

This Free E-Book is brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

## Available Acne Treatments

### By Bjorn Gutter

Individuals who are experiencing acne breakouts, either serious or not, may receive a medical prescription from their doctor which may help heal their skin condition. A few of these medications may be topical or those that are applied on the top of the skin, others are methodical or the drugs that are taken orally.

#### Retin-A

Retin-A is a current medicine obtained from Vitamin A's retinoid metabolite. It increases cell turnover and free blocked materials from the hair follicles. It is also known to decrease the formation of new acne but improves the appearance of wrinkles. In several cases, this medicine enhances the sensitivity of the skin to sunlight and irritation. A considerable side effect of this medication is extreme drying of the skin which can develop into red, swollen and blistered condition. It is also recommended that people with already sunburned skins must not apply this drug.

#### Oral Antibiotics

In alliance with numerous actual drugs, oral medications may be prescribed by a dermatologist. Still, target bacteria may reveal immunity to some antibiotics. In cases comparable to this, different medicines may be considered. As with oral antibiotics, up to date antimicrobials may goal the identical bacteria or may be used straight on the existing spot of acne infection.

#### Spironolactone

<http://www.acne-treatment-go.com>

#### Acne Treatment

Spironolactone is a diuretic known for its potassium-sparing properties. It was first designed to reduce body fluids without depleting the potassium level of the body. For the interest of people who suffers

## Available Acne Treatments

from acne, Spironolactone can reduce the production of androgens, the specific hormones excreted to activate the production of sebum, the oily substance found on the skin. If this sebum is trapped in the hair follicles, it may cause the onset of acne outburst. As a result, the control in androgen release would diminish the possibility of acne infection and infection.

However, in taking Spironolactone, there are several considerations which must be identified both by the physician and the patient. This is due to the fact that there are certain medications and health conditions that may be significantly affected through the use of this diuretic. It is equally significant to note the side effects of this drug to the body conditions to equate the benefits of this drug. Some side effects may include skin allergies, diarrhea, muscle cramps and nausea. This medication, if taken under extreme control of a physician may confirm as an effective way of reducing the risks of acne.

### Doxycycline Treatment

Doxycycline is a frequent medication used against mild inflaming acne infection. This antibiotic is known to minimize the impact of the attacks of the bacteria that clog within the hair follicles which in effect, cause the acne outbreaks. This drug is also noted to cure a host of other diseases and ailments such as gum disease, urinary tract infections and a number of sexually-transmitted diseases.

Typically, this medication can grow the individuals susceptibility to sun's harmful radiations. If exposure to sun cannot be avoided, then it is best to apply sunscreens or employ the use of protective clothing. At any rate, acne-inflicted individuals must never be allowed to over-expose their skin to sunlight.

### Minocycline Treatment

Minocycline is derived of tetracycline, very often used for acne treatment. Children age must not take this medication as it will reduce the development of teeth and bones. As with the doxycycline, minocycline can effectively decrease the potency of the bacteria thriving in the skin pores. Along with acne, it is also noted to efficiently provide treatment for other bacterial skin infections.

Visit Bjorn Gutter's

Acne Treatment

website.

## **Acne Alternative Treatments**

**By Oliver Turner**

There is no clear account of the number of people suffering from acne. But the sale of medicines for acne is on the increase and this suggests that there is an increase in the number of people having acne. Acne is caused mainly due to the clogging of the oil generated by the skin. This clogging is initiated by a particular type of bacteria. Most treatments and ointments available for acne concentrate

## Available Acne Treatments

more on removing the scars. This means that the bacteria responsible for acne still remain there. This has led to people looking for alternative acne treatment. Most of the alternative acne treatment mainly tries to eliminate the bacteria responsible for acne.

One of the greatest advantages with the alternative acne treatments is that they are devoid of side effects. There are several herbal combinations that have proven track record of curing acne. One such herbal combination is the paste made of basil leaves and sandalwood. Another popular alternative acne treatment is the application of the paste made of strawberry leaves. There are several other herbal combinations available in the market that can effectively cure acne.

The main reason for the cause of acne is the deficiency of essential vitamins needed for the skin. Deficiency in Vitamin A, Vitamin E and Pantothenic Acid can lead to acne. Taking large amount of vegetables, fruits and vitamin supplements can cure acne. There are several cures of acne in naturopathy. Herbs, skin cleansers and vitamin supplements are the main treatments for acne in naturopathy. Another advantage of alternative acne treatment is that they are less costly.

Acne light treatment is another new alternative acne treatment. In this method ultraviolet rays are used to clear the acne. Alternative acne treatment requires cent percent dedication from the patient. Unlike other form of treatments, some of the alternative acne treatment requires strict following of the regiment. It is wise to take professional opinion before opting for any of the alternative acne treatment.

Our experts have executed a research to find the best acne treatments. Find the results only on

[http://www.leandernet.com/Acne/Acne\\_treatments.php](http://www.leandernet.com/Acne/Acne_treatments.php)

.More valuable acne info on

<http://www.leandernet.com>



This Free E-Book has been brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**[100% Effective Natural Hormone Treatment](#)**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**