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**100% Effective Natural Hormone Treatment**  
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**Autism: Is There A Cure In Sight?**

**By Lisa Hyde**

Autism: What causes it, and can it be cured?

Autism is a disorder that is affecting more and more children. But many autistic children have been able to lead normal lives.

Autism is a developmental disorder that appears in the early stages of development of a child, mostly in the first three years of development. It is a neurological disorder that affects the proper functioning of the brain and affects the development of the social and communication skills of the individual.

Early diagnosis of autism is most important for the treatment of this disorder. However, there is no blood or medical test available which will help in the diagnosis of autism. Generally, it is delay in the development of language skills or lack of appropriate social development that causes parents or teachers to seek a medical evaluation. There are no racial or ethnic specifications for the occurrence of this disorder, although boys are three or four times more likely to have autism.

Autism is seen to affect each individual in different levels and so is considered a spectrum disorder. Generally, autism is seen to affect the verbal and non-verbal communication skills, leisure activities, and the all-round social interactions of the individual.

There is no standard treatment for the cure of autism. Different medical professionals have different philosophies and practices for treating autistic individuals. The results of the treatment of autism will also vary from individual to individual. However, autism cannot be completely cured; there can only be improvements in the abilities of the autistic person. Autistic children are seen to benefit greatly from treatment approaches that include special education and behavioral management.

An important strategy in the treatment of autism is to keep the diet of the autistic children gluten- and casein-free. A gluten- and casein-free autism diet is seen to produce a marked level of improvement in autistic children. This is because in their body system there is incomplete breakdown of the peptides in the food substances containing gluten and casein. This leads to an increased absorption of peptides causing disruption in the biochemical and neuroregulatory processes in the brain. Adding vitamin B6 and B12 to the diet is beneficial to the treatment of autism as it improves digestion, symptoms of

allergy, and sociability in children.

Despite one child in every thousand being affected by this illness, the awareness and the number of support groups for this illness is negligible. Efforts are being undertaken to create an increased awareness and to generate funds to support research and treatment of autism.

Autism awareness bracelets and ribbons help spread awareness about this disorder. The sale of these bracelets supports many autism research foundations and also provides financial assistance to many parents with autistic children.

'Autism walk' is another novel fundraising effort for the support of those suffering from autism. The money generated from registration of the 'Autism walk' events is used to provide financial support to the parents of autistic children, or to establish support groups to facilitate their treatment.

Lisa Hyde-Barrett, a registered nurse and wellness advocate, understands the relationship between good nutrition and good health. Visit one of her many health sites here:

<http://www.autism-awareness-online.com>

### **Understanding Autism In Children**

**By Rachel Evans**

Do you know autism affects male children four times more than female children? The characteristic feature of autism in children includes non-verbal and impaired verbal communication. In addition to this the autism in children creates imaginative social interaction and activity. Infantile autism in children develops at about 30 months of age. Autism in children is a condition in which they find it difficult to build normal relationships with others. This can easily be diagnosed by disturbances normal characteristic behaviors.

It has been found that autism in children is occurring at a rate of 4 in 10,000 children. Moreover, autism in children is considered a lifelong disease. The occurrence of the disease ranges from mild to severe. In mild form, the child with autism can live independently, whereas in severe form the autism requires medical supervision and support throughout his/her life.

The risk factors and causes of autism include viral infection. Viral infection, mainly rubella virus during the first term of pregnancy, may predispose the occurrence of autism in children. Genetic, traumatic and infectious factors are the physical bases considered to be the main culprits for the occurrence of autism in children. In early stages, it has been considered that the autism in children is mainly induced by the parents, but it is not true.

Autism in children can occur in two forms: Patients exhibit the symptoms of autism within the first few months of life, or the child would be apparently normal up to 18 to 24 months of age, and then the symptoms would occur suddenly.

## Autism: Is There A Cure In Sight?

The symptoms of autism in children include nonverbal and verbal communication skills, along with odd facial expressions and speech difficulties. The language used by the children in the autism is often immature, unimaginative and not concrete. The language will be stilted in nature. Keep in mind that all of these symptoms may not be present in all children with autism.

Children with autism can also be less aware of stimulus in the external environment. In some cases, they are unable to recognize their parents after the first few months of life. Autism in children can lead to toilet training problems. The autism in children can hamper the child's ability to smile and show emotion and can end with behavioral abnormalities, such as walking on tiptoe, tantrums, unpredictable behavior, strange postures, staring at hands, and rocking.

They may also prefer playing alone, remain aloof, and become segregated from other children. Autism in children may cause the affected child to become obsessed with one action or topic, and extreme confrontation to change of any kind. The children with autism may want to set a separate environment for themselves and also may establish their own behavioral patterns.

Rachel Evans. Get information & sign up for a Free Autism Newsletter at

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