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Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Aspire to Be

By Lady Camelot

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Many individuals believe that they have to "live up" to another family member or idol. Some are even envious of famous icons and want to look, act, think and be like the stars of the big screen. People become so obsessed that, in their quest of "perfection," they lose sight of who they are themselves. One of the most peculiar ideologies of people is that they honestly believe that they can literally "transform" themselves into other persons.

In the eternal journey of life, human beings are almost comical in a bizarre kind of way. Television ads tell us that we "need" certain products and services to "make" us feel better, look better and think better. Other sociological commercialization is exhibited by actors and actresses — as they all seemingly have an incredible physical appearance, coupled with extreme self-confidence. But here's the bottom line: not all people are perfect. Not all actors and actresses have super bodies. Not all individuals have perfect complexions, and gorgeous hair. So what do we do? We improvise — and then we compromise.

We improvise with products, services, clothing, makeup, and the like. We compromise ourselves, though, because we are no longer "true" to our natural form. Persons who feel they "must" actively change themselves to appear like others, is moreover a matter of self-esteem — or lack thereof.

The most proficient and successful goal of life is to "Aspire to be YOU." Take a long look at yourself in the mirror. Ask yourself the following questions:

What do YOU want to do?

How do YOU wish others to see you?

What defines me?

Am I confident?

Am I happy?

What can I do to be happier?

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What are my goals?
What are my dreams and aspirations?
Do I 'need' to transform myself? And most importantly,
"Do I know where I'm going in life?"

There are no paradoxes in aspiring to be you. When you aspire to be you, one doesn't need to comparison shop for personalities. One merely has to look within to find his/her unique meaning in life and how s/he emits himself or herself in the community. When you aspire to be you, you don't have to be superman or woman. You only have to be you — in mind, body and spirit. Nature's gift to mankind, is not how you define yourself by becoming someone else — rather, how you present yourself to you. Aspire to be yourself, and the rest of life's voyage will be smooth sailing.

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LadyCamelot currently serves as the Public Relations' Director for Holistic Junction – Your Pathway to Discovery – A community of people interested in all things holistic. Here, you will find what you need; share what you know; discuss what you're not sure about. Create your own web site, participate in online forums (over 80 categories), peruse the Business Directory, publish your original articles, opinions, artwork, and so much more.

The Spirit of Offence

By Daniel N. Brown

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I believe the spirit of offence is on the rise. Jesus said in the last days many will be offended as the love of the church will grow cold. (Matthew 24:10)

I see so many people majoring on minor issues such as whether or not we should speak in tongues, whether or not we should baptize babies, whether or not we should prophesy, and a bunch of other stuff that shouldn't be causing us to gossip, get upset, and run off looking for another church.

1 Thessalonians 4 says, "Aspire to lead a quiet life and mind your own business."

Simply because every church is made up of imperfect people, there is not a church anywhere where you will find everything to your liking.

I believe the utmost important thing is to know you are a born again child of God and your name is recorded in heaven. If people speak in tongues, baptize babies, or prophesy, so be it. Love them anyway.

If people really want to live the abundant and prosperous Christian life they will have to give God first place in their lives. I believe we do this by loving others and serving them. Not by talking about them,

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complaining and criticizing. Jesus said, "As you have done it unto them, you have done unto me."
(Matthew 25:40)

"Let us hear the conclusion of the whole matter: Fear God and keep His commandments, for this is man's all. For God will bring every work into judgment, including every secret thing, whether good or evil." (Ecc 12:13–14)

Don't be too concerned over different denominational teachings. There will be no denominations in heaven. Just people who love Jesus.

God bless everyone! If you know people who are in to gossiping, complaining, and/or criticizing, please love them and pray God will convict them.

That brings it to the point I want to make. Whatever you do, please don't fall victim to the same trap. It's easy to gossip, complain about, and criticize someone who is gossiping, complaining, and criticizing. I know because I've done it. We all want to live an abundant and prosperous Christian life. "Aspire to lead a quiet life and mind your own business."

(1 Thessalonians 4)

Daniel N. Brown is the publisher of the "Living the Abundant and Prosperous Christian Life" Newsletter. A free weekly publication that teaches people how to live the abundant and prosperous

Christian life. Receive a free copy of Dan's 14 page report entitled, "5 Biblical Keys to Outrageous Prosperity," when you sign up. www.secretplaceonline.com



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