is the angel of summer and the harvest, he is said to be the angel of the earth. So he can help you bring your prayers to earth. I think of Uriels colors violet, white, indigo, blue, silver and rainbow.

You can make up your own innovations. I keep my innovations simple I simply call the angels names like a chant.

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As a planetary angel, Archangel Michael rules abundance, money, and growth. Use gold and yellow colours/candles/cloth/flowers, a sun symbol, and a piece of gold. As a planetary angel, Archangel Raphael rules business, contracts, and buying and selling. Use orange coloured items, a Mercury symbol {winged sandals}, and some quicksilver {mercury in a thermometer} and aluminum. The planetary angel Sadkiel rules prosperity, expansion, generosity, banks, and loans. Use something coloured electric blue, a symbol of Jupiter and some tin or zinc. I keep my innovations simple I chant the name of the angel seeing them come into my life. I imagine their colors. Once I am relaxed I begin to call on the name of the angel Michael.

Do this daily for thirty days and your life will change.

About the Author: Judi Singleton publishes Jassmine's Journal one ezine, eight list, on subjects of business, life as a spiritual journey, angels, creativity, her.bs, creating your life, wellness, and Goddess Religion. You can subscribe at <http://www.motherearthpublishing.com>

What Are Angels?

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"We not only live among men,
but there are airy hosts,
blessed spectators, sympathetic
lookers-on, that see and know
and appreciate our thoughts
and feelings and acts."

– Henry Ward Beecher

I have read many articles on angels and there are as many conflicting beliefs about them as there are religions and people. I don't know anymore than you do about angels only that contacting them for their help really works. We are never alone. I have never seen an angel that I know of but I have called them in the dark night of my soul and miracles have happened in my life. The Bible tells us that angels were created when we were. The difference seems to be that angels unlike us humans always are in

Ask Your Angels For Help Prospering

contact with the Higher Power and they therefore embody perfect faith, unconditional love, and grace. They have seen Higher Power and know him

personally. Do they evolve as we do?

We are told in all spiritual literature that they are a messenger from

the Higher Power. They are allowed if we ask to impart a message

directly from God to us. Now why do we need a messenger? I do not have

the answers to this but the Bible tells us that none of those who

contacted Higher Power could look upon him. So perhaps the angels are

there so we can see Higher Power through their eyes.

Angels are a very popular subject these days. We are in a time of

change on this earth plane. Many things are happening that make us all

afraid I think that is why the angels have made themselves known to

more people. Perhaps people are calling on them more they have always

been there but would not intercede without invitation. This would

interfer with our free will.

I personally keep a journal and often write to my angels. I write my

angels about all of my life asking for guidance about sometimes the

littlest things. I always receive an answer when I am patient and

believe that I will. It takes wanting to have your angels help above

all things. It takes faith that they are there and you can contact

them. Then it takes faith to act on the guidance one receives. This

also takes courage. But you can ask your angel for all the faith,

unconditional love, guidance that you need because they are the experts

in these attributes that come from the Higher Power. Invite your angels

into your life today. Try out having them help you and see miracles

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begin to appear in your life. I find that when I feel the most hopeless I will then just call out loud to the angels to come and help and they never fail me. Perhaps I finally get enough emotion going to have things happen.

Whatever and who ever angels are they are here to aid us. I know this in my heart. I have talked to hundreds of people who have angel encounters. They have seen their guardian angels, they have given them strength, guidance, healing, They came in times of emergency to the aid of these people. I personally have never seen my angel but The Bible tells me that they come unaware in human form many times. I have an unshakable knowing that angels exist and they will help if you call.

Judi Singleton is the publisher of An Angel On My Shoulder you can subscribe at <http://www.motherearthpublishing.com>



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